Children's/Learning Disability
Ages 4-8

How I Learn

A Kid's Guide to Learning Disability

I like school, but sometimes I get confused.
That's because I learn in a different way.
But guess what? That's OK.

How I Learn introduces the concept of a learning disability in concrete terms for younger students. This supportive and upbeat story reassures readers that they are capable, and can use "smart strategies" to help themselves learn.

And that's better than OK. That's GREAT!

A Note to Parents, Caregivers, and Professionals is included, with suggestions to guide discussion and help children identify their particular strengths and challenges.

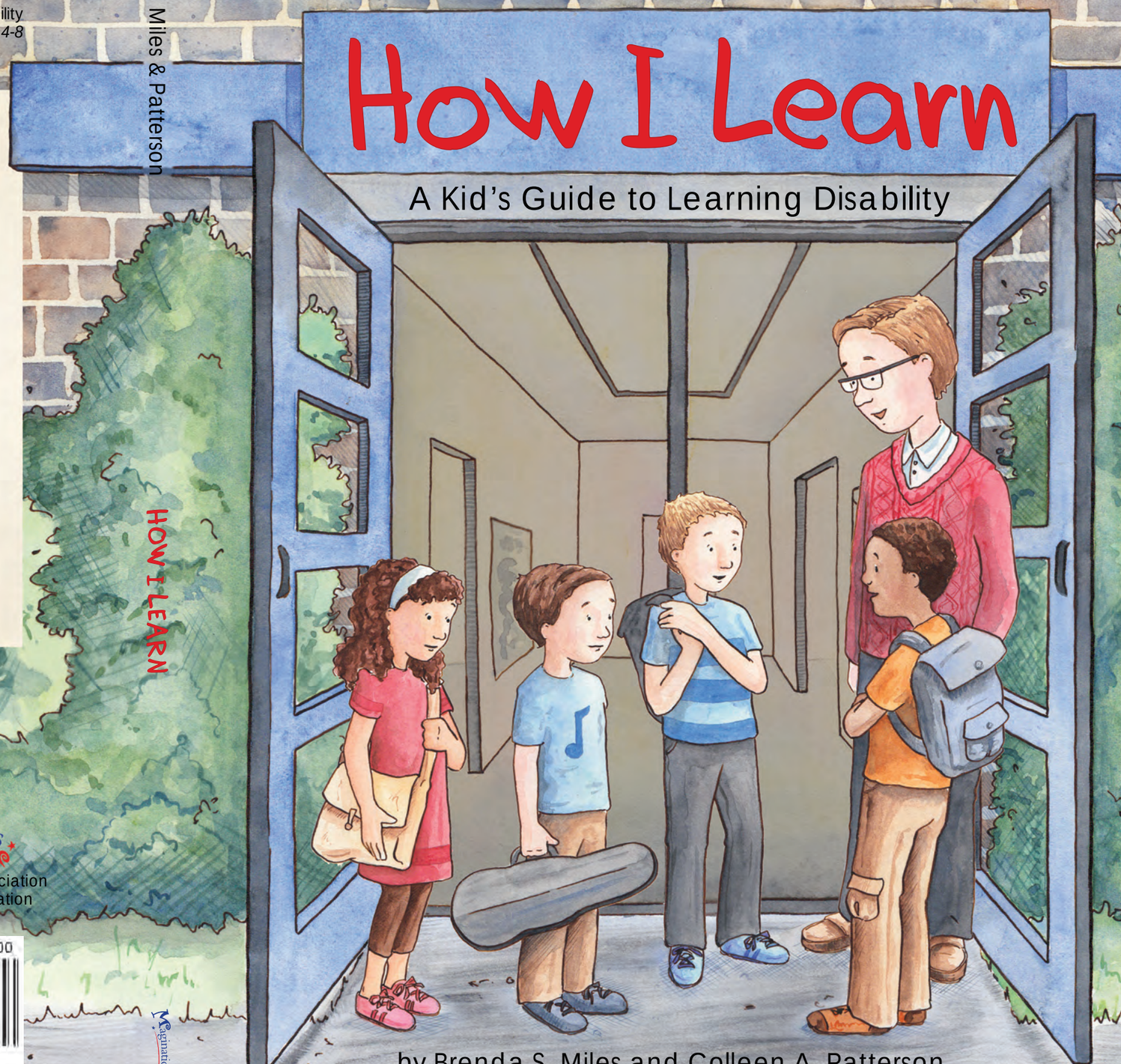


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Miles & Patterson

HOW I LEARN



How I Learn

A Kid's Guide to Learning Disability

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I like school, but sometimes I get confused.
That's because I learn in a different way.

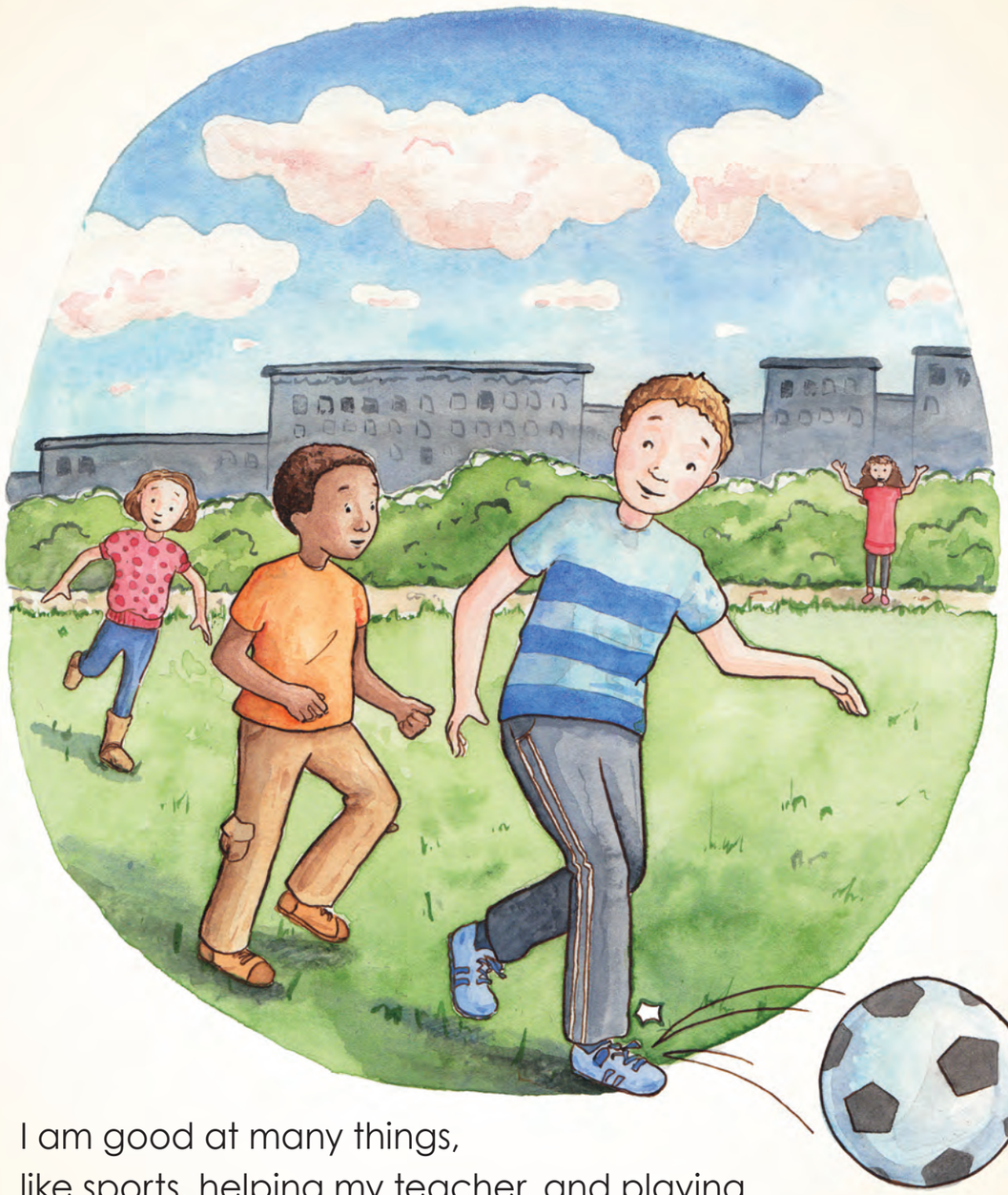
But guess what? That's OK.



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If you are looking at this book,
I bet you learn in a different way,
too. And that's OK.

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I am good at many things,
like sports, helping my teacher, and playing
board games. I am r-e-a-l-l-y good at drawing!
And I am GREAT at making friends!









I bet you are good at
many things, too!
What are you good at?

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But, like everyone, I have trouble with some things, and that's OK.





Reading is tough. I can see the letters but I can't remember the sounds. And when I try sounding out words, sometimes I don't understand what all the sentences mean.





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I write interesting stories, but Carmen, a girl in my class, has trouble writing. She has LOTS of ideas but she can't put them all down on paper.

I love math because numbers make sense to me. But math is tough for Henry. He jumbles up the numbers and feels frustrated.



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I bet some things are
frustrating for you, too.

What do you find
r-e-a-l-l-y hard to do?







There's a reason why some things are hard for me,
Carmen, Henry, and for you, too.

It's called a learning disability, or LD for short.
Some people call it a *learning difference.*

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