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Addressing Stigma, Bias, and Race

A Reading List from the *Journal of Family Psychology*

In an effort to communicate broadly about the effects of discrimination and real world bias on family relationships, the senior editorial team of the *Journal of Family Psychology* culled through its archives to identify published articles that addressed stigma, bias, and race. While not exhaustive, the team identified **35 peer-reviewed articles published between 2006 and 2020**. The topics include family-centered prevention programs to promote health and reduce stress in African American families, how stress affects inflammation in minority couples, cultural influences on parenting in high risk neighborhoods, minority stress and transgender couples, racial socialization of African American adolescents, and discrimination and health to name a few. The list of articles is meant to be a resource for teachers, families, and the public.

1. Anderson, R. E. (2018). And still WE rise: Parent-child relationships, resilience, and school readiness in low-income urban Black families. *Journal of Family Psychology*, *32*(1), 60–70. https://doi.org/10.1037/fam0000348 **FREE TO READ**

2. Bae, D., & Kogan, S. M. (2020). Romantic relationship trajectories among young African American men: The influence of adverse life contexts. *Journal of Family Psychology*, *34*(6), 687–697. http://dx.doi.org/10.1037/fam0000645.

3. Barr, A. B., & Simons, R. L. (2014). A dyadic analysis of relationships and health: Does couple-level context condition partner effects? *Journal of Family Psychology*, *28*(4), 448–459. http://dx.doi.org/10.1037/a0037310.

4. Barton, A. W., Beach, S. R. H., Bryant, C. M., Lavner, J. A., & Brody, G. H. (2018). Stress spillover, African-Americans' couple and health outcomes, and the stressbuffering effect of family-centered prevention. *Journal of Family Psychology, 32*(2), 186–196. https://doi.org/10.1037/fam0000376.

5. Beach, S. R. H., Lei, M. K., Simons, R. L., Barr, A. B., Simons, L. G., Cutrona, C. E, & Philbert, R. A. (2019). Perceived relationship support moderates the association of contextual stress with inflammation among African Americans. *Journal of Family Psychology*, *33*(3), 338–348. http://dx.doi.org/10.1037/fam0000509.

6. Birditt, K. S. & Antonucci, T. C. (2007). Relationship quality profiles and well-being among married adults. *Journal of Family Psychology*, *21*(4), 595–604. https://doi.org/10.1037/0893-3200.21.4.595.

7. Brody, G. H., Murry, V. M. Gerrard, M., Gibbons, F. X., McNair, L., et al., (2006). The Strong African American Families Program: Prevention of youths' high-risk behavior and a test of a model of change. Journal of Family Psychology, *20*(1), 1–11. http://doi.org/10.1037/0893-3200.20.1.1.

8. Ceballo, R., Kennedy, T. M., Bregman, A., & Epstein-Ngo, Q. (2012). Always aware (Siempre pendiente): Latina mothers' parenting in high-risk neighborhoods. *Journal of Family Psychology*, *26*(5), 805–815. https://doi.org/10.1037/a0029584.

9. Gamarel, K. E., Reisner, S. L., Laurenceau, J., Nemoto, T., & Operario, D. (2014). Gender minority stress, mental health, and relationship quality: A dyadic investigation of transgender women and their cisgender male partners. *Journal of Family Psychology*, *28*(4), 437–447. https://doi.org/10.1037/a0037171.

10. Goldberg, A. E. & Smith, J. Z. (2016). Predictors of race, adoption and sexual orientation related socialization of adoptive parents of young children. *Journal of Family Psychology*, *30*(3), 397–408. https://doi.org/10.1037/fam0000149.

11. Greenbaum, P. E., Wang, W., Henderson, C. E., Kan, L., Hall, K., Dakof, G. A., & Liddle, H. A. (2015). Gender and ethnicity as moderators: Integrative data analysis of multidimensional family therapy randomized clinical trials. *Journal of Family Psychology*, *29*(6), 919–930. https://doi.org/10.1037/fam0000127

12. Hatem, C., Lee, C, Zhao, X., Reesor-Oyer, L., Lopez, T., & Hernandez, D. (2020). Food insecurity and housing instabilityduring early childhood as predictors of adolescent mental health. *Journal of Family Psychology*, *34*(6), 721–730. https://doi.org/10.1037/fam0000651.

13. Henry, J. S., Lambert, S. F., Smith Bynum, M. (2015). The protective role of maternal racial socialization for African American adolescents exposed to community violence. *Journal of Family Psychology*, *29*(4), 548–557. https://doi.org/10.1037/fam0000135.

14. Jenkins, A. I. C., Fredman, S. J., Le, Y., Sun, X., Brick, T. R., Skinner, O. D., & McHale, S. M. (2020). Prospective associations between depressive symptoms and marital satisfaction in Black couples. Journal of Family Psychology, *34*(1), 12–23. https://doi.org/10.1037/fam0000573.

15. Koken, J. A., Bimbi, D. S., & Parsons, J. T. (2009). Experiences of familial acceptance-rejection among transwomen of color. *Journal of Family Psychology*, *23*(6), 853-860. https://doi.org/10.1037/a0017198.

16. Landor, A. M., Simons, L. G., Simons, R. L., Brody, G. H., Bryant, C. M., Gibbons, F. X., Granberg, E. M., & Melby, J. N. (2013). Exploring the impact of skin tone on family dynamics and race-related outcomes. Journal of Family Psychology, *27*(5), 817–826. https://doi.org/10.1037/a0033883.

17. Lavner, J. A., Barton, A. W., Bryant, C. M., & Beach, S. R. H. (2018). Racial discrimination and relationship functioning among African American couples. *Journal of Family Psychology*, *32*(5), 686–691. http://dx.doi.org/10.1037/fam0000415. **FREE TO READ**

18. Lee, R. M., Grotevant, H. D., Hellerstedt, W. L., Gunnar, M. R., & Minnesota International Adoption Project Team. (2006). Cultural socialization in families with internationally adopted children. *Journal of Family Psychology*, 20(4), 571–580. https://doi.org/10.1037/0893-3200.20.4.571.

19. Leidy, M. S., Guerra, N. G., & Toro, R. I. (2010). Positive parenting, family cohesion, and child social competence among immigrant Latino families. *Journal of Family Psychology*, *24*(3), 252–260. https://doi.org/10.1037/a0019407.

20. Lorenzo-Blanco, E. I., Meca, A., Unger, J. B., Romero, A., Gonzales-Backen, M., et al., (2016). Latino parent acculturation stress: Longitudinal effects on family functioning and youth emotional and behavioral health. *Journal of Family Psychology*, *30*(8), 966–976. http://dx.doi.org/10.1037/fam0000223.

21. Molina, K. M. & Alcántara, C. (2013). Household structure, family ties, and psychological distress among U.S.-born and immigrant Latino women. *Journal of Family Psychology*, *27*(1), 147–158. http://dx.doi.org/10.1037/a0031135.

22. Ogolsky, B. G., Monk, J. K., Rice, T. M., Oswald, R. F. (2019). Personal well-being across the transition to marriage equality: A longitudinal analysis. *Journal of Family Psychology*, *33*(4), 422–432. https://doi.org/10.1037/fam0000504.

23. Philbrook, L. E., Saini, E. K., Fuller-Rowell, T. E., Buckhalt, J. A., & El-Sheikh, M. (2020). Socioeconomic status and sleep in adolescence: The role of family chaos. *Journal of Family Psychology*, *34*(5), 577–586. http://dx.doi.org/10.1037/fam0000636.

24. Priest, J. B., McNeil Smith, S., Woods, S.B., & Roberson, P. N.E. (2020). Discrimination, family emotional climate, and African American health: An application of the BBFM. *Journal of Family Psychology*, *34*(5), 598–609. https://doi.org/10.1037/fam0000621. **FREE TO READ**

25. Puckett, J. A., Matsuno, E., Dyar, C., Mustanski, B., & Newcomb, M. E. (2019). Mental health and resilience in transgender individuals: What type of support makes a difference? *Journal of Family Psychology*, *33*(8), 954–964. http://dx.doi.org/10.1037/fam0000561.

26. Sechrist, J., Suitor, J. J., Riffin, C., Taylor-Watson, K., & Pillemer, K. (2011). Race and older mothers' differentiation: A sequential quantitative and qualitative analysis. *Journal of Family Psychology*, *25*(6), 837–846. https://doi.org/10.1037/a0025709.

27. Riina, E. M. & McHale, S. M. (2012). The trajectory of coparenting satisfaction in African American families: The impact of sociocultural stressors and supports. *Journal of Family Psychology*, *26*(6), 896–905. https://doi.org/10.1037/a0030055.

28. Rosenthal, L. & Starks, T. J. (2015). Relationship stigma and relationship outcomes in interracial and same-sex relationships: Examination of sources and buffers. *Journal of Family Psychology*, *29*(6), 818–830. https://doi.org/10.1037/fam0000116.

29. Shapiro, D. N., Peterson, C., & Stewart, A. J. (2009). Legal and social contexts and mental health among lesbian and heterosexual mothers. *Journal of Family Psychology*, 23(2), 255–262. https://doi.org/10.1037/a0014973.

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31. Umaña-Taylor, A. J., Zeiders, K. H., & Updegraff, K. A. (2013). Family ethnic socialization and ethnic identity: A family-driven, youth-driven, or reciprocal process? *Journal of Family Psychology*, *27*(1), 137–146. https://doi.org/10.1037/a0031105.

32. Updegraff, K. A., Perez-Brena, N. J., Umaña-Taylor, A. J., Jahromi, L. B., & HarveyMendoza, E. C. (2013). Mothers' trajectories of depressive symptoms across Mexican-origin adolescent daughters' transition to parenthood. *Journal of Family Psychology*, *27*(3), 376–386. http://dx.doi.org/10.1037/a0032909.

33. Wheeler, L. A., Updegraff, K. A. & Crouter, A. (2015). Mexican-origin parents' work conditions and adolescents' adjustment. *Journal of Family Psychology*, *29*(3), 447-457. http://dx.doi.org/10.1037/fam0000085.

34. Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2013). Financial strain and stressful events predict newlyweds' negative communication independent of relationship satisfaction. *Journal of Family Psychology*, *27*(1), 65–75. https://doi.org/10.1037/a0031104.

35. Williamson, H. C., Karney, B. R. & Bradbury, T. N. (2019). Barriers and facilitators of relationship help-seeking among low-income couples. *Journal of Family Psychology*, *33*(2), 234-239. http://dx.doi.org/10.1037/fam0000485.