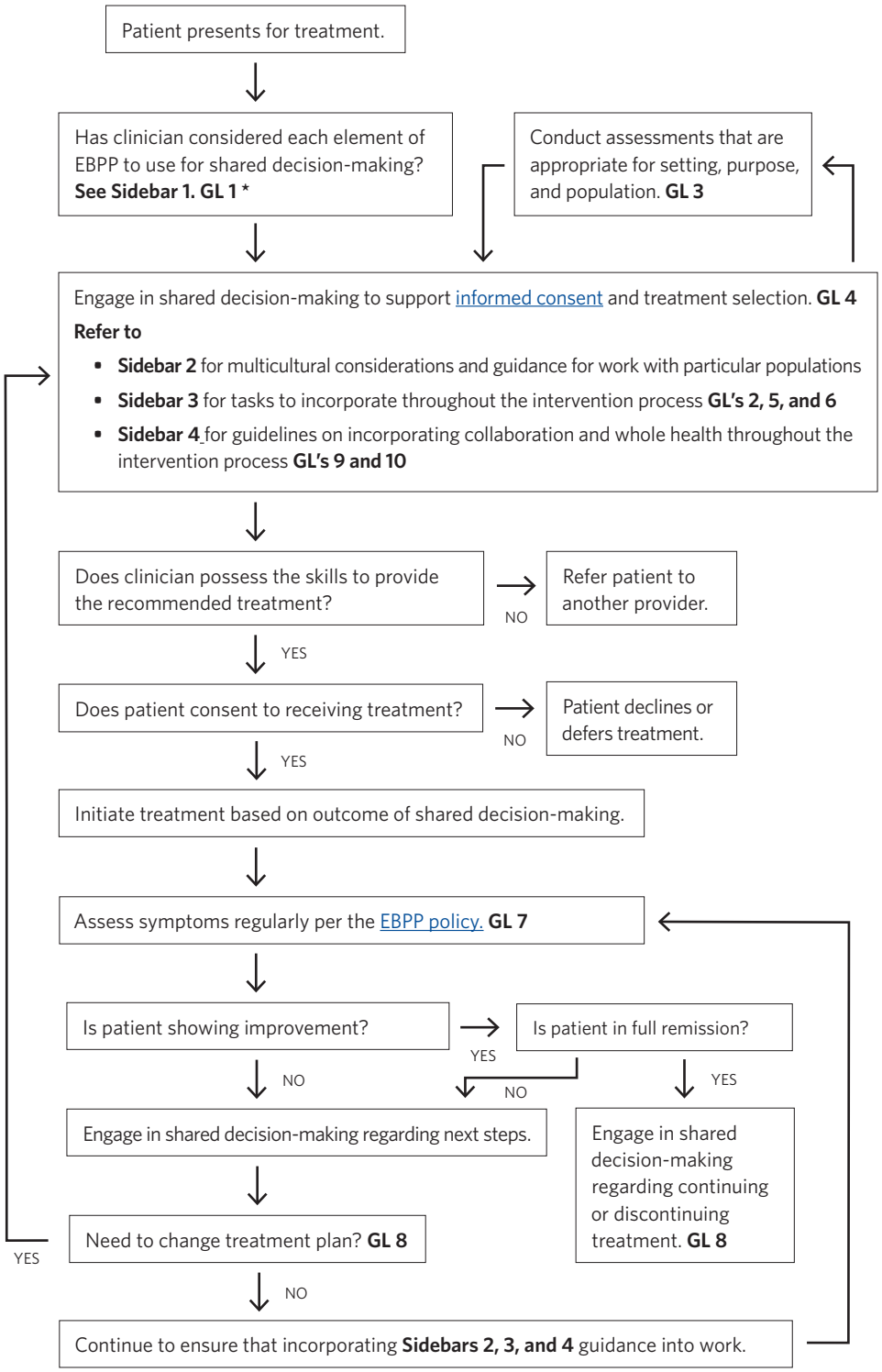
AMERICAN PSYCHOLOGICAL ASSOCIATION

Decision-Making Within Evidence-Based Practice in Psychology

Using the APA Guideline on Evidence-Based Psychological Practice in Health Care



SIDEBAR 1

EVIDENCE-BASED PRACTICE IN PSYCHOLOGY (EBPP) ELEMENTS

- Best available research (See APA's CPGs as a starting point)
- Clinical expertise
- Patients' characteristics, values, and context

SIDEBAR 2

ADDITIONAL GUIDANCE FROM APA'S GUIDELINES FOR PARTICULAR POPULATIONS

- EBPP Policy
- Multicultural guidelines
- Race and Ethnicity
- Boys and men
- Girls and women
- Sexual Minority Persons
- Transgender and gender nonconforming
- Persons with disabilities
- Persons with low-income and economic marginalization
- Additional guidance

SIDEBAR 3

ONGOING TASKS THROUGHOUT INTERVENTION PROCESS

- GL 2 – Psychologists strive to maintain and enhance their knowledge of the research and scholarly literature applicable to their practice.
- GL 5 - Psychologists aim to cultivate and maintain effective therapeutic relationships, therapist characteristics, and change principles.
- GL 6 – Psychologists endeavor to adapt their clinical approach to patient characteristics, culture, and preferences in ways that increase effectiveness.

SIDEBAR 4

COLLABORATION AND WHOLE HEALTH

- GL 9 – Psychologists endeavor to collaborate with other professionals when appropriate to facilitate effective care.
- GL 10 - Psychologists strive to promote overall patient health, functioning, and well-being.

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*Note- GL = Guideline