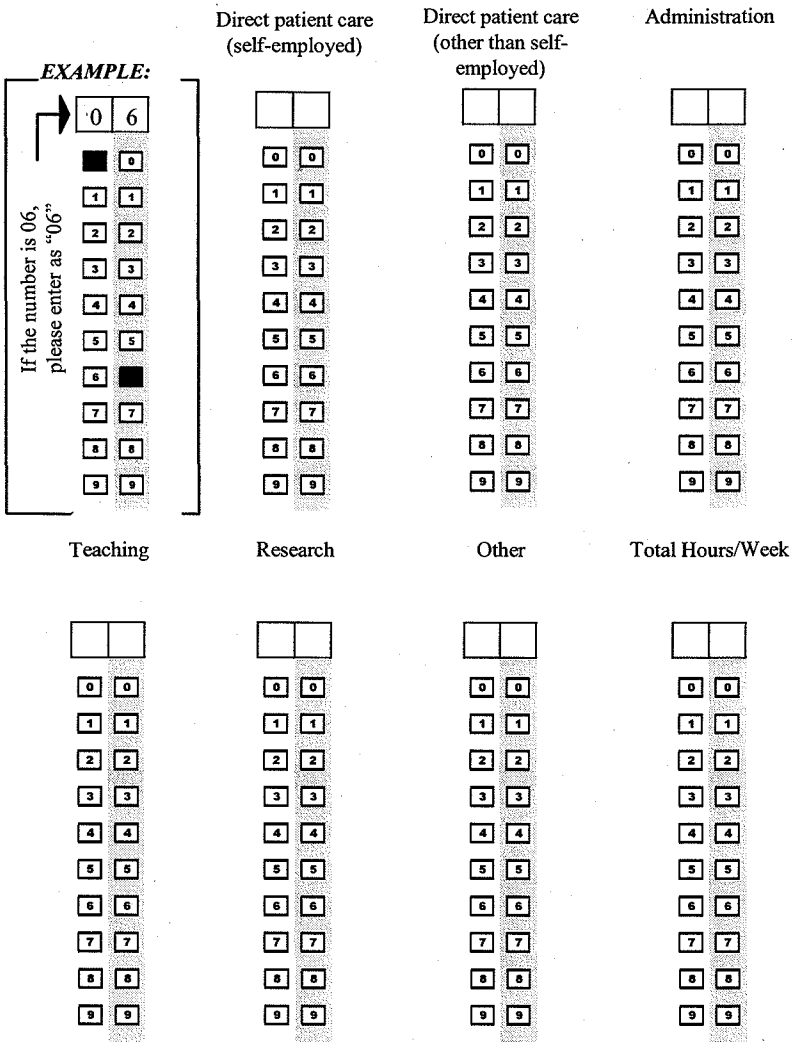
2003 APA Survey on Fetal Alcohol Syndrome

Study_ID# 11417

This survey asks for information on your knowledge, attitudes and beliefs about diagnosis, treatment and prevention of Fetal Alcohol Syndrome (FAS) and other prenatal alcohol-related disorders. Please answer the questions by circling the number of the appropriate response or by filling in the blanks.

1. During a typical work week, how many hours per week do you spend in the following professional activities? *If you do not spend any time in a particular activity, please indicate this by entering zero (00) hours in the appropriate space and filling in the corresponding rectangles.*



The following questions are for psychologists who provide some DIRECT PATIENT CARE. If you do NOT provide direct patient care, please check this box ☐ and go to Q# 22

GENERAL KNOWLEDGE

2. What would you estimate the overall prevalence of Fetal Alcohol Syndrome in the United States to be?

☐ 1 in 10 ☐ 1 in 100 ☐ 1 in 1,000 ☐ 1 in 10,000 ☐ 1 in 100,000

!11417

3. Please check which of the two statements below corresponds most closely with your personal viewpoint. Please pick only ONE box.

☐ Pregnant women or women planning to become pregnant should completely abstain from consuming alcohol.

☐ Occasional consumption of alcohol (one drink per day or less) during pregnancy is not harmful to the mother or fetus

→ I believe that occasional alcohol consumption (one drink per day or less) is safe during the following trimesters of pregnancy, (check all that apply):

☐ 1st trimester ☐ 2nd trimester ☐ 3rd trimester

4. In your opinion, how many drinks per week would constitute heavy drinking for pregnant women? (Fill in your answer)

(1) (2) (3) (4) (5) (6) (7) (8) (9) (10) (11) (12) (13) (14+)

5. In your opinion, how many drinks per occasion would constitute binge drinking for pregnant women? (Fill in your answer)

(1) (2) (3) (4) (5) (6) (7) (8) (9) (10) (11) (12) (13) (14+)

6. Please indicate whether you agree or disagree with the following statements:

	Agree	Disagree	Don't Know
FAS occurs at similar rates in all socioeconomic groups of society	☐	☐	☐
FAS occurs at similar rates among all cultures and ethnic groups	☐	☐	☐

7. Please indicate whether you agree or disagree with the following statements:

	Agree	Disagree	Don't Know
Alcohol's effect on fetal development remains unclear	☐	☐	☐
Prenatal alcohol exposure is a significant risk factor for permanent brain damage	☐	☐	☐
Alcohol withdrawal in a baby at birth is the worst outcome of prenatal alcohol exposure	☐	☐	☐
Young adults with FAS usually achieve successful independence at the expected time (18 to 21 years)	☐	☐	☐
Early diagnosis and ongoing surveillance of FAS may lead to implementation of secondary prevention of disabilities	☐	☐	☐

!111417

8. Do you consider any of the following problems to be associated with Fetal Alcohol Syndrome?

	Yes	No	Don't Know
Infantile withdrawal symptoms	☐	☐	☐
Delayed development	☐	☐	☐
Birth defects/malformations	☐	☐	☐
Psychiatric (DSM IV) disorders	☐	☐	☐
Lowered IQ/retardation	☐	☐	☐
Behavioral problems	☐	☐	☐
Low birth weight	☐	☐	☐
Long term emotional disorders	☐	☐	☐
Addictions	☐	☐	☐
Attention deficit hyperactivity disorder	☐	☐	☐

9. Which of the following are included in the facial dysmorphia associated with Fetal Alcohol Syndrome? (Check all that apply)

☐ Large intercanthal distance
☐ Short palpebral fissures
☐ Full lips
☐ Smooth philtrum
☐ Thin upper lip
☐ Flaring nares
☐ Don't Know/Unsure

10. It is easiest to diagnose FAS at what age?

☐ Newborn
☐ Early Childhood
☐ Adolescence
☐ Adulthood
☐ Don't Know/Unsure

11. Please indicate whether you agree or disagree with the following statement.

	Strongly Agree	Agree	Disagree	Strongly Disagree
Making a diagnosis of FAS stigmatizes the child and family	☐	☐	☐	☐

Please consider your own practice over the past 5 years when answering the following questions.

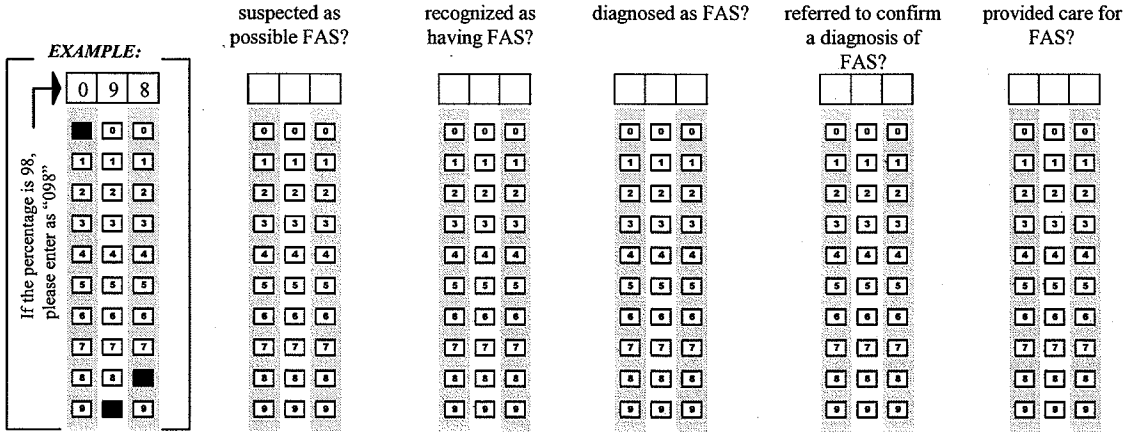
DIAGNOSIS & TREATMENT

12. Do you provide advice and education on the consequences of alcohol use during pregnancy to your adolescent female patients? (Check ONE box)

☐ Always/almost always
☐ Sometimes
☐ Rarely/never

!111417

13. During the past 12 months, how many patients have you… (if none, enter "000")



14. Do you make use of a diagnostic schema for FAS in your practice?

☐ Yes

☐ No

If yes, which one of the following do you use?

☐ Institute of Medicine criteria

☐ American Academy of Pediatrics criteria

☐ Seattle 4 digit diagnostic criteria

☐ Other (please specify) _____

15. Many providers do not make the diagnosis of FAS in their practice. Please indicate which of the following factors may contribute to this situation. (Please select all that apply)

☐ Lack of time needed to make diagnosis

☐ Lack of specific training to make the diagnosis

☐ Belief that making the diagnosis will not make a difference to the individual

☐ Other (please specify _____

!111417

TRAINING/PERCEIVED COMPETENCE/PERCEIVED NEEDS

16. Do you recall receiving any formal training in the following FAS competencies and if so, indicate where you received this training: (Check all that apply)

		YES			
	NO	Graduate School	Internship	CE (received credit)	Other
Ability to recognize the constellation of features associated with FAS and other alcohol-related effects	☐	☐	☐	☐	☐
Understanding of the basic biomedical mechanisms that result in FAS	☐	☐	☐	☐	☐
Ability to select valid and reliable assessment instruments to screen for/diagnose FAS and other alcohol-related disorders	☐	☐	☐	☐	☐
Ability to identify risk factors and interventions for secondary FAS disabilities	☐	☐	☐	☐	☐
Ability to plan and perform clinically relevant treatment and management plans to assist and aid both the patient with FAS and their families	☐	☐	☐	☐	☐
When appropriate, be able to make a referral for further workup in a child with FAS	☐	☐	☐	☐	☐
Appreciation and ability to use interdisciplinary team evaluations for individuals with FAS	☐	☐	☐	☐	☐
Ability to assist clients in accessing local FAS-related resources, including family support	☐	☐	☐	☐	☐
Utilization of techniques for effectively communicating information to individuals with FAS, their family members, and care providers	☐	☐	☐	☐	☐
Demonstration of the ability to provide ethical protections to the patient with FAS regarding confidentiality and autonomy	☐	☐	☐	☐	☐
Ability to educate pregnant women about the effects of alcohol on their babies	☐	☐	☐	☐	☐
Ability to screen women for risky or hazardous drinking	☐	☐	☐	☐	☐
Ability to conduct alcohol cessation brief interventions	☐	☐	☐	☐	☐

!111417

17. If you have received any formal training on FAS in any venue (graduate school, internship, CE), overall, would you say that training was:

- ☐ Poor
- ☐ Fair
- ☐ Good
- ☐ Excellent

18. In general, how prepared do you feel to (Check one box in each row):

	Very Prepared	Somewhat Prepared	Somewhat Unprepared	Very Unprepared
Identify children with possible FAS or other alcohol-related disorders	☐	☐	☐	☐
Diagnose children with FAS and other alcohol-related disorders	☐	☐	☐	☐
Manage/coordinate the treatment of children with FAS and other alcohol-related disorders	☐	☐	☐	☐

19. Please rate how helpful the following kinds of materials or supports would be to you in your clinical practice (Check one box in each row).

	Very Helpful	Somewhat Helpful	Not Very Helpful	Not At All Helpful
Concise provider and staff information on prevention, diagnosis, and intervention on FAS and other alcohol-related disorders	☐	☐	☐	☐
Patient education materials on the impact of alcohol use during pregnancy on children	☐	☐	☐	☐
Clinical guidelines for best practices for diagnosis of FAS and other alcohol-related disorders	☐	☐	☐	☐
Registry of specialists available for consultation about FAS and other alcohol-related disorders	☐	☐	☐	☐
Listing of community-based resources for children with FAS	☐	☐	☐	☐
Materials for office practice including FAS screening and referral checklists and pocket reminders of diagnostic criteria	☐	☐	☐	☐

111417

20. How helpful would the following mechanisms be to you for receiving training on FAS prevention, diagnosis, and intervention? (Check one box in each row)

	Very Helpful	Somewhat Helpful	Not Very Helpful	Not At All Helpful
Regional Conferences (CE)	☐	☐	☐	☐
Internet-based learning opportunities	☐	☐	☐	☐
On-site training for myself and colleagues	☐	☐	☐	☐
Self-study materials (eg, CD-ROM, videos)	☐	☐	☐	☐

21. Please indicate whether the following types of FAS-related training and educational materials are available in the community where you practice, and whether these resources are helpful, or would be helpful if they became available. (Check all that apply)

	Available	Not Available	Very Helpful	Somewhat Helpful	Not Very Helpful	Not At All Helpful
Regional Conferences (CME)	☐	☐	☐	☐	☐	☐
Internet-based learning opportunities	☐	☐	☐	☐	☐	☐
On-site training for myself and colleagues	☐	☐	☐	☐	☐	☐
Self-study materials (eg, CD-ROM, Videos)	☐	☐	☐	☐	☐	☐

BACKGROUND INFORMATION

22. What is your gender?

☐ Male

☐ Female

24. Are you: (Mark all that apply)

☐ African-American/Black

☐ American Indian/Alaskan Native

☐ Asian

☐ Native Hawaiian/Pacific Islander

☐ White

☐ Other (please specify)

25. Is your ethnic heritage Hispanic?

☐ Yes → **If yes, is it:**

☐ No

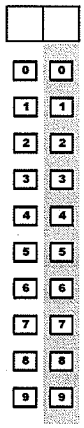
☐ Mexican American

☐ Puerto Rican

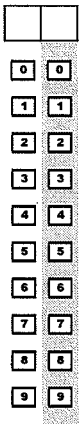
☐ Other Hispanic (please specify)

!11417

26. What is your age?



27. Years in practice:



28. What is your primary employment setting? (Please select only one)

- ☐ Solo practice
- ☐ Group practice
- ☐ Medical School or University
- ☐ Hospital or clinic
- ☐ Community-based health center
- ☐ Other (please specify)

29. Do you consider your primary employment location to be: *Circle ONE response*

- ☐ Urban inner city
- ☐ Urban not inner city
- ☐ Rural
- ☐ Suburban

Thank you. Please return in the enclosed envelope to:

Attn: Research Office-2003 APA FAS Survey
American Psychological Association
750 First Street NE
Washington, DC 20002

Some questions from this survey were taken from:

Clarke M, Tough SC. A National Survey Regarding Knowledge and Attitudes of Health Professionals About Fetal Alcohol Syndrome. Health Canada Final Report, January 2003.

Shane T. Diekman, et al. A Survey of Obstetrician-Gynecologists on Their Patient's Alcohol Use During Pregnancy. ACOG. Vol 95, Number 5, May 2000.

!111417