Treatment centers and resources for pregnant substance-using women and girls

AAC (American Addictions Centers)		
Phone Number	1-800-662-4357 (for Medicaid users) 888-986-7502 (for private insurance users)	AAC has 12 inpatient and 25 outpatient sites which are accessible to pregnant substance-using women and teens. This center matches person-based stage in pregnancy and what substance they are using.
Website	https://americanaddictioncenters.org/rehab-guide/pregnant-women/	Provides information on dangers and risks of abusing substances during pregnancy, detox for pregnant women, special accommodations, risks and complications of treatment, and help for pregnant women.

American Pregnancy Helpline		
Phone Number	1-866-942-6466	Provides free and confidential information and support for young women and teens who are pregnant and using substances. Resources regarding pregnancy, childbirth, substance abuse, and recovery are provided. Helpline can also connect women to treatment.
Website	http://www.thehelpline.org/pregnancy-health/lifestyle-concerns/pregnancy-and-illegal-drug-use/	Provides information on topics about pregnant and illegal drug use. Website also includes numbers and links to other counseling, support groups and treatment programs.

IHS (Indian Health Service)		
Phone Number	1-800-944-4773	IHS assists Tribes in the planning, development, and implementation of culturally-informed programming; transitions from direct service only to primary direct service support; improves the quality of and access to care for AI/AN communities.
Website	https://www.ihs.gov/asap/treatment/findtreatment/	These resources are geared towards American Indians and Alaska Natives. They also provide specific treatment resources for young teen users and tribal support groups.
Treatment Locator	https://www.ihs.gov/findhealthcare/	Find an Indian Health Service, Tribal or Urban Indian Health Program facility: Alaska village clinics Alcohol and substance abuse treatment Behavioral health (mental health) Dental clinics Health Centers (including school health centers) Health Stations Hospitals

NCADD (National Council on Alcoholism and Drug Dependence)		
Phone Number	1-800-622-2255	Provides resources and treatment connections for pregnant women using substances. Resources are also available specifically for underage teens.
Website	https://www.ncadd.org	Provides information on resources to get local support for recovery and assistance, including numbers and links. The website also provides self-testing quizzes (alcohol test, drug test, and teen test) and the option to donate.

PSI (Postpartum Support International)		
Phone Number	1-800-944-4773	It has more than 300 Support Coordinators around the world. PSI Coordinators help you connect to local providers and groups. and to online resources. They give encouragement, information, tips, and referrals but do not give clinical, medical, legal, or religious advice.
Website	http://www.postpartum.net/get-help/locations/	Resource guides by state for local providers for postpartum women using substances. Access to support groups and treatment are included.

SAMHSA (Substance Abuse and Mental Health Services Administration)		
Phone Number	1-800-662-4357	Provides free confidential information and recommendations for treatment, referrals to residential treatment, outpatient treatment, detox programs as well as support groups and community-based organizations.
Website	https://www.samhsa.gov/women-children-families/publications-resources	Provides clinical guides, treatment resources, and publications for pregnant women using substances.
Treatment Locator	https://www.findtreatment.samhsa.gov	Provides confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems.

Treatment centers in major cities

Access Community Health Network (Chicago, IL)		
Phone Number	1-866-267-2353	10 clinics provide services to pregnant women with chemical dependency. They offer weekly visits with psychiatrists, group support sessions, behavioral health services and counseling, as well as regular health care services.
Website	https://www.achn.net/services-programs/risk-prevention-services/	Provides information on risk and prevention services including Ryan White HIV/AIDS Program, men's health, prevention programs, screening, brief intervention, and referral to treatment, and buprenorphine treatment services. Also provides contact information on appointments, free insurance help, and options to donate.

First Step Home (Cincinnati, PA)		
Phone Number	1-513-961-4663 1-513-281-7880 (after-hours hotline)	The Maternal Addiction Program is connected to our Residential Program and addresses the needs of single women, pregnant women and new moms with children up to the age of 12 recovering from addiction with wrap-around services.
Website	https://www.firststephome.org/maternal-addiction-program	Provides information and access to get help and services including treatments, counseling, parenting classes, and onsite child care, etc.

Haymarket Center- Maternal Addiction Center (Chicago, IL)		
Phone Number	1-312-226-7984 1-312-226-7984 ext. 348 (for detoxification services)	This residential program accepts currently pregnant women as well as women who have recently given birth. Women can bring other children as well to this facility to promote familial growth. The GOAL of the program is to assist either physically impaired and/or medically challenged pregnant and chemically dependent women with a safe and stable living situation.
Website	http://www.hcenter.org/programs-treatment/in-patient-treatment/maternal-addiction-center	Information on services the center provides, including: Individual counseling Group counseling Recovery Coaching Parenting classes Child Development Services Parent Coaching Lactation and Nutrition services Family Therapy Pediatric Nursing Pediatric Social Work Linkage to pre- and post-natal care

Jefferson Health Maternal Addiction (Philadelphia, PA)		
Phone Number	1-800-533-3669	Provides comprehensive treatments for pregnant and parenting women with substance use disorders and their children in outpatient and residential settings.
Website	http://hospitals.jefferson.edu/departments-and-services/maternal-fetal-medicine/maternal-addiction-treatment-education-and-research.html	Provides information on treatment options from Maternal Addiction Treatment Education & Research Center and access to make online appointments.

Memorial Healthcare System (Hollywood, FL: near Miami, FL)		
Phone Number	1-954-276-3429	Hospital-based program for maternal addiction of opiates/opioids, stimulants, sedatives, alcohol, and polysubstance use (multiple drugs). They offer inpatient or outpatient services with integrated care for mother and child. The program is designed to help mother and baby safely withdraw from substances and support mom in meeting her recovery goals.
Website	https://www.mhs.net/services/mental-health/conditions/maternal-addiction	Information on treatments of maternal addiction, how to get started on getting treatment, and locators for physicians and treatments.
Website	https://www.susanbanthonycenter.org/about-susan-b-anthony-recovery-center/	Collaboration with Susan B. Anthony Recovery Center for supportive housing. This center provides residential treatment for both pregnant women and women with children.

Mountainside (New York City, NY)		
Phone Number	1-860-824-1397 (inside the US) 1-844-880-4104 (outside the US)	Mountainside is a nationally acclaimed alcohol and drug addiction treatment center. It provides residential or outpatient treatment for pregnant women (must be over 18) who are not currently using.
Website	https://mountainside.com	Provides links to Mountainside's addiction treatment programs and services, including clinical treatments and counseling, as well as the contact information for financial advice.

Perinatal Hope Program (Pittsburgh, PA)		
Phone Number	1-412-578-5575	The Perinatal Hope Program at Allegheny Health Network's West Penn Hospital provides individualized treatment and support for pregnant women who are struggling with addiction. We are committed to helping mothers get the medical, social, and educational services they need to deliver healthier babies. The care team also coordinates tests, doctor consultations, and counseling for your convenience. (4 locations: Jefferson Hospital, Forbes Hospital, West Penn Hospital, St. Vincent Hospital)
Website	https://www.ahn.org/specialties/womens-health/pregnancy-and-newborn-services/perinatal-hope-program	Provides information on services including pregnant care, medication-assisted treatment, drug and alcohol counseling, education, delivery care, postpartum care, and the Fresh Start Program.

RevCore (New York City, NY)		
Phone Number	1-212-966-9537	Women can be connected and referred to specific locations throughout NYC. They accept Medicaid, private insurance, and sliding-scale rates for those without insurance. Inpatient or outpatient available, depending on treatment needs and goals.
Website	https://revcorerecovery.com/client-treatment/	Provides resources for individualized counseling, group therapy, psychiatric and medication assisted therapy, and community connections.

Shields for Families (Los Angeles, CA)		
Phone Number	1-323-242-5000	Perinatal substance use disorder treatment facility provides services for women and children. Outpatient and inpatient available for adult pregnant women.
Website	https://www.shieldsforfamilies.org/perinatal-substance-abuse-treatment/	Provides information on perinatal substance use disorder treatment programs and services including comprehensive case management, individual, group, and family counseling, educational and vocational services, life skills classes, drug and alcohol education, child development and parenting, and urinalysis testing.

Swedish Medical Center (Seattle, WA)		
Phone Number	1-800-793-3474	Offers treatment for chemically dependent women in any stage of pregnancy. There are several locations in the Seattle area involving medical detoxification/stabilization followed by an intensive residential treatment program.
Website	https://www.swedish.org/services/addiction-recovery/treatment-for-pregnant-or-postpartum-women	Provides information on treatment and services for pregnant women with chemical dependency, aftercare, and 24-hour nursing care. Website also provides contact information for all Swedish campuses.

UCLA Resnick Neuropsychiatric Hospital (Los Angeles, CA)		
Phone Number	1-310-825-4138	Maternal mental health program for pregnant women and women up to one year postpartum. They offer services for pregnant women with anxiety and mood disorders, depression, and substance-use disorders.
Website	https://www.uclahealth.org/resnick/maternal-mental-health-program	Provides information on brief understanding of maternal depression, UCLA maternal mental health partial hospitalization program, UCLA maternal mental health intensive outpatient program, and links to related resources.