

Topline Data Tables for 2025 Practitioner Pulse Survey Report

* indicates an n < 5 and/or the next lowest value

- indicates a value of 0

Qualifier Questions

BASE: ALL RESPONDENTS

Q1. Please select the option that best describes your current work status.

	Total n	Total %
Base	2011	100%
Working full-time, including self-employed, consulting, and practice (at least 35 hours per week)	1167	58%
Working part-time (less than 35 hours per week)	576	29%
Retired and STILL working	180	9%
Retired and NOT working	48	2%
Not working and seeking work	6	0%
Not working and NOT seeking work	*	0%
Postdoctoral training	*	0%
Not applicable (or <i>blank</i>)	28	1%

BASE: ALL RESPONDENTS

Q2. In how many U.S. states are you currently licensed to practice?

	Total n	Total %
Base	2011	100%
One state	1316	65%
More than one state	651	32%
I am not currently licensed to practice in any U.S. state	23	1%
<i>Blank</i>	21	1%

BASE: LICENSED TO PRACTICE IN ONE OR MORE STATES

Q3. Do you currently hold a PSYPACT certificate?

	Total n	Total %
Base	1967	100%
Yes	475	24%
No	1482	75%
<i>Blank</i>	10	1%

BASE: ALL RESPONDENTS

Q4. Do you currently provide direct patient/client care?

	Total n	Total %
Base	2011	100%
Yes	1803	90%
No	183	9%
Blank	25	1%

BASE: ALL RESPONDENTS

Q5. Please select your highest degree earned. If you have not earned a degree, please select not applicable (N/A).

	Total n	Total %
Base	2011	100%
PhD	1308	65%
PsyD	583	29%
EdD	34	2%
Master degree	22	1%
Other degree, please specify	19	1%
Other doctoral degree, please specify	8	0%
N/A (or blank)	37	2%

BASE: ALL RESPONDENTS

Q6A. Please select the year in which you earned your highest degree.

	Total n	Total %
Base	2011	100%
2025	*	0%
2024	*	0%
2023	*	0%
2022	22	1%
2021	38	2%
2020	35	2%
2019	35	2%
2018	37	2%
2017	42	2%
2016	49	2%
2015	49	2%
2014	44	2%
2013	59	3%
2012	51	3%
2011	52	3%
2010	54	3%
2009	39	2%
2008	44	2%
2007	42	2%
2006	41	2%

2005	47	2%
2004	52	3%
2003	36	2%
2002	41	2%
2001	37	2%
2000	44	2%
1999	57	3%
1998	38	2%
1997	50	3%
1996	51	3%
1995	42	2%
1994	44	2%
1993	38	2%
1992	37	2%
1991	38	2%
1990	45	2%
1989	37	2%
1988	30	1%
1987	29	1%
1986	29	1%
1985	40	2%
1984	31	2%
1983	35	2%
1982	30	1%
1981	37	2%
1980	35	2%
1979	17	1%
1978	18	1%
1977	20	1%
1976	22	2%
1975	18	1%
1974	14	1%
1973	14	1%
1972	17	1%
1971	6	0%
1970	*	0%
1969	*	0%
1968	*	0%
1967	*	0%
1966	*	0%
1965	-	0%
1964	-	0%
1963	*	0%
1962	*	0%
1961	-	0%
1960	-	0%

1959	-	0%
1958	*	0%
Blank	81	4%

BASE: ALL QUALIFIED RESPONDENTS

Q6B. Calculation of career stage based on year of highest degree

	Total n	Total %
Base	1700	100%
Early career, 0-10 years since doctorate	301	18%
Mid-career, 11-20 years since doctorate	441	26%
Senior career, 21-30 years since doctorate	411	24%
Late senior career, 31+ years since doctorate	547	32%

BASE: ALL QUALIFIED RESPONDENTS

Q6C. Longitudinal data on career stage by year of survey

	2020	2021	2022	2023	2024	2025
Base	100%	100%	100%	100%	100%	100%
Early career, 0-10 years since doctorate	17%	12%	14%	16%	12%	18%
Mid-career, 11-20 years since doctorate	23%	24%	26%	27%	24%	26%
Senior career, 21-30 years since doctorate	28%	26%	26%	26%	28%	24%
Late senior career, 31+ years since doctorate	32%	38%	34%	31%	36%	32%

Workforce Benchmark Questions

BASE: ALL QUALIFIED RESPONDENTS

Q7. Which option best describes the type of setting that most closely corresponds to your primary work setting (the setting in which you spend the most hours) and, if applicable, secondary work setting? Select one.

	Primary		Secondary	
	Total n	Total %	Total n	Total %
Base	1739	100%	513	100%
Private Practice	1113	64%	200	39%
Hospital (not including VA or military settings)	124	7%	26	5%
Medical school/academic health center	99	6%	35	7%
Veterans Affairs (VA) Medical Center or Military Hospital	83	5%	6	1%
Organized human service setting (including student counseling centers, FQHCs, IHS, etc.)	81	5%	30	6%
University	70	4%	69	13%
Government settings (not including VA or military settings)	39	2%	21	4%

K-12 school	20	1%	14	3%
Business settings	17	1%	14	3%
Four-year college	14	1%	*	1%
Other educational settings (includes independent professional schools of psychology)	*	0%	20	4%
Prefer not to answer	*	0%	*	1%
Community/2-year college	*	0%	*	1%
Other settings, please specify	71	4%	68	13%

BASE: ALL RESPONDENTS WHO ANSWERED Q7 WITH “PRIVATE PRACTICE”, EITHER AS PRIMARY OR SECONDARY WORK SETTING

Q8. Are you primarily in a group practice or are you a solo practitioner?

	Total n	Total %
Base	1281	100%
Solo practitioner	958	75%
Group practice	323	25%

BASE: ALL QUALIFIED RESPONDENTS

Q9. What is/are your primary and secondary (if applicable) area/areas of specialty?

	Primary		Secondary	
	Total n	Total %	Total n	Total %
Base	1717	100%	948	100%
Clinical Psychology	948	55%	178	19%
Clinical Child and Adolescent Psychology	189	11%	131	14%
Counseling Psychology	146	9%	42	4%
Clinical Neuropsychology	106	6%	52	5%
Clinical Health Psychology	89	5%	84	9%
Psychoanalytic and Psychodynamic Psychology	60	3%	51	5%
Forensic Psychology	50	3%	85	9%
Behavioral and Cognitive Psychology	45	3%	85	9%
School Psychology	21	1%	31	3%
Couple and Family Psychology	15	1%	81	9%
Geropsychology	13	1%	25	3%
Serious Mental Illness Psychology	8	0%	23	2%
Rehabilitation Psychology	7	0%	13	1%
Clinical Psychopharmacology	6	0%	8	1%
Prefer not to answer	5	0%	14	1%
Group Psychology and Group Psychotherapy	*	0%	20	2%
Industrial-Organizational Psychology	*	0%	13	1%
Police and Public Safety Psychology	*	0%	12	1%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q10. Approximately what percentage of your clients are you seeing...

Base	1722
within the state in which you primarily practice:	
<i>Minimum</i>	0%
<i>Maximum</i>	100%
<i>Mean</i>	91%
<i>Median</i>	100%
outside of the state in which you primarily practice:	
<i>Minimum</i>	0%
<i>Maximum</i>	100%
<i>Mean</i>	9%
<i>Median</i>	0%

BASE: ALL QUALIFIED RESPONDENTS

Q11. What type of practice do you engage in? Please select all that apply.

	Total n	%
Base	1721	
Individual Therapy	1518	88%
Psychological Testing	671	39%
Couples Therapy	550	32%
Family Therapy	433	25%
Neuropsychological Testing	285	17%
Health Behavior Assessments & Interventions	269	16%
Group therapy	249	14%
Substance Use Treatment	170	10%
Applied Behavior Analysis	42	2%
Another type of practice	243	14%

BASE: ALL QUALIFIED RESPONDENTS

Q12. Are you currently in-network with any private or public insurance panels?

	Total n	Total %
Base	1715	100%
Yes	1069	62%
No	646	38%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "NO"

Q13. Have you previously been in-network with any private or public insurance panels?

	Total n	Total %
Base	636	100%
Yes	275	43%
No	361	57%

BASE: ALL RESPONDENTS

Q14. Which of the following plans do you participate in as an in-network provider?

	Total n	%
Base	1742	
Private/commercial insurance company (i.e., you have signed a provider contract with a company)	963	55%
Traditional Fee for Service Medicare	580	33%
Medicare Advantage	399	23%
Traditional Fee for Service Medicaid	353	20%
Managed Medicaid	324	19%
Something else, please specify	66	4%

BASE: ALL RESPONDENTS

Q14A. Longitudinal data on insurance plans accepted by psychologists

	2024	2025
Base	852	1742
Any insurance	66%	62%
Private/commercial insurance company (i.e., you have signed a provider contract with a company)	58%	55%
Traditional Fee for Service Medicare	36%	33%
Medicare Advantage	26%	23%
Traditional Fee for Service Medicaid	16%	20%
Managed Medicaid	18%	19%
Something else, please specify	5%	4%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "YES"

Q14B. Crosstab of insurance plans accepted by psychologist career stage

	Early career, 0-10 years since doctorate	Mid-career, 11-20 years since doctorate	Senior career, 21-30 years since doctorate	Late senior career, 31+ years since doctorate
Base	296	438	406	535
Any insurance	67%	63%	59%	62%
Private/commercial insurance company (i.e., you have signed a provider contract with a company)	61%	57%	53%	53%
Traditional Fee for Service Medicare	25%	32%	30%	42%
Medicare Advantage	21%	25%	24%	24%
Traditional Fee for Service Medicaid	25%	22%	19%	17%
Managed Medicaid	24%	23%	16%	14%
Something else, please specify	3%	5%	3%	4%

BASE: ALL RESPONDENTS WHO ANSWERED Q13 WITH “YES”

Q15. Which of the following plans did you previously participate in as an in-network provider?

	Total n	%
Base	271	
Private/commercial insurance company (i.e., you had signed a provider contract with a company)	238	88%
Traditional Fee for Service Medicare	110	41%
Medicare Advantage	42	15%
Traditional Fee for Service Medicaid	60	22%
Managed Medicaid	43	16%
Something else, please specify	29	11%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH “YES”

Q16. In the past 12 months, have you stopped participating in any private or public insurance panels? If so, which?

	Total n	%
Base	1044	
No, my participation has not changed	877	84%
Private/commercial insurance company (i.e., you had signed a provider contract with a company)	109	10%
Traditional Fee for Service Medicare	7	1%
Medicare Advantage	23	2%
Traditional Fee for Service Medicaid	21	2%
Managed Medicaid	19	2%
Something else	27	3%

*Respondents could select all options that applied to them, so percentages sum over 100%. “No, my participation has not changed” was an exclusive category, meaning if it was selected, no other answers could be selected at the same time.

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH “NO” OR Q16 WITH ANY ANSWER EXCEPT “NO, MY PARTICIPATION HAS NOT CHANGED”

Q17. What are the top three barriers to being in network with private or public insurance?

	Total n	%
Base	783	
Insufficient reimbursement rates	584	75%
Administrative issues (pre-authorization requirements, audits, inability to resolve issues with insurer, etc.)	448	57%
Concerns about payment reliability (refund demands, delays in payment, etc.)	333	43%
Denial of coverage for services I deem necessary and appropriate	296	38%
Issues joining the insurance panel (i.e. insurer says the panels are full, slow credentialing process, etc.)	81	10%
Something else, please specify	154	20%

Workload Questions

BASE: ALL QUALIFIED RESPONDENTS

Q18. Which of the following best describes your workload today as compared to 12 months ago?

	Total n	Total %
Base	1705	100%
I am working <u>less</u> than I did 12 months ago.	358	21%
I am working <u>the same amount</u> as I did 12 months ago.	1010	59%
I am working <u>more</u> than I did 12 months ago	337	20%

BASE: ALL QUALIFIED RESPONDENTS

Q19. Has the number of clients you are currently treating changed in the last 12 months?

	Total n	Total %
Base	1701	100%
I am treating <u>fewer</u> clients than I did 12 months ago.	418	25%
I am treating <u>the same number</u> of clients as I did 12 months ago.	947	56%
I am treating <u>more</u> clients than I did 12 months ago.	336	20%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q20. Which of the following best describes your current caseload?

	Total n	Total %
Base	1691	100%
I have openings for new clients right now.	916	54%
I do not have any openings for new clients right now.	775	46%

BASE: ALL QUALIFIED RESPONDENTS

Q20A. Longitudinal data for caseloads by year of survey

	2021	2022	2023	2024	2025
Base	1082	2275	555	851	1691
I have openings for new clients right now.	35%	40%	44%	47%	54%
I do not have any openings for new clients right now.	65%	60%	56%	53%	46%

BASE: ALL QUALIFIED RESPONDENTS

Q21. Do you or your organization currently have a waitlist for clients?

	Total n	Total %
Base	1694	100%
Yes	672	40%
No	1022	60%

BASE: ALL QUALIFIED RESPONDENTS

Q22. How long does it take for a new client to get an appointment?

	Total n	Total %
Base	1657	100%
Less than 1 month	1004	61%
1-3 months	426	26%
4-6 months	138	8%
7-12 months	48	3%
More than 12 months	41	2%

BASE: ALL RESPONDENTS WHO ANSWERED Q21 WITH "YES"

Q23. How long is your waitlist compared to 12 months ago?

	Total n	Total %
Base	663	100%
My waitlist is <u>shorter</u> now than it was 12 months ago.	109	16%
My waitlist is <u>about the same length</u> as it was 12 months ago.	381	57%
My waitlist is <u>longer</u> now than it was 12 months ago.	173	26%

*Percentages do not sum to 100% due to rounding.

BASE: ALL RESPONDENTS WHO ANSWERED Q21 WITH "NO"

Q24. What are your reasons for not having a waitlist? Please select all that apply.

	Total n	%
Base	1012	
A waitlist is inapplicable/inappropriate for my practice.	390	39%
I do not have the capacity to manage a waitlist.	226	22%
There are not a lot of people requesting services.	222	22%
There are too many people requesting services.	90	9%
Other, please specify	269	27%

BASE: ALL QUALIFIED RESPONDENTS

Q25. Which of the following best describes your plans for the next 12 months?

	Total n	Total %
Base	1684	100%
I plan to <u>decrease</u> the number of hours I treat clients each week.	287	17%
I plan to <u>maintain the same</u> number of hours I treat clients each week.	1175	70%
I plan to <u>increase</u> the number of hours I treat clients each week.	222	13%

BASE: ALL QUALIFIED RESPONDENTS

Q26. How much do you disagree or agree with the following statements?

	Total n	Total %
"I have not been able to meet demand for treatment from my clients."	1676	100%

Strongly disagree	266	15.9%
Disagree	638	38.1%
Neither agree nor disagree	397	23.7%
Agree	276	16.5%
Strongly Agree	99	5.9%
"I am seeing an increase in the severity of symptoms among clients."	1681	100%
Strongly disagree	37	2.2%
Disagree	265	15.8%
Neither agree nor disagree	618	36.8%
Agree	580	34.5%
Strongly Agree	181	10.8%
"I am seeing an increase in the length of treatment course for my client."	1675	100%
Strongly disagree	32	1.9%
Disagree	288	17.2%
Neither agree nor disagree	725	43.3%
Agree	493	29.4%
Strongly Agree	137	8.2%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q26A. Longitudinal data on workload changes

	2020	2021	2022	2023	2024	2025
"I have not been able to meet demand for treatment from my clients."	100%	100%	100%	100%	100%	100%
Strongly disagree	17.0%	11.8%	8.9%	15.4%	16.4%	15.9%
Disagree	36.2%	31.2%	27.9%	26.6%	30.4%	38.1%
Neither agree nor disagree	16.9%	16.0%	16.9%	15.9%	20.9%	23.7%
Agree	21.3%	26.6%	25.3%	24.1%	22.3%	16.5%
Strongly Agree	8.5%	14.4%	21.0%	17.9%	10.0%	5.9%
"I am seeing an increase in the severity of symptoms among clients."	N/A	100%	100%	100%	100%	100%
Strongly disagree	N/A	1.0%	1.1%	4.0%	2.4%	2.2%
Disagree	N/A	10.9%	10.5%	13.9%	16.3%	15.8%
Neither agree nor disagree	N/A	22.8%	24.3%	30.0%	30.6%	36.8%
Agree	N/A	45.5%	40.3%	36.7%	38.5%	34.5%
Strongly Agree	N/A	19.7%	23.9%	15.4%	12.2%	10.8%
"I am seeing an increase in the length of treatment course for my client."	N/A	N/A	N/A	100%	100%	100%
Strongly disagree	N/A	N/A	N/A	3.3%	4.0%	1.9%
Disagree	N/A	N/A	N/A	15.4%	16.2%	17.2%
Neither agree nor disagree	N/A	N/A	N/A	39.7%	35.3%	43.3%
Agree	N/A	N/A	N/A	30.1%	33.3%	29.4%
Strongly Agree	N/A	N/A	N/A	11.4%	11.1%	8.2%

*"N/A" indicates that this question was not asked in the year(s) indicated.

*Percentages do not sum to 100% due to rounding.

Contemporary Practice Issues

BASE: ALL QUALIFIED RESPONDENTS

Q27. In the last 12 months, have you seen clients from any of the following age groups? (Select all that apply)

	Total n	%
Base	1742	
Children (11 or younger)	503	29%
Adolescents (12-17)	741	43%
Adults ages 18-25	1360	78%
Adults 26-49	1498	86%
Adults 50-64	1412	81%
Older adults (65 or older)	1163	67%

BASE: ALL QUALIFIED RESPONDENTS

Q28. In the last 12 months, have you seen clients from any of the following racial/ethnic groups? (Select all that apply)

	Total n	%
Base	1742	
American Indian, Alaska Native, and/or Indigenous	397	23%
Arab American, Middle Eastern, or North African	720	41%
Asian or Asian American	1030	59%
Black or African American	1283	74%
Latino/a/x or Spanish Origin	1206	69%
Native Hawaiian or Other Pacific Islander	190	11%
Southeast Asian	564	32%
White/European American	1633	94%
Bi/Multi-racial	1175	67%
Another race or ethnicity not listed above	27	2%

BASE: ALL QUALIFIED RESPONDENTS

Q29. How much do you disagree or agree with the following statements?

	Total n	Total %
"I have been able to practice self-care over the past 12 months."	1681	100%
Strongly disagree	36	2.1%
Disagree	164	6.8%
Neither agree nor disagree	177	10.5%
Agree	926	55.1%
Strongly Agree	378	22.5%
"I am able to maintain a positive work-life balance."	1677	100%
Strongly disagree	51	3.0%
Disagree	264	15.7%

Neither agree nor disagree	281	16.8%
Agree	754	45.0%
Strongly Agree	327	19.5%
"I feel burned out."	1655	100%
Strongly disagree	250	15.1%
Disagree	528	31.9%
Neither agree nor disagree	321	19.4%
Agree	442	26.7%
Strongly Agree	114	6.9%

BASE: ALL QUALIFIED RESPONDENTS

Q29A. Longitudinal data on psychologists' well-being

	2020	2021	2022	2023	2024	2025
"I have been able to practice self-care over the past 12 months"	N/A	N/A	N/A	100%	100%	100%
Strongly disagree	N/A	N/A	N/A	2.3%	2.0%	2.1%
Disagree	N/A	N/A	N/A	11.9%	9.6%	6.8%
Neither agree nor disagree	N/A	N/A	N/A	12.5%	10.0%	10.5%
Agree	N/A	N/A	N/A	55.1%	53.9%	55.1%
Strongly Agree	N/A	N/A	N/A	18.3%	24.5%	22.5%
"I am able to maintain a positive work-life balance."	100%	100%	100%	100%	100%	100%
Strongly disagree	4.0%	2.0%	3.1%	3.0%	3.2%	3.0%
Disagree	24.1%	20.2%	17.8%	18.5%	16.5%	15.7%
Neither agree nor disagree	17.1%	14.5%	15.6%	15.5%	14.9%	16.8%
Agree	40.6%	50.7%	47.2%	46.9%	46.8%	45.0%
Strongly Agree	14.3%	12.6%	16.2%	16.1%	18.7%	19.5%
"I feel burned out."	100%	100%	100%	100%	100%	100%
Strongly disagree	9.8%	7.7%	8.8%	10.9%	15.5%	15.1%
Disagree	26.5%	23.8%	25.5%	28.7%	32.0%	31.9%
Neither agree nor disagree	23.1%	21.0%	21.1%	24.2%	20.6%	19.4%
Agree	31.0%	34.1%	30.4%	29.0%	23.6%	26.7%
Strongly Agree	9.6%	13.4%	14.3%	7.3%	8.2%	6.9%

*"N/A" indicates that this question was not asked in the year(s) indicated.

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q29B. Crosstab of responses to the statement "I feel burned out" by career stage, 2025

	Total n	Total %
Early career, 0-10 years since doctorate	286	100%
Strongly disagree	14	4.9%
Disagree	80	28.0%
Neither agree nor disagree	47	16.4%
Agree	115	40.2%
Strongly Agree	30	10.5%

Mid-career, 11-20 years since doctorate	423	100%
Strongly disagree	31	7.3%
Disagree	113	26.7%
Neither agree nor disagree	94	22.2%
Agree	144	34.0%
Strongly Agree	41	9.7%
Senior career, 21-30 years since doctorate	397	100%
Strongly disagree	54	13.6%
Disagree	124	31.2%
Neither agree nor disagree	88	22.2%
Agree	108	27.2%
Strongly Agree	23	5.8%
Late senior career, 31+ years since doctorate	511	100%
Strongly disagree	146	28.6%
Disagree	201	39.3%
Neither agree nor disagree	83	16.2%
Agree	67	13.1%
Strongly Agree	14	2.7%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q30. How concerned are you that an economic slump, downturn, or recession will cause you to be laid off, furloughed, or lose your job in the next 12 months?

	Total n	Total %
Base	1684	100%
Not at all concerned	640	38%
Not very concerned	512	30%
Somewhat concerned	398	24%
Very concerned	134	8%

BASE: ALL QUALIFIED RESPONDENTS

Q31. On a scale from 1 to 10, where 1 means you have “little or no stress” and 10 means you have “a great deal of stress”, how would you rate your average level of stress during the past month?

Base	1679
<i>Min</i>	1
<i>Max</i>	10
<i>Mean</i>	5.84
<i>Median</i>	6
<i>Standard Deviation</i>	2.14

BASE: ALL QUALIFIED RESPONDENTS

Q31A. Crosstab of average stress level by career stage

Base		1679
Early career, 0-10 years since doctorate	6.29	288
Mid-career, 11-20 years since doctorate	6.32	428
Senior career, 21-30 years since doctorate	5.90	399
Late senior career, 31+ years since doctorate	5.14	525

BASE: ALL QUALIFIED RESPONDENTS

Q32. Do you currently use electronic health records (EHRs) in your practice?

	Total n	Total %
Base	1680	100%
Yes	1150	68%
No	530	32%

BASE: ALL RESPONDENTS WHO ANSWERED Q32 WITH “YES”

Q33. Is your EHR system a Certified EHR Technology (CHERT), as defined by the Centers for Medicare and Medicaid Services (CMS)?

	Total n	Total %
Base	1144	100%
Yes	505	44%
No	78	7%
I don't know	561	49%

BASE: ALL QUALIFIED RESPONDENTS

Q34. How much do you disagree or agree with the following statements about technology in the workplace?

	Total n	Total %
“Advancements in technology are helping me work more efficiently and accurately.”	1672	100%
Strongly disagree	179	10.7%
Somewhat disagree	456	27.3%
Somewhat agree	820	49.0%
Strongly agree	217	13.0%
“Advancements in technology are making my job worse, not better.”	1670	100%
Strongly disagree	300	18.0%
Somewhat disagree	841	50.4%
Somewhat agree	422	25.3%
Strongly agree	107	6.4%
“I am knowledgeable about artificial intelligence.”	1673	100%
Strongly disagree	192	11.5%
Somewhat disagree	460	27.5%
Somewhat agree	860	51.4%
Strongly agree	161	9.6%

"I worry that artificial intelligence may make some or all of my job duties obsolete in the future."	1672	100%
Strongly disagree	467	27.9%
Somewhat disagree	577	34.5%
Somewhat agree	508	30.4%
Strongly agree	120	7.2%
"I foresee myself using AI tools at work in the next 3 years."	1675	100%
Strongly disagree	333	19.9%
Somewhat disagree	387	23.1%
Somewhat agree	635	37.9%
Strongly agree	320	19.1%

*The order of these statements was randomized for each respondent.

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q34A. Longitudinal data of psychologists' opinions on technology

	2024	2025
"Advancements in technology are helping me work more efficiently and accurately."	100%	100%
Strongly disagree	9.9%	10.7%
Somewhat disagree	28.4%	27.3%
Somewhat agree	48.1%	49.0%
Strongly agree	13.6%	13.0%
"Advancements in technology are making my job worse, not better."	100%	100%
Strongly disagree	19.2%	18.0%
Somewhat disagree	48.2%	50.4%
Somewhat agree	25.9%	25.3%
Strongly agree	6.7%	6.4%
"I am knowledgeable about artificial intelligence."	100%	100%
Strongly disagree	18.9%	11.5%
Somewhat disagree	30.7%	27.5%
Somewhat agree	43.7%	51.4%
Strongly agree	6.6%	9.6%
"I worry that artificial intelligence may make some or all of my job duties obsolete in the future."	100%	100%
Strongly disagree	33.3%	27.9%
Somewhat disagree	39.5%	34.5%
Somewhat agree	23.5%	30.4%
Strongly agree	3.6%	7.2%

*The order of these statements was randomized for each respondent.

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q35. In the last 12 months, how often did you intentionally use artificial intelligence (AI) tools to assist you at work?

	Total n	Total %
--	----------------	----------------

Base	1679	100%
Never	732	44%
Once	130	8%
Several times	332	20%
Monthly	113	7%
Weekly	240	14%
Daily	132	8%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q35A. Longitudinal data concerning use of AI tools at work

	2024	2025
Base	100%	100%
Never	71%	44%
Once	6%	8%
Several times	12%	20%
Monthly	4%	7%
Weekly	5%	14%
Daily	2%	8%

*Percentages do not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q35B. Crosstab of AI use frequency by psychologist career stage

	Early career, 0-10 years since doctorate	Mid-career, 11-20 years since doctorate	Senior career, 21-30 years since doctorate	Late senior career, 31+ years since doctorate
Base	100%	100%	100%	100%
Never	37%	36%	44%	52%
Once	9%	9%	7%	7%
Several times	18%	21%	21%	18%
Monthly	8%	8%	8%	5%
Weekly	18%	16%	14%	12%
Daily	10%	9%	7%	6%

*Percentages do not sum to 100% due to rounding.

BASE: ALL RESPONDENTS WHO ANSWERED Q35 WITH ANY CHOICE OTHER THAN “NEVER”

Q36. For which work tasks did you use AI tools in the past 12 months? Select all that apply.

	Total n	%
Base	935	
Writing assistance (email drafting, etc.)	487	52%
Content generation (generating images, text, or other media)	310	33%
Summarization (clinical notes, digital articles, etc.)	301	32%
Note-taking or dictation	204	22%
Task automation	113	12%
Data analysis	102	11%

Clinical diagnosis assistance	76	8%
Chatbot assistance for patients/clients	43	5%
Other, please specify	162	17%

- The order of these questions was randomized for each respondent.

BASE: ALL QUALIFIED RESPONDENTS

Q37. What, if any, are the biggest benefits of using AI tools in psychology? (Select all that apply)

	Total n	%
Base	1608	
Improves operational efficiencies/reduces administrative burden	681	42%
Helps providers consume and summarize publicized, scientifically validated data	437	27%
Improves patient education	293	18%
Reduces burnout	251	16%
Provides clinical decision support	170	11%
Increases precision and personalized treatment	112	7%
Improved population health and care access	99	6%
Improves clinician and patient engagement	81	5%
Fosters early and accurate disease detection	48	3%
Other, please specify	109	7%
I don't know	554	34%

- The order of these options was randomized for each respondent.
- “I don't know” was an exclusive answer, meaning no other answers could be selected at the same time “I don't know” was selected.

BASE: ALL QUALIFIED RESPONDENTS

Q37A. Longitudinal data concerning psychologists' reported benefits of using AI in psychology

	2024	2025
Base		
Improves operational efficiencies/reduces administrative burden	33%	42%
Helps providers consume and summarize publicized, scientifically validated data	21%	27%
Improves patient education	20%	18%
Reduces burnout	12%	16%
Provides clinical decision support	12%	11%
Increases precision and personalized treatment	10%	7%
Improved population health and care access	9%	6%
Improves clinician and patient engagement	5%	5%
Fosters early and accurate disease detection	6%	3%
Other, please specify	5%	7%
I don't know	52%	34%

- The order of these options was randomized for each respondent.
- “I don't know” was an exclusive answer, meaning no other answers could be selected at the same time “I don't know” was selected.

BASE: ALL QUALIFIED RESPONDENTS

Q38. What, if any, are the biggest concerns with using AI tools in psychology? (Select all that apply)

	Total n	%
Base	1646	
Potential breaches of sensitive data	1097	67%
Unanticipated social harms	1054	64%
Biased input (training data) leads to biased output	1041	63%
Lack of rigorous testing and validation to mitigate risks	996	61%
Inaccurate outputs (“hallucinations”)	993	60%
Lack of transparency of how AI tools work	849	52%
Replacement of human labor	633	38%
Other, please specify	143	9%
I don’t know	139	8%

- The order of these options was randomized for each respondent.
- “I don’t know” was an exclusive answer, meaning no other answers could be selected at the same time “I don’t know” was selected.

BASE: ALL QUALIFIED RESPONDENTS

Q38A. Longitudinal data concerning psychologists’ reported concerns with using AI in psychology

	2024	2025
Base		
Potential breaches of sensitive data	59%	67%
Unanticipated social harms	54%	64%
Biased input (training data) leads to biased output	54%	63%
Lack of rigorous testing and validation to mitigate risks	51%	61%
Inaccurate outputs (“hallucinations”)	44%	60%
Lack of transparency of how AI tools work	46%	52%
Replacement of human labor	28%	38%
Other, please specify	5%	9%
I don’t know	23%	8%

- The order of these options was randomized for each respondent.
- “I don’t know” was an exclusive answer, meaning no other answers could be selected at the same time “I don’t know” was selected.

Telehealth Characteristics

BASE: ALL QUALIFIED RESPONDENTS

Q39. What modality/modalities are you currently using to treat your clients?

	Total n	Total %
Base	1664	100%
I am treating all my clients in person.	234	14%
I am treating some clients in person and some remotely.	1084	65%
I am treating all my clients remotely.	346	21%

BASE: ALL QUALIFIED RESPONDENTS

Q39A. Longitudinal data on treatment modalities by survey year

	2020	2021	2022	2023	2024	2025
Base	100%	100%	100%	100%	100%	100%
I am treating all my clients in person.	3%	4%	11%	13%	12%	14%
I am treating some clients in person and some remotely.	33%	49%	58%	67%	69%	65%
I am treating all my clients remotely.	64%	47%	31%	21%	19%	21%

*Percentages do not sum to 100% due to rounding.

BASE: ALL RESPONDENTS WHO ANSWERED Q33 WITH "I AM TREATING SOME CLIENTS IN PERSON AND SOME REMOTELY"

Q40. Approximately what percentage of your clients are you seeing...

Base	1069
in person:	
Minimum	0%
Maximum	100%
Mean	58.7%
Median	60%
remotely:	
Minimum	0%
Maximum	100%
Mean	41.3%
Median	40%

BASE: ALL QUALIFIED RESPONDENTS

Q44. What are your future plans for treating clients remotely in the next 12 months?

	Total n	Total %
Base	1655	100%
Decrease my use of telehealth	77	5%
Continue my current use of telehealth	1374	83%
Increase my use of telehealth	101	6%
Other, please specify	103	6%

Demographic Questions

BASE: ALL QUALIFIED RESPONDENTS

Q47. How do you identify?

	Total n	Total %
Base	1641	100%
American Indian, Alaska Native, and/or Indigenous	*	0%
Arab American, Middle Eastern, or North African	5	0%

Asian or Asian American	40	2%
Bi/Multi-racial, please specify	50	3%
Black or African American	55	3%
Latino/a/x or Spanish Origin, please specify	56	3%
Native Hawaiian or Other Pacific Islander	*	0%
Southeast Asian	9	1%
White/European American	1279	78%
Another race or ethnicity not listed above, please specify	44	3%
Prefer not to answer	98	6%

BASE: ALL QUALIFIED RESPONDENTS

Q48. How do you describe your current gender identity?

	Total n	Total %
Base	1640	100%
Female/Woman	1097	67%
Male/Man	475	29%
Nonbinary	9	1%
Two-spirit	-	0%
Prefer to self-describe	10	1%
Prefer not to answer	49	3%

*Percentages do not sum to 100% due to rounding.