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The Voice of Women Leaders in Psychology

LeadHERship is an annual publication of the Women's Programs Office of the American Psychological Association. Each year, we celebrate APA's Leadership Institute for Women in Psychology alumnae achievements, publications, grants and awards, and presentations for the past academic year.

Editor: Shari E. Miles-Cohen, PhD



Human Rights Team Staff

Senior Director, Human Rights Team

Senior Director, Women’s Portfolio

Director, APA Leadership Institute for Women in Psychology

Director, I am Psyched! Initiative

Shari E. Miles-Cohen, PhD
202.336.6156
smiles@apa.org

Director, Ethnic Minority Affairs Portfolio

Kelley Haynes-Mendez, PsyD
KHaynes-Mendez@apa.org

Assistant Director, Womens Portfolio

Tanya Burrwell Dozier
202.336.6049
tburrwell@apa.org

Assistant Director, Sexual Orientation and Gender Diversity Portfolio

Ron Schlittler, MIPP
rschlittler@apa.org

Special Projects Manager, APA Leadership Institute for Women in Psychology

Amanda Weber, MS
aweber@apa.org

Program Coordinator, Women’s Portfolio

Isabelle Orozco
202.336.6044
iorozco@apa.org

Contact

American Psychological Association

Leadership Institute for Women in Psychology

Women’s Programs Office

750 First St. NE

Washington, DC 20002-4242

Phone: 202.336.6044 Fax: 202.336.6117

www.apa.org/pi/women/programs/leadership/

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I was recently listening to an equity and justice podcast and one of the speakers said that she hopes that we, individually and collectively, move beyond thinking and into action. And that the actions we take are so compelling that you can't unwind them. That the groundswell for change is so powerful and significant that it cannot be stopped.

APA's new chief of psychology in the public interest, Dr. Brian Smedley, has invigorated our social justice and equity work. The newly formed PI Human Rights Team (HRT) joins together the work of the Women's Programs Office, the Ethnicity, Race, and Cultural Affairs Portfolio, and the Sexual Orientation and Gender Diversity Portfolio under one umbrella focused on applying the science and practice of psychology to foster the advancement of human rights, fairness, and dignity for all segments of society, with a special focus on communities that intersect across gender, sexual orientation, ethnicity, race, and cultural diversity.

As senior director of the HRT team, I invited Dr. Kate Brown, LIWP's Advisory Committee chair, to join the HRT committee chairs' (CEMA, CSOGOD, CWP, and LIWP) quarterly meetings to begin developing a shared identity and to conceptualize our collective teamwork going forward. By employing LIWP's values-based leadership practice and inviting committee chairs and staff colleagues to share their resources, knowledge, and expertise, we are beginning to build "unwindable" change within APA, psychology, and society. We are all called to leadership for a reason – to fulfill a purpose. And, as Marshall Ganz would say, our work is "enabling others to achieve purpose under conditions of uncertainty."

This past year has been full of challenges, but it has also been full of hope. I was so inspired by our first LIWP Leaders Conference panelists and their narratives about engaging in positive social change work in their communities. I was moved as we commemorated the 100th anniversary of the 19th amendment in all its complexity, even as voting rights around the country were (and continue to be) under assault. And as we celebrate Dr. Jennifer F. Kelly, the third Black woman president of APA, in the same year that we mourn the loss of Dr. Alice Chang, the first women of color to serve on APA's Board of Directors, I am propelled forward by the sprits of the women who came before us that live in our collective DNA. In the same way that intergenerational trauma lives with us, intergenerational strength lives in our DNA too. Either can be nurtured and fed by our experiences. Today, our intergenerational trauma is being magnified. I hope that LIWP recognizes our intergenerational trauma and feeds our intergenerational strength. I hope that LIWP will be a fertilizer, nurturing your leadership practice. I hope that when you are in a more nurturing environment, you will share some of the knowledge, resources, strength, sustenance, and growth that you have collected with other LIWP Leaders.

As a program, we always have room for growth, and we know that we have more work to do to be more welcoming and inclusive to *all* Participant Leaders. We hosted our first focus group with LIWP Leaders who identify as members of the LGBTQIA+ community to hear recommendations for how we can create a more welcoming and inclusive program. We will be holding additional focus groups to explore how we can continue to grow and do better, including specific focus groups inviting feedback from LIWP Leaders who live with disabilities. We look forward to continuing this work in community with all of you.

I'd like to share more program updates with you.

▶ In December, we capped off Cohort 12's year with an innovative **graduation ceremony** linking Participant Leaders' leadership projects with APA's Strategic Plan goals. During the ceremony, we also recognized the service of **Dr. Monica Kurylo** ('13-14), the first LIWP Leader to serve on the Advisory Committee, and three LIWP Founders, **Dr. Jessica Henderson Daniel**, **Dr. Ruth Fassinger**, and **Dr. Nadine Kaslow**.

▶ In January, we welcomed three new Advisory Committee members, **Dr. Sarah Burgamy** ('16-17), **Dr. Michi Fu** ('14-15), and **Dr. Ciela Hartanov**, each of whom are highlighted in this issue of LeadHERship.

▶ In March, we welcomed **LIWP Cohort 13**, which included 32 new Participant Leaders and welcomed our newest LIWP faculty member, **Dr. Ramani Durvasula** ('08-09).

▶ In June, we piloted the addition of a **360-degree assessment** to complement our tried-and-true FIRO-B assessment in this year's Signature Program.

As you know, **LIWP Leader engagement and follow-up support** remains a main pillar of LIWP's strategic plan, and we have more opportunities for you to engage with us this next year and beyond.

▶ We resumed our **LIWP Continuing Education Webinar Series**. The first 2021 webinar, "Coping with Grief in the Time of COVID," was presented on July 15, 2021, by Dr. Sherry Cormier, a bereavement trauma specialist, author of *Sweet Sorrow: Finding Enduring Wholeness after Loss and Grief*, and consultant who engages in public speaking, training, and grief mentoring. The next webinar, "Decreasing Stress in Disruption," will be presented on September 14, 2021, by Dr. Nick Petrie, a senior faculty member with the Center for Creative Leadership's Colorado Springs, Colorado campus, member of the Leadership Development Program (LDP)[®] faculty, and author of *Work without Stress: Building a Resilient Mindset for Lasting Success*. The final webinar in the 2021 series, "APA Leadership – How to Run for Office," will be presented in the final months of 2021 by senior leaders within the APA governance structure.

▶ We are putting the finishing touches on this year's **Dr. Jean Lau Chin Memorial Address**. As you may know, ticket sales and contributions for the Address support the **Dr. Jean Lau Chin Memorial Scholarship Fund**. As LIWP Leaders, you are VIPs and welcome to attend at no cost but, of course, you are welcome to contribute. Please be on the lookout for a save-the-date invitation for both the Chin Memorial Address and Cohort 13's graduation ceremony, both of which will be held in December.

▶ Our **second LIWP Leaders Conference**, "Leading Toward a Socially Just and Inclusive World," is scheduled for Spring 2022. We have assembled a fantastic team and planning is underway. Stay tuned for more details this fall.

This year also included new service and development opportunities.

▶ Thank you to all the LIWP Leaders who volunteered to mentor Cohort 13 Participant Leaders. Historically, faculty have taken on multiple mentees each year. This year, we limited faculty to one mentee each, making it possible for more LIWP Leaders to serve as mentors. Twenty-three answered the call and have been paired with their mentees already!

▶ We also invited you to volunteer for advisory committee, subcommittee, and workgroup roles. The subcommittee chairs are reviewing your materials and will be reaching out to invite you to learn more about our plans for those groups this year and next.

Even while doing all this great work, we remember how to have fun. Please join us in August for our annual LIWP reunion. We put our big brains together and have created a signature LIWP cocktail and mocktail for you to tee up for a group toast during the August get-together.

As always there are plenty of thanks due. Starting closest to home with the APA Human Rights Team: Amanda Weber, special projects manager; Isabelle Orozco, program coordinator; Tanya Burwell Dozier, assistant director, Women's Portfolio; Ron Schlittler, assistant director, Sexual Orientation and Gender Diversity Portfolio; and Dr. Kelley Haynes-Mendez, director, Office of Ethnic Minority Affairs Portfolio. I'd also like to thank our broader APA Public Interest family and our colleagues at APA who keep the lights on, the computers bug-free, and the bills paid. I also want to profusely thank Dr. Kate Brown, our Advisory Committee chair, who I talk with almost as much as I talk with my husband, incoming chair, Dr. Anita Thomas (get ready Anita, I'm about to become your best friend!), our Advisory Committee and Subcommittee members, faculty, evaluators, Participant Leaders, mentors, and donors. And of course, you, our LIWP Leaders. You continue to be a testament to the good works that psychologists do in the world. See you soon on Zoom!

Vision and Mission Statements

APA Vision

A strong, diverse, and unified psychology that enhances knowledge and improves the human condition.

APA Mission

To promote the advancement, communication, and application of psychological science and knowledge to benefit society and improve lives.

APA Human Rights Team Mission Statement

The APA Public Interest Directorate Human Rights Team raises awareness of human rights and issues that affect marginalized populations, especially women, BIPOC, and LGBTQ+ persons, within the association by using psychological science to prepare, support, and encourage psychologists, other professionals, and the public in the use of psychological science to advance human rights, prevent all forms of discrimination, and to improve the health, welfare, and psychological well-being of marginalized populations, especially women, BIPOC, and LGBTQ+ persons.

APA Women’s Portfolio Mission Statement

The Women’s Portfolio works to improve the status, health and well-being of women psychologists and consumers of psychological services by

- ▶ promoting those aspects of psychology that involve solutions to the fundamental problems of human justice and equitable and fair treatment of all segments of society;
- ▶ encouraging the use and dissemination of psychological knowledge to advance equal opportunity and to foster empowerment of those who do not share equitably in society’s resources;
- ▶ increasing scientific understanding and training in regard to those aspects that pertain to, but are not limited to, culture, class, race/ethnicity, gender, sexual orientation, age, and discrimination; and
- ▶ supporting the continual improvement of educational training opportunities for all persons.

APA LIWP Mission

The APA Leadership Institute for Women in Psychology (LIWP) aims to enhance the individual and collective leadership capacity, reach, influence and impact of women psychologists to foster the advancement of human rights, fairness, diversity, and inclusion through the application of psychological science.

APA LIWP Advisory Committee Chair’s Column: Ethical Leadership in the Context of the “New Normal”

It has now been over a year since the global COVID-19 pandemic moved us into lockdown, impacting all of our professional and personal lives. It has been a year of compounded grief and anxiety, resilience and psychological strength, joy and gratitude. It has also been a year of contrasts in valuing aloneness while prioritizing connections; reflecting on losses and gains, and beginnings and endings. However, as lockdowns are remitting, a rash of mass shootings targeting Asian-Americans and BIPOC have re-occurred across America. The recent killings in Atlanta appear to reflect the intersection of misogyny, racism, and classism. George Floyd’s murder over a year ago awakened many to the extent of racism and racial disparities and activated many to call for change. However, a year later, BIPOC communities are rightfully asking if anything has changed or will change.

Simultaneously, people are calling for us to go “back to normal.” What is “normal,” and should that really be our goal? In the wake of politically motivated violence and racist hate crimes, I have heard many in my community lament that “this is not who we are as a country.” Yet, our history tells us the opposite; systemic racism in the United States has been our policy—and quite frankly, since the inception of our constitution. Racism and discrimination are embedded in policies that have limited the social and economic mobility of BIPOC communities. Racism undergirds restrictions on voting rights that disproportionately target communities of color, with a proliferation of such legislation submitted across the nation. Within our profession, we are taught that until you admit there is a problem, you cannot correct or heal it. To dismantle systemic racism, we must all step up as leaders. Are we preparing women in LIWP for such leadership? With our shift to a values-based leadership program three years ago, I believe that we are.

Inherent in all LIWP programming is our underlying principle that change starts with self-awareness of where we are in our own leadership journeys and our role in supporting the inequities in our society and systems. We encourage engagement in continuous learning, honing our advocacy and inquiry skills to intervene effectively, engaging in difficult conversations, and learning from our mistakes. We also reinforce speaking up for changes that may be needed at the organizational and societal levels as an ally or, if you will, accomplice in challenging the inequities created by misogyny and racism. As ethical leaders, the task ahead is how to best transform our work settings from what has been to become models for how to build healthy communities despite our differences because we know people are looking for and needing connections.

As our national discourse has devolved into dehumanizing “the other” over the past few years, and racism has become more manifest, I’ve also been thinking about how my leadership and our models of leadership support and perpetuate the persistence of dysfunctional structures and practices in organizations and society. Within the health care arena in which I’ve worked, it seems that dehumanization has been built into the fabric of corporate leadership as it promotes leadership models whose end goal, under the guise of concern for its workers and the people it serves, is too often about personal and organizational power and profit. In essence, the focus is on leading companies rather than people. Diversity, compassion, and paid benefits are often promoted not because they are good for all, but because they boost motivation and, ultimately, the bottom line. Although economic pressures attributed to globalization and tech-

nological innovations are part of this shift, the roles of political and business leaders as architects and primary beneficiaries of these changes also need to be studied (Petriglieri & Petriglieri, 2015). These models of leadership are now being scrutinized especially in the wake of corporate scandals and widening economic disparities of C-suite salaries. This has resulted in women and BIPOC working within systems designed by men for men. Women and BIPOC then are struggling to promote a culture of inclusion and equity that embraces intersectionality and allyship in systems that overtly ask for such change but simultaneously rail against it. However, as ethical leaders hold the power to influence and create organizational cultures for the common good, it is values-based leadership skills that will not only promote specific values but ultimately advantage underrepresented groups of people. Thankfully, authenticity is now expected from leaders. We expect them to seek honest feedback, be genuine, engage in reflection, and express their own lived authenticity by sharing their stories and lessons learned. However, change takes time, and biases remain. Women, and particularly women of color, continue to report still needing to hide their true, authentic selves to “fit in.” This speaks to the timing of culture change, which on the one hand encourages ethical decision-making processes in leadership, yet often relies on individual approaches rather than organizational approaches to ethical stances. Organizations continue to struggle and many fail to openly condemn racist practices and microaggressions or to protect whistleblowers. So, authenticity is not only essential for leadership but also to combat racism and social justice.

My roles in LIWP and as Chair of the APA Advocacy Coordinating Committee (ACC) aligned this year as the ACC works to engage APA members as advocates. For many of my colleagues, when they think of advocacy, they think of communicating with federal and state representatives, championing legislation, or monitoring regulations in government, institutions, and businesses to influence behaviors. But advocacy also comes in the form of everyday practices and procedures that influence behaviors, such as voting in state, local, and federal elections; organizing in communities; volunteering community services; and participating in nonviolent protests. Given the scope of our education, training, and skill sets, all psychologists are positioned to be leaders, even if our training has not yet promoted that aspirational goal. I believe our training has been misguided in having us believe that we must be neutral as leaders and health care providers: There must be no neutral role in how we advocate for our clients and communities or engage in systems. Antiracism scholars have helped us to appreciate that we are either actively supporting or perpetuating systems, or we are actively dismantling them.

If we are to commit to dismantling inequitable systems, we need to shine a light on what is problematic and fight for change. To do this, we must cultivate productive relationships across the individuals, teams and organizations in which we work. Ethical organizations can only occur when communities of people work together in an environment of mutual respect, where they encourage everyone to grow personally, to build support networks and contribute to the overall goal.

Speaking of ethical leadership, a pressing problem for most women is being short of time to work on the many tasks, projects and assignments that are due with deadlines. This complaint has only heightened during this pandemic, especially as many women are working remotely from home while also caring for their children and household. Allocating our time is not often thought of as an ethical choice but, like the proverbial oxygen

mask on an airplane which must go on you first to ensure your well-being for help to others, it is. Now, more than ever, our time is a scarce resource. Babcock and her colleagues (2018) confirmed what was long suspected: that women are asked more often than men to perform tasks that may help others but provide little direct benefit to their own career. Analyzing where your time is being spent can create the most value and positions the request for your time differently, as a limited resource. That may free you emotionally to say no, and to reframe your answer such that you can create more value by agreeing to different requests. It's then not simply saying no but opening space for new ideas, people, and opportunities. Using your time wisely to increase collective value is the very definition of ethical action and a mindful approach to leading.

Since this will be my last Chair's column, as I rotate off the Advisory Committee at the end of this year, there are so many amazing leaders that I want to thank for supporting my leadership in LIWP, from the Founders & Executive Committee, who so freely gave of their time, expertise and talents for the first decade of LIWP; to the Advisory Committee who have worked effectively to develop inspiring programming and faculty to expand LIWP and shift to an outcomes-based institute through the thoughtful feedback of our Participant and LIWP Leaders; to Amanda Weber, our incredible LIWP project manager and "tech guru" extraordinaire who has helped us thrive and grow in the virtual delivery of our signature program; to Isabelle Orozco and Tanya Burrwell Dozier for their behind-the-scenes support of all LIWP program offerings; and especially to Shari Miles-Cohen, who has been such an amazing partner as we navigated multiple challenges in the past two years. Shari exemplifies the qualities that we all aspire to as leaders—integrity, empathy, humility, accountability, and vision—as she champions values-based leadership for women and all psychologists and the human rights agenda within APA. I also want to thank each of you as Participant and LIWP Leaders who guide and inspire me each day in navigating your leadership challenges in this demanding environment and for helping us shape the LIWP programs we provide. It has been such an honor to have been a small part of this incredible leadership movement of women as we shifted to a values-based leadership curriculum and an outcomes-based Institute and I look forward to championing the continued growth and success of LIWP.

Best wishes,
Kate

Kathleen S. Brown, PhD
Chair, APA LIWP Advisory Committee
ksbrown33@gmail.com

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LIWP Advisory Committee



Kathleen S. Brown, PhD
(Chair)



Ciela Hartanov, PsyD



Jodie Ullman, PhD



Anita Thomas, PhD
(Vice Chair)



Yo Jackson, PhD, ABPP



Carlotta M. Arthur, PhD



Monique Jiménez-Herrera,
PsyD



Kimberly Balsam, PhD



Debra M. Kawahara, PhD



Sarah Burgamy, PsyD



Shari E. Miles-Cohen, PhD
(Senior Director, Ex Officio)



Michi Fu, PhD



Carlota Ocampo, PhD

Evaluation Subcommittee

Carlota Ocampo, PhD, Chair
Monique Jiménez-Herrera, PsyD
Jodie Ullman, PhD

Future Directions Subcommittee

Yo Jackson, PhD, ABPP, Chair
Carlotta M. Arthur, PhD
Kathleen S. Brown, PhD
Sarah Burgamy, PsyD
Ciela Hartanov, PsyD

Program Development and Evaluation Subcommittee

Debra M. Kawahara, PhD, Chair
Kimberly Balsam, PhD
Mia Bergman, PhD, ABPP
Michi Fu, PhD
Lorna Hernandez Jarvis, PhD
Anita Thomas, PhD
Julie L. Williams, PsyD, ABPP

LIWP 2020 Teaching Faculty

Aaron M. Bishop

Deputy Chief, Public Policy and Engagement, American Psychological Association

Kathleen S. Brown, PhD

APA LIWP Advisory Committee Chair, Independent Consultant

Ramani Durvasula, PhD

Professor of Psychology, California State University, Los Angeles

Lisa Flores, PhD

Professor of Counseling Psychology, University of Missouri, College of Education

Sophie L. Friedl, MPH

Director of Congressional and Federal Affairs, Military and Veterans Health Policy, American Psychological Association

Gayle Y. Iwamasa, PhD, HSPP

National Director, Inpatient Mental Health Services, VA Central Office, Office of Mental Health and Suicide Prevention (OMHSP), Department of Veterans Affairs

Michelle Laino

Deputy CFO, Budget and Financial Analysis, American Psychological Association

Tamara S. Lyn, PhD

Warden, Butner Low Federal Correctional Institution

Shari E. Miles-Cohen, PhD

Senior Director, APA Human Rights Team

Natalie Porter, PhD

Professor Emerita, California School of Professional Psychology, Alliant International University

Sandra L. Shullman, PhD

2020 Past-President, APA Board of Directors, Managing Partner Columbus Office, Executive Development Group

Benjamin D. Vonachen

Senior Director of Congressional and Federal Relations, American Psychological Association



LIWP CLASS 13

LIWP Success-at-a-Glance

392
WOMEN

academics, clinicians,
researchers, educators,
and more have
participated

AND

OVER
\$56

million in grant money
awarded in 2020

LIWP LEADER ACHIEVEMENTS

111

directors of academic
programs, APA Divisions,
or clinical programs

51

promotions in 2020

16

APA Presidential Citations

“LIWP has been instrumental
to growing my professional
network and has given me
the invaluable gist of an
effective, supportive mentor.”



LIWP CLASS 13



Apryl Alexander, PsyD
University of Denver



Corinne Datchi, PhD, ABPP
William Paterson University



Crystal R. Hill-Chapman, PhD
Francis Marion University



Debra Lefkowitz, PsyD
The Children’s Hospital of
Philadelphia (CHOP)



Robbin L. Rasbury, PsyD
John F. Kennedy University
School of Psychology (SOP)
at National University



**Chelsea Weyand, PsyD,
ABPP**
Akron Children’s Hospital
and Northeast Ohio Medical
University



Paula Barata, PhD
University of Guelph



Stacie Craft DeFreitas, PhD
University of Houston –
Downtown



Heather-Ayn Indelicato, PsyD
Zero Suicide Initiative (ZSI) at
Tséhootsooí Medical Center
on the Navajo Reservation



Eleanor Mackey, PhD
George Washington
University School of
Medicine and Children’s
National Hospital



Jennifer Rockett, PhD, LP
The Center for Clinical and
Forensic Psychology



**Tricia Williams, PhD,
CPsych, ABPP-CN**
NeuroOutcomes Lab and
Hospital for Sick Children



**Christiane Blanco-Oilar,
PhD, ABPP**
Florida Psychological
Association (FPA)



**Angelica M. Diaz-Martinez,
PsyD**
Rutgers University-GSAPP



Farzin Irani, PhD, ABPP-CN
AAA Neuropsychology, LLC



**Michele C. McKinnie, PsyD,
PC**
Big Sky Psychological
Consortium, PLLC



Cristi M. Salinas, PsyD
Hispanic Neuropsychological
Society



Keli Braitman, PhD
William Jewell College



Mindy J. Erchull, PhD
University of Mary
Washington



Rebecca J. Johnson, PhD, ABPP
Children’s Mercy Kansas City and
University of Missouri – Kansas
City School of Medicine



Marie Mesidor, PhD
Central Arkansas Veterans
Healthcare System (CAVHS)



Anne Shaffer, PhD
Department of Psychology,
University of Georgia



Meghan Butryn, PhD
Drexel University



Kasia Fuiks, PhD
California School of
Professional Psychology
at Alliant International
University



Niki Jurbergs, PhD
St. Jude Children’s Research
Hospital



Brenda Nash, PhD
Spalding University



Anita Sim, PhD, ABPP
Minneapolis VA Health Care
System



Erika Carr, PhD
Yale School of Medicine and
Connecticut Mental Health
Center



Michele Haley, PhD
TogetherWell



Gagan "Mia" Khera, PhD
Curry College



Holly N. O'Reilly PhD
Defense Health Agency



Dawn Vo-Jutabha, PhD
The Guidance Center

Spotlight on Success

Interviews conducted by Isabelle Orozco, HRT Program Coordinator



DR. ANITA THOMAS

Executive Vice President and Provost, St. Catherine University

Leadership Comes in Different Styles

What was your biggest takeaway from LIWP?

The most important piece for me was learning to move into myself as a leader. Ruth Fassinger was one of our faculty members and she talked about the difference between being an accidental leader and an intentional leader. The biggest thing for me that I learned is that leadership comes in different forms and styles. There is no such thing as a perfect leader, let alone a certain type of leadership traits or skills that a perfect leader must have. For me, it was about making the determination to be an intentional leader, and then seeking out leadership opportunities to hone my skills.

I'm definitely much more of a collective leader. There are a lot of African principles about understanding the roles of each member in the group and being able to strengthen each person, so the group functions effectively, as opposed to the solo leader and the followers. To maximize the success of the group, empower people so they focus on their resilience and work together as a team.

How did you apply your LIWP learning to your life and career?

Everything that we've learned in LIWP has real applications to my career. I accepted a dean position at the end of the second workshop, because I decided, "If I'm going to be a leader, I'm actually going to lead." So, everything that we learned in terms of how organizations run,

the importance of communication, the importance of transparency and flexibility, all of those served me well into the transition from the dean position to provost.

What's the best advice you've ever received?

To be an intentional leader. I think that as a person of color, we have stereotypes about what makes a good leader. And so, the idea that leadership comes in different styles, flavors, and approaches, and really owning that sense of leadership for myself, was probably the best advice that I've gotten. You can lead people based on your personality, your skills, your traits.

What advice would you give to other women who are midcareer leaders in psychology?

I would say two things: I think it's really critical that people have a good sense of what their passion area(s) really is/are and that they develop their professional goals around that. One of the things that I think we get caught up in is the actual roles, tasks, and responsibilities that we have in our positions and lose what fuels us, what gets us out of bed every day, what we are most excited about. Without keeping that center it's easy to get stagnant and really burned out. I have a mission statement that my dissertation advisor asked me to write. And everywhere I go—each job—it's always hanging up on some bulletin board or somewhere, and I need to look at it to remember, "This is why you're angry with

this person," or, "This has to get done and how can you get closer to that?" The second piece of advice really is that leadership comes in different styles. There isn't a perfect leader and there's flexibility needed to lead in different contexts. People laugh at me when I say this, but even Michelle Obama went to the White House with her mother and then she had aides and personal assistants. Even though I may identify with her as a leader, I remind myself that she still had a team of people, so it is important to remember that.

What can you share with your LIWP alumna sisters about what you learned about yourself as a leader in the process?

You know what? This is going to sound hilarious. I think I'm brilliant. That's something I've learned about myself in leadership and I will tell that to my faculty all the time. We'll be in a meeting and I'll be listening and then I'll propose, "Okay, this is where I think we should go," and people will respond, "That's a great answer," and I respond, "Yes, because I'm brilliant." But in all seriousness, I have learned to trust myself. And I will say to myself, "Anita, you are brilliant. If you have an answer, go for it. You can change it later if it's not right, it can be tweaked." I have learned to trust myself and really feel that I have skills and that that is why I was hired.



DR. DEBRA KAWAHARA

Associate Dean for Academic Affairs, California School of Professional Psychology, Alliant International University

Commit to Those Things That Are Meaningful

What was your biggest takeaway from LIWP?

The mentoring and networking are things I continue to use even now. I was in the first class and just the connection with women leaders that I have been able to make and the network I've been able to build has been valuable. Being able to reach out to that network for mentoring as I am making my own career trajectory, moving into different positions, and needing advice in certain situations has been important. I think that scaffolding mentoring, where you might get mentorship from people that are senior to you as well as from people that are at the same level, and trying to mentor and learn from those that are in an earlier stage of their careers, was really great because now I have this supportive network that I can reach out to. As an LIWP alum, I also feel like it would be easy for me to reach out to any of the LIWP Participant Leaders because we are all part of this institute. I'm always trying to recruit people that I think will be great for LIWP since I've learned so much from it and I feel it's my way of giving back and moving it forward.

How did you apply your LIWP learning to your life and career?

LIWP helped me build skills that I've continued to use in my career. Skills like negotiation, financial skills, and being able to navigate difficult, challenging, situations. LIWP allowed me to really look at myself and evaluate, professionally and personally, what skills I need to grow and expand. I realized I need the balance between my life and my

career. I mean, look at this pandemic: People are having to really negotiate life and career, because they're at home and less able to compartmentalize. Managing work-life balance is so important.

What's the best advice you've ever received?

I think the best advice that I got was, "Just go for things." Even if you think that you aren't ready for them or don't have all the skills, just go for it. And to expand and push yourself, which I really have taken on in terms of taking on leadership roles. I may not have known what the role entailed, but it resonated with me as something I wanted to do. Whether it's being the lead coordinator for the National Multicultural Conference or the editor of Women in Therapy, where I have the chance to publish scholarship, feminist, and women issues that might not be published otherwise. Even serving on the LIWP Advisory Committee: As soon as I was asked, I knew I wanted to do it. I know you are supposed to sit back and think about it, but it was just something that I wanted to do in my heart, so it was like, "Yes, I will commit to this and invest my time."

What advice would you give to other women who are midcareer leaders in psychology?

I think my advice is probably to figure out what you want to spend your time on. You can't do everything. Try to figure out what that sweet spot is and commit to those things that are meaningful and will actually help you get to where you want to be.

What can you share with your LIWP alumna sisters about what you learned about yourself as a leader in the process?

The phrase "collaborative leader" comes up when I think about defining myself. Within that collaboration are very much the feminist values of empowerment and looking at power dynamics. As a leader, I most get excited when I'm working with a group of people towards a goal or vision. And when you get synergy from the group, I feel like that's success. It's about knowing that within those group relationships you're moving toward something together. Both the outcome and relationships are important to me, and I infuse those values into my actions as a leader.

“I realized I need the balance between my life and my career.”



DR. KIM BALSAM

Professor of Psychology, Director of the LGBTQ Area of Emphasis, and Director of the Center for LGBTQ Evidence-Based Applied Research (CLEAR, Palo Alto University)

Take the Time to Figure it Out

What was your biggest takeaway from LIWP?

My biggest takeaway really is the assessment of my own leadership strengths and areas of growth, to really honestly what I bring to the table as a leader and what are my growing edges. I think that was a big takeaway. And just the idea of having leadership goals, which you could intentionally set to lead better. We often see men with privileged identities and power, and it seems like they are “our leader” or you just “do it” and thinking about it more developmentally. So, my strengths and areas of growth and how I could set goals to become a better leader, are my takeaways.

How did you apply your LIWP learning to your life and career?

While I went through LIWP, I was the Division 44 president (between 2016 and 2017), so it was a very tumultuous time politically, and especially with respect to the LGBTQ+ communities. I think that LIWP and my presidency dovetailed nicely and, in some ways, I directly brought some of the skills and ideas that I learned in LIWP to the division and intentionally began thinking about how I was leading.

One of my strengths is leading in a socially collaborative and connected way. I intentionally worked with constituents in building relationships, as opposed to just saying, “This is how it’s going to be, and I spent a lot of my presidential year meeting with and developing relationships with a lot of people. And I was able to accomplish a lot of initiatives during my presidential year. People told me at the beginning, “You’re dipping way too ambitious,” because I tend to think big, but through those collaborations I was able to take charge and do a lot of innovative things. Another big thing: the following presidential years, I was the chair of the Promotion and Tenure Committee at my university and again I intentionally went in with some leadership goals.

My performance got noticed. I was then tapped for a new role as a stipend department chair, and since 2018 it has really served as a foundation for leading. I think a lot of the stuff we learned back in LIWP about budgeting and managing people in the workplace didn’t really apply as a division president, because it was a volunteer organization, I’ve now gone back to some of those teachings and applied them to being a department chair for the last three years.

What’s the best advice you’ve ever received?

One of the foundations for my professional life was advice I got from my dissertation advisor, Dr. Esther Rothblum. She was a pioneer in LGBTQ+ studies and was one of the first clinical psychology professors to do work with LGBTQ+ populations. She advised me to aim high and just keep being persistent—this was mostly with respect to publishing. She would say, “Many times, women and other marginalized people take negative feedback really personally. For example, when an article gets rejected by a journal, they immediately assume they are flawed and have written a bad article.” Rather, we should take any kind of bumps in the road, any kind of rejection, as some feedback about how we can improve and continue being persistent and keep aiming high. I try to transmit that to my students. That as you go higher, you will experience disappointments. For example, sometimes people don’t like what I’m doing as department chair or as division president, but I can’t let negative feedback or the fear of negative feedback stop me from aiming high. Therefore, that was very foundational for me.

Another example is the main article that came out of my dissertation and was published in the Journal of Consulting and Clinical Psychology as the second LGBTQ+ article they ever published. We had to revise it four times they really wanted to reject it. I believe that without the guidance

of Dr. Rothblum, I would have just given up. Yet still to this day, it is my most widely cited article.

It’s really important talk about our failures and our vulnerabilities as we’re mentoring other people, especially if you add on minority identities. I identify as both woman and nonbinary and in my lab I work with majority LGBTQ+ students, many of whom are first-generation, because there is research that shows LGBTQ+ people are often the first person in their family or more likely to go to college than heterosexual people. I finally put together that that is probably why I seem to have a disproportionate number of first-generation college students. I also work with a lot of students of color and so there are many marginalized identities and this idea that you have to be perfect and get everything right or you’re going to be totally thrown off track creates a lot of paralysis for people. So, I do try to role model that you can fall down and pick yourself up and that doesn’t make you less strong or mean that you’re an imposter and you don’t belong absolutely.

What advice would you give to other women who are midcareer leaders in psychology?

I am really approaching the end of midcareer and my career path is a little unconventional because I worked for five years with my master’s degree and then went back for my PhD. Therefore, I felt like I was midcareer even when I technically was not 10 years post PhD since I had done five years of clinical work. The advice I would give is to take time to figure it out. With my career, I felt there was a fork in the road where I could have kept doing the things I was good at, or I could try to elevate to the next level and pursue more leadership positions. There are pros and cons, and at midcareer you should think about what direction you want to go, whether it’s being a professor, a clinician, a consultant, or whichever role you’re playing.

Now that you have this much professional experience, you may have something to give back in terms of leadership, and that would be another piece of advice for midcareer women. Keep on mentoring—and even though it’s harder to find mentoring when you’re at this stage because there are not as many people that have experience above you—continue to actively seek it out wherever you can get it. Sometimes it’s just a few tidbits of wisdom here and there.

I really believe in lifelong mentoring and there’s no way I would have been able to accomplish the things I have in the last few years without mentoring from people who have more experience. Sometimes it’s just informal friends who were a department chair or associate dean, and sometimes it’s formally setting up meetings with people.

What can you share with your LIWP alumna sisters about what you learned about yourself as a leader in the process?

One thing that we have been talking about in the Advisory Committee is thinking about leadership of marginalized people as a social justice tool and asking questions like, “Why are we doing leadership training?” We have been discussing whether we are just training women and even trying to define what women are. Are we just trying to get people into power in male-dominated structures? Or are we trying to promote social justice and transform the system?

I’ve learned that leadership is important because it’s in the service of social justice, of making our profession more inclusive and more equitable, and of elevating the voices of marginalized groups—and making our society do the same. I don’t want to be a leader just to have power; I want to be in positions of power so that I can help further those causes from a higher vantage point and with more tools at my disposal.

Any other advice for your LIWP sisters?

This year, visibility matters and if you are at all inclined to go into leadership, I would encourage you to do it—especially people who have more marginalized identities, whether it’s being a person of color, an immigrant, part of the LGBTQ+ community, or a first-generation college student with a disability. When I became a department chair, I wasn’t thinking, “Oh, I’m an LGBTQ+ department chair,” but other people—students and early career professionals—would comment they had never seen an LGBTQ+ person who’s in a position of power.

It makes a difference and you’re paving the way for the people after you. Build a network, get mentoring, and offer mentoring too.



DR. CIELIA HARTANOV

Founder and Managing Director of humcollective (intentionally lowercase)

Learning Communities are Critical for Any Learning Path

Why were you interested in joining the LIWP Advisory Committee?

There is a wide open opportunity for women to enter more into the corporate space and create more organizational effectiveness. So I'm interested in the corporate angle and in helping those women who are in the corporate world and are doing IO psychology and other things in corporations be more effective, and also in illuminating that there is opportunity for psychologists in corporations.

What do you think you bring from the corporate sector?

I have spent all of my career in corporate; this is all I know. There are a few things that I bring to the table.

First, an understanding of what corporations are looking for and how the corporate environment shapes what psychologists bring to the table. So, that's one piece of the puzzle. The other piece is an understanding of how theory is used and how it needs to be examined in terms of a corporate environment.

In your experience with community building, how does that apply to women's leadership?

We learn through one another that this is just fundamental to the human experience, but I think we can offer support and safe space where people can learn together and be vulnerable. What is great about this program is that it offers that space for women specifically. I believe that learning communities are critical for any learning path but building a place where women can do this together is absolutely fundamental to be able to change and grow as a professional.

Especially in a space that is male dominated, creating a space for women is vital.

This is something that we are seeing across the board in corporations. Most of the C-suite

are men, and one of things I think about in the corporate environment is how to create conditions so that women can grow and thrive in the same way that men have been able to climb the ladder. Part of that is building a holding environment so that women have a safe space to talk about the challenges that they face, learn new ways forward, and really have a place of care. That's not the only thing that provides an opportunity to grow and flourish in a corporate environment, but certainly the network is important, because it's not always easy being a woman in corporations.

How did your training in psychology bring you to Google and how were you successful in that role?

When younger people in their career call me and ask, "How did you get the job?" I always say a few things: I was working and going to grad school simultaneously, so it took me forever to finish my doctorate, but the upside to that is that I was taking theory and I had somewhere to apply it and move it into practice. What that taught me is that you can't just overlay a theory or something that we think makes sense onto an organization; it doesn't work that way. And because I spent a lot of time building a theoretical foundation, I understand the foundation of human behavior. And because I worked in industry for a long time, I know how to use that, so it is valuable to the organization and how to adjust it for the particular organization I'm working with. So that's one piece of the puzzle that I would say helped me get the job at Google: I understood and had an academic background, but I could prove that I could use it and that it could be valuable to the organization.

The second piece is that part of how I got the job at Google was through my network. You asked about communities and one aspect of that is about learning together, but who you know also helps you get jobs. Someone I didn't know very well, but was adjacent to my main network and

community, worked at Google and introduced me to an opportunity. The network really matters: Keep an eye on who you want to be in conversation with and in contact with. Not from a standpoint of using one another, but of how we can embolden one another. That's how I view networking: How can we give to one another?

I've had to change my perspective with my relationship to networking. I didn't always feel this way and I think many women maybe back away from it or feel there is something wrong with networking, but if you do it in a way that comes with the intention of care and giving, I think it can be quite valuable.

The third piece, I would say, is that I said yes. This is something in my career that I try to do many times. The job I ended up getting at Google wasn't the initial job I had applied for. Just through conversation, another opportunity emerged and looked like it was a really important role for Google, but it required me to move to London. So, I left California and moved to London for this role because I said yes. And some of it is just luck, but when luck presents itself, saying yes, I think, is a good way forward.

What is the next stage of your life after Google?

I just left Google after being there for eight years. After almost two decades of working in the tech sector, I am going out on my own and building a strategy firm that focuses on how organizations adapt and change at the pace of future and work. What that really means is helping small to large organizations build cultures and leadership practices that embolden employees and deliver on the promise of a new modern workplace. Part of the reason why I left Google is that Google is a large organization with lots of resources to explore what it looks like to transform the workplace. Not every organization has the ability to bring this in-house. So, my view really is that if we want to make work better, more joyful,

more humane, the entire system and all organizations need to change how they think about building their culture and organizations. I want to be able to bring all I've learned at Google and in the tech industry to different organizations at different stages in their life cycle so that we are really upleveling work itself.

And when people think of working in the tech industry, they think of all the perks, unlimited vacation time etc. And those perks are interesting. Do they create joy? Do they embolden people to bring their best to work? Perhaps, but we also need to look at the wider systems and structures and really the culture we are creating. And that's a wider effort beyond a ping pong table or a pizza party.



DR. MICHI FUI

California School of Professional Psychology, Alliant International University

Don't Hesitate to Look for Diverse Mentoring

What was your biggest takeaway from LIWP?

The biggest thing is that there are different leadership styles and different leadership methods for various stages of one's career. And that, even though I did not have a lot of role models in my own life, there are a lot of folks that are willing to extend themselves to give me information. So, opening myself up to being mentored by different folks, and by peer mentors as well, can actually be much more helpful than trying to work within one's own system and trying to find the answers within one's own university, because that may not get you as far as this network of other women who've already gone through the steps.

How did you apply your LIWP learning to your life and career?

Well, I managed to apply for a promotion and I managed to successfully apply for sabbatical as well, and it completely changed my life. Because of that, I now can consider myself an international psychologist because I've spent a year at another university [in Taiwan] teaching in another language. Before that, I dabbled and did one workshop, but that didn't count as anything. I couldn't just jump over to a relaxation getaway and say I'm an international psychologist now. But after spending a year taking Mandarin lessons and working through interpreters, I can now be in another setting and still use psychology to help other populations. It really did transform my personal life because it enabled me to have a whole new life I didn't think of. Because of sabbatical I applied for citizenship in another country and got it, and I was able to start an improv group and a bunch of other things. But it was really because LIWP encouraged me to apply for promotion, even though no one in the past had tapped me on the shoulder and said, "You should apply for sabbatical because that's one of the perks of being on faculty." Because other people gave me the permission, I thought it was something I should look into.

Do you still do you still go back and visit Taiwan?

I do. I chose Taiwan because I could have sab-batical anywhere in the world. At home, I could have just been writing my book. But I chose Taiwan because my mother retired there and it actually worked out very well because before the pandemic hit, I would think, "Well, I already have a U.S. citizenship, why should I bother to apply?" But having the Taiwanese citizenship has been the only way I can travel now.

Maybe LIWP did not give me all these things, but had they not pushed me, I would have quit academia. I was very discouraged by our administration, which was making a lot of decisions that made it more difficult to justify being there. They went from being a nonprofit to a benefits court. So, I started an exit plan and when LIWP came into my life, I was in the middle of a lot of career transitions. I thought, "Why the heck not? All these mentors are telling me you need to go explore, be unapologetic." I carved out my plan and decided to take the sabbatical and if I came back to my administration and it remained the same, I would leave. The encouragement made me feel like I had options.

What's the best advice you've ever received?

I was a student and the president of the Asian American Psychological Association was female. I was a student board member, so I think it was in my early or maybe mid-20s and basically I knew nothing. Therefore, anytime someone asked if anyone wanted to work on a project, I would say yes. And Gayle Iwamasa, who would later on be in LIWP cohort seven with me and at the time was president, taught me an important lesson. I distinctly remember when I jumped in to volunteer for something and she interjected and said, "Absolutely not." She said, "We need to protect this woman because she's still a student: She doesn't know how to say no yet."

She taught me how to protect my time. One of the best pieces of advice that I've ever received happens to have been from an LIWP sister, but it was really to learn how to say no, and to be very discriminatory about how we spend our energy.

What advice would you give to other women who are midcareer leaders in psychology?

I suppose a plug that I can genuinely give is, join LIWP. Maybe for some it's not feasible due to childcare, finances, and what-have-you, so don't hesitate to look for mentoring and diverse mentoring too: Don't put all your eggs in one basket. But if you can attend LIWP, it is the most efficient way of trying to get your career to move in another direction. There are other leadership or mentoring kinds of programs that I also have been involved in that have done a lot for my career too. For example, current APA president, Dr. Jennifer Kelly, ran one for the diversity delegates. If you can't join LIWP, diversity of delegates was funded my year so that makes a difference for some folks. I know for early career psychologists there's a Leadership Development Institute from the Council of National Psychology Associations for the Advancement of Ethnic Minority Interests. There are all these other pathways but if you're looking specifically for intersectionality of gender plus another identity, LIWP is a really great pathway.

What can you share with your LIWP alumna sisters about what you learned about yourself as a leader in the process?

I had an answer here and it is still true: Embrace different leadership styles and know when to use them for different settings. That's been tremendous. Another one is having an elevator speech and knowing when to customize that elevator speech for the various contexts that we kind of flow in and out of. This was especially important because during the evening reception on day one, I remember them saying,

"Everybody gets one minute." They were not kidding around: They literally yanked the microphone out of someone's hand. And that is how it is in the real world. So, being able to distill a very brief bio and deliver to various audiences was a skill that I didn't realize would serve me so well in various contexts.

Okay, so those are the two on paper, and it's also helpful, I think, to have an attitude of humility. Being a leader who's curious and willing to learn has been very helpful to me. In the past, I felt like there's no room to not know, you just had to do it; now I realize you can give yourself some grace and you can say out loud that you're just as scared and clueless as everyone else. Maybe I have the project management skills, I just don't have the actual content skills to drive a project. I realized being humble means being curious, as well as being able to ask for help. So, being able to collaborate with others that complement our styles seems to be a better way to operate as a leader.

I wish to thank the faculty and the coordinators of this program, especially the staff who work so tirelessly to make sure that it's like a seamless experience for the Participant Leaders.



DR. SARAH BURGAMY

Clinical Psychologist and Founder of PhoenixRISE

Showing Up Authentically

What was your biggest takeaway from LIWP?

That is not very hard to answer: honestly, the connections. I think many of us in psychology are relational by nature. It truly is about making contact and because I participated in a year where it wasn't a global pandemic, I had the opportunity to be in a room with so many wonderfully accomplished people. Not just accomplished, but driven, transparent, and honest about the things about which folks were insecure, challenges in the field, or just the personal and professional dovetailing together. There were folks from a lot of different backgrounds, and those connections have persisted to where, for example, during conventions (and in the case of last year's virtual convention), I would find myself in sessions chatting with my LIWP alumna. It is a network of really amazing individuals.

And you support each other as well, because many of you may be going through the same trajectory.

Yes, even looking back to the goals I had during LIWP, what I was articulating, and what I was up to. It's interesting because since then I've met the goal I had set because I thought that's where I was heading, and then I changed directions again. In some ways, being a part of LIWP and having an open conversation gave us a lot of permission to say, "You know, I set a goal, I achieve that goal, and I decide if that will be the be-all end-all or set a different goal." And it doesn't even have to be in the "field". It can be a quality-of-life goal, which has come in handy in the past year.

How did you apply your LIWP learning to your life and career?

A little less tangibly than sitting down, setting a goal, and looking at that goal. I do think there's

a real power in setting goals and saying, "Why don't you sit down, put some dates on the calendar, or set some expectations for yourself?" Because I will say that after getting out of grad school and having no one other than my clinical advisor look over my shoulder anymore, no one would tell me, "This is where you need to go and this is what you need to do." I would then create goals in my head and set an intention of going in that direction, and if I miss it, it's not a failure, it's a checkpoint, which is what LIWP helped me with. I am a lifelong athlete (rugby and swimming) and with swimming it's constantly achieving and doing my best, but I just stopped making those types of goals and somehow that did not translate into my professional life. So, there is some real power in setting an expectation and seeing where you go, where it takes you. The less tangible part is the permission to not know—learning that it's okay to not know. It's okay to have an idea that you think you're aiming for and then to change your mind.

What's is the best advice you've ever received?

I shared with you that I recently lost my 100-year-old grandmother, who was a big figure in the family. She was the most well-read individual I ever met. She had all of her kids and went back to school and was an all-but-dissertation English PhD. She won blue ribbons for her knitting. She had things that were your traditional grandma things, and then she also read my dissertation on gender identity and asked questions—mind you, she was born in the 1920s. So, I was reflecting on that, on the strong female presence in my life, and also on why I am so passionate about gender inequities, and I thought, "It's no accident, I have these role models." Not just my grandmother: My mother is a formidable person and emotionally was my compass for my whole life. It was

really causing me to think that you don't just show up in the world and or show up from the ether, you come from people that influence you positively or a mixture. But I was feeling a real grounding being there, in the plains of Texas for my grandmother's funeral, which is not where I grew up, but sort of that sensibility of looking around thinking, "Gosh, my family has been in this land for a long time and now I'm not sure when I'll be back and why," and it was a really weird sensibility of, where do we anchor? And do we always anchor in places where we always stand? And I think the answer is no.

Even my involvement with LIWP, even though it was a year of involvement enrolled in the leadership program, I think of it as little anchors you throw out and your little anchors stay there, even if you're not there. And I think that is why when I was asked to be part of the LIWP Advisory Committee it wasn't hard to decide, because I had an anchor there, it wasn't a new connection. And to me, whether that's the plains of Texas, the Colorado mountains, or something like LIWP, I have a tendency to follow those lines back to where I've had something influential occur.

And this has been shared many times before, that AC members want to give back because LIWP has given them so much.

I think of some of the folks that started LIWP before it was LIWP—for example, Helen Coons is one of the first people I met when I joined APA Council as the Colorado representative. I was seated at the table with Helen, and I didn't know her, but after I got to know her, she kept putting things in front of me. The experience I've had with this is that the person sees something in you but doesn't tell you, they just put things in front of you and ask, "What do you think of this?" That's how I ended up in Coun-

cil as the president of my state association, because someone asked, "Don't you think you should run?" The fact that somebody else says it's possible—it matters. Sometimes we blaze trails where we aren't "supposed to," but a lot of times, someone just tells us, "Do you want to go in that direction? You should go in that direction; I'm not blazing the trail for you but I can walk with you." I don't know what prompts people to do that, but it's not a job. To me, the part where I joined the AC, it was not only this giving up, but it was this sense of that same experience repeated. You must see something and maybe I feel it too, and even if I don't know what exactly it is that I'm bringing with me, let's find out.

What advice would you give to other women who are midcareer in psychology?

What I find tricky about giving advice is that there is such a self-reference component: I go back to something that's been helpful to me that may not be helpful to the next person. Because I'm so focused on my own life, on how to remember that I don't have to have a unidimensional life, that my life doesn't have to be majority career or majority family, really anything. I think sometimes, being on an achieving track, I put blinders on the sides of my face and look ahead and forget to walk the dog just because I like walking the dog, not because the dog needs to be walked. So, right now I'm in this reflective part of my midcareer where I think, "Okay, well here I am," and I guess the advice I'd give is, it's okay to give inventory. I catch myself saying to my clients a lot, "Just because you can doesn't mean you should."

What can you share about your LIWP alumna sisters about what you learned about yourself in the process?

What got reinforced for me was showing up au-

thentically—and it's not just valuable, it's been "the thing" that's really informed my notion of leadership. Especially as somebody that is gender nonconforming or androgynous, where I identify as a woman but my experience with gender is not always quite so binary and simple. Growing up, that was challenging: There is this sort of permission to be yourself up to a point and then people say, "Okay...." It's a weird hourglass, where it starts wide and we let kids be rambunctious and expansive, and then we do this thing where we pinch the middle and go, "Now you have to figure out what the rules are, what you're supposed to do, what you're supposed to be." I think there is value in that to a degree because there's a certain level of learning how to do that in a way that allows you to walk comfortably in different spaces and navigate, and it also teaches you how to get into those spaces and expand again. And I think that that's been the most important thing I've learned about myself, having both competencies, of authenticity and expansiveness, but also having the competency of knowing and reading what's happening in this space. When you put the two together you have more options. And I'm surprised at times that by doing that, people listen. It's an interesting thing where you join any cultural environment, if you're able to take inventory and ask, "Where am I?" then you can find a way to show up in that space in a way that people think, "Oh you sort of understand where you are and who you are. You're able to do both pieces." I don't think that's always easy or possible. I think I have a lot of arenas of personal identity where I have a lot of privilege and a lot of leverage. And then I think it's maximizing those areas of privilege to bring the other parts of myself to make space for other people who may not have the same access.

Any other advice for your LIWP sisters?

The only thing I would add is that the usage of negotiating language is sort of a challenge where I want to reference the language of "women" and "woman," and at the same time I want to move away from it, so I live in this tension. Because I think we're living in a very interesting time, not just in LIWP but in general, and what's exciting about it is that we're having these very complicated and meaningful conversations: What does it mean to be a Leadership Institute for Women in Psychology? What do we mean by that and who do we mean? And I think we're navigating that now; it'll be just interesting to see where we go.

LIWP 2021

Leaders In the News

Dr. Maysa Akbar was featured on NBC Connecticut’s evening broadcast in a segment titled, “Experts: Taylor Case Could Bring Emotional Toll,” on September 24, 2020. Dr. Akbar was called on for her expertise in urban trauma and equity and was asked to comment on the effect of the lack of grand jury indictments in the Breonna Taylor case. Dr. Akbar spoke to the traumatic nature of incidents like the murders of Breonna Taylor and George Floyd, and referenced historical periods that included Jim Crow Laws and slavery to illustrate the impact of the Kentucky Grand Jury’s decision not to indict Taylor’s killers. She noted that members of the public may benefit most from seeking help from counselors versed in cultural trauma. To watch the segment, visit <https://www.nbcconnecticut.com/news/local/experts-taylor-case-could-bring-emotional-toll/2337314/>

Dr. Carolyn Allard was featured in a KPBS news segment titled, “The Death of Spec. Vanessa Guillen Sparks a Movement,” by Military Reporter Steve Walsh on August 3, 2020. Dr. Allard spoke about the importance of believing people who report sexual harassment and talked about the importance of response when a person discloses sexual harassment. To listen to the original piece, visit <https://www.kpbs.org/news/2020/jul/30/death-spec-vanessa-guillen-sparks-movement/>

Dr. Kimberly Ruth Jacob Arriola was featured in a *U.S. News and World Report* article titled, “Pandemic, Protests Cause Racism to Resonate as a Public Health Issue,” by Joseph P. Williams on July 8, 2020. Dr. Arriola’s work in improving the health of marginalized populations and communities of color was noted in the article and she encouraged readers to remember that since racism occurs on multiples levels, combatting it requires work on multiple levels and requires a redistribution of power, wealth, and resources. She noted that though such tasks are difficult, they are far from impossible. To read the article, visit <https://www.usnews.com/news/healthiest-communities/articles/2020-07-08/racism-resonates-as-public-health-crisis-amid-pandemic-protests>

Dr. Lamia Barakat is collaborating on a grant-funded project led by Dr. Lauren Daniel to pilot a program aimed at increasing comfort levels and improving the sleep of pediatric cancer patients. The program, titled, “Disrupted Sleep and its Association with Symptom Burden and Reduced Engagement in Supportive Care in Pediatric Stem Cell Transplant Patients,” was featured in a Rutgers-Camden News Now article by Tom McLaughlin on February 13, 2020. To read the

article, visit <https://news.camden.rutgers.edu/2020/02/pediatric-cancer-patients-may-experience-improved-comfort-thanks-to-researchers-new-grant-funded-project/>

Dr. Lisa Barnes was quoted in a *Neurology Today* article by Susan Fitzgerald on June 18, 2020 titled “Living in Racially Segregated Neighborhoods May Not Be Good for Cognitive Health.” Dr. Barnes spoke about a recent CARDIA study used for the racial residential segregation analysis in the article and spoke to the health-promoting behaviors in minority neighborhoods that are highly segregated. She also noted the research that shows a lack of lasting businesses in African-American communities. To read the full article, visit https://journals.lww.com/neurotodayonline/fulltext/2020/06180/living_in_racially_segregated_neighborhoods_may.9.aspx

Dr. Eliza Belle was quoted in a *Readers Digest* listicle by Charlotte Hilton Andersen on July 10, 2020, titled, “40 Things to Stop Believing About Yourself After 40.” One thing Dr. Belle says on what you should stop believing about yourself? “This is the worst thing that ever happened to me.” To read the listicle, visit <https://www.rd.com/list/things-to-stop-believing-about-yourself-after-40/>

Dr. Julie Bindeman was quoted in a *Washington Post* article by Allyson Chiu on October 2, 2020, titled, “Twitter critics attacked Chrissy Teigen for sharing her pregnancy loss. Here’s the right way to respond.” In the article, Dr. Bindeman spoke about bereavement and lived experience with pregnancy loss. To read the article, visit https://www.washingtonpost.com/lifestyle/wellness/baby-loss-chrissy-teigen-support/2020/10/01/4ca71760-03f4-11eb-897d-3a6201d6643f_story.html

Dr. Annmarie Caño published an article titled, “How to show empathy to loved ones when you also feel the strain of safe distancing,” on May 1, 2020. The article was published in several news outlets and addressed relational flexibility and ways to develop relational flexibility skills. The article can be accessed at <https://www.todayonline.com/commentary/how-show-empathy-loved-ones-when-yourself-feeling-strain-covid-19-safe-distancing>

Dr. Joan Cook published an opinion piece in *Newsweek* on October 20, 2020, titled, “I’m a Trauma Psychologist. Even After Trump, We Can Emerge Stronger.” In her piece, Dr. Cook spoke about the lasting harm that can be caused by events like the ones we experienced

in 2020 and advocated for a mass public process of post-traumatic growth. To read the full article, visit <https://www.newsweek.com/im-trauma-psychologist-even-after-trump-we-can-emerge-stronger-opinion-1540423>

Dr. Jameca Woody Cooper was featured in a USA Today article by N’dea Yancey-Bragg on October 6, 2020, titled, “Scaled down National Night Out continues amid coronavirus, unrest over police brutality.” Dr. Cooper’s work with victims of police brutality and protesters in Ferguson, MO, as well as her involvement with community policing training in St. Louis, MO, made her the ideal expert for this article about the effects of COVID, police brutality, and civil unrest in 2020. Dr. Cooper specifically spoke to the unique challenge of improving community relations during the racism and COVID syndemic. To read the article, visit <https://www.usatoday.com/story/news/nation/2020/10/06/national-night-out-scaled-down-amid-covid-police-brutality-protests/3626611001/>

Dr. Leslie Cramblet Alvarez was featured in a Denver University news article by Lorne Fultonberg on October 1, 2020, titled, “Lights, camera, classroom: Professors and students adapt to new classroom environment.” In the article, Dr. Cramblet Alvarez speaks about her experience with the university’s switch to distance learning. To read the article, visit <https://www.du.edu/news/lights-camera-classroom-professors-and-students-adapt-new-classroom-environment>

Dr. Priscilla Dass-Brailsford was featured in an ABC article by Ella Torres on May 16, 2020, titled, “Psychological toll of reopening to further divide between ‘haves’ and ‘have-nots.’” Dr. Dass-Brailsford spoke about the ways that the socio-economic divide has been deepened by the pandemic and the toll of the pandemic on essential workers. To read the article, visit <https://abcnews.go.com/Health/psychological-toll-reopening-divide-haves-nots/story?id=70654413>

Dr. Lyne Desormeaux published an article in *Forbes* on October 5, 2020, titled, “Rethinking Diversity: Carrying The Torch.” In the article, Dr. Desormeaux honored our colleague and beloved LIWP 2020 Advisory Committee Vice-Chair and faculty member Dr. Jean Lau Chin. Dr. Desormeaux wrote about the Leadership Diversity Summit of 2013, antiracism, the current state of diversity in leadership, and the ways in which we can all continue to advance diversity in leadership. To read the full article, visit <https://www.forbes.com/sites/forbescoachescouncil/2020/10/05/rethinking-diversity-carrying-the-torch/?sh=59d47f1f6d93>

Dr. Vanessa Downing was featured in an article in the *Providence Journal* by the American Heart Association News Office on September 10, 2020, titled, “Try, try again: Building resilience during the pandemic.” Dr. Downing was approached for this article due to her expertise and years of work helping heart patients and caregivers become more resilient and her work as the director of the Christiana Care Center for Work Life Wellbeing. In the article, Dr. Downing speaks to the importance of understanding both the meaning and development of re-

silience. To read the article, visit <https://www.providencejournal.com/story/lifestyle/health-fitness/2020/09/10/try-try-again-building-resilience-during-pandemic/42454663/>

Dr. Ramani Durvasula was featured in several 2020 episodes of the hit talk show, *Red Table Talk* starring Jada Pinkett Smith, Willow Smith and Pinkett Smith’s mother, Adrienne Banfield-Norris. On March 25, 2020, Dr. Durvasula joined the show for the first time with strategies for managing the emotional toll of the COVID-19 pandemic. On October 13, 2020, Dr. Durvasula returned to the table to discuss the effects that mom-shaming can have on families. On November 20, 2020, Dr. Durvasula sat down with star Will Smith in a special episode as he took over the table. Dr. Durvasula helped Smith process a difficult and emotional conversation with Janet Hubert, Smith’s castmate on the 90’s TV show *The Fresh Prince of Bel-Air*. You can catch those episodes on Facebook Watch, or you can navigate directly to each episode with these links:

<https://www.facebook.com/redtabletalk/videos/658414061639561/>

<https://www.facebook.com/redtabletalk/videos/2273074566171178/>

<https://www.facebook.com/redtabletalk/videos/3823074501060289/>

Dr. Asia Eaton was profiled in an FIU News article by Ayleen Barbel Fatal on July 29, 2020, titled, “Professor launches study to examine cyber sexual violence risk during COVID-19 pandemic.” The article detailed Dr. Eaton’s study of the way the shift to web-based communication has affected cyber sexual violence among adults in the United States during the COVID-19 pandemic. Dr. Eaton’s collaboration with legislators, tech companies, law enforcement providers, and social service providers on her interdisciplinary, translational research is detailed in this piece. To read it, visit <https://news.fiu.edu/2020/professor-launches-study-to-examine-cyber-sexual-violence-risk-during-covid-19-pandemic>

Dr. Kathryn Ecklund was quoted in an Azusa Pacific University news article by Heather Nelson on October 27, 2020, titled, “Remote Learning Tips: Taking Advantage of Live Virtual Class Time.” To read Dr. Ecklund’s tips about taking screen breaks and creating a successful study plan for remote learning, visit <https://www.apu.edu/articles/remote-learning-tips-taking-advantage-of-live-virtual-class-time/>

Dr. Katherine Fiori was quoted in a *Body and Soul* article by Felicity Harley on September 9, 2020, titled, “I talked to 30 strangers in a week and this is what I learnt.” In the article, Dr. Fiori discusses her studies on social networks and speaks about her findings that activities with low-level social commitment and casual engagement are good for emotional and physical health and can lead to greater life satisfaction. To read this article, visit <https://www.bodyandsoul.com.au/mind-body/wellbeing/i-talked-to-30-strangers-in-a-week-and-this-is-what-i-learnt/news-story/ae15dfef92a34cf26af63631af342a4b>

Dr. Lisa Flores was quoted in an article in *Diverse Issues in Higher Education* by Sara Weissman on August 7, 2020, titled, “Students and Faculty of Color Petition Against Leadership Change at Mizzou’s College of Education.” In the article, Dr. Flores voices her support for the former Dean of Mizzou’s College of Education. Dr. Flores particularly notes the former dean’s commitment to giving minority faculty a seat at the table at the university. To read more, visit <https://diverseeducation.com/article/186472/>

Dr. Michi Fu was quoted in a *Washington Post* article by Alyssa Fowers and William Wan on June 12, 2020, titled, “Depression and anxiety spiked among black Americans after George Floyd’s death.” Dr. Fu spoke to the rise in hate crimes and harassment directed towards Asian-Americans during the pandemic. To read the article, visit <https://www.washingtonpost.com/health/2020/06/12/mental-health-george-floyd-census/>

Dr. Abbie Goldberg was featured on a WGBH News broadcast on December 14, 2020, hosted by Arun Rath and Amanda Beland, titled, “In it Together.” On the show, Dr. Goldberg details the challenges facing divorcing and adoptive families during the pandemic. To listen to the broadcast, visit <https://www.wgbh.org/news/local-news/2020/12/14/at-least-we-have-each-other-local-covid-19-long-hauler-finds-community-of-support-in-recovery>

Dr. Robin Henderson was interviewed for a *Regal Courier* article by the Providence Foundation media team on October 12, 2020. Dr. Henderson spoke about the effect of the COVID-19 pandemic on people’s mental health, her role at the Providence Foundation, and the importance of philanthropy to her work. To read the article, visit <https://pamplinmedia.com/rc/64-features/483851-390166-people-of-providence-meet-robin-henderson>

Dr. Melanie Hetzel-Riggin was profiled for an article in *Penn State News* by Heather Cass on August 4, 2020, titled, “Pandemic provides a case study in resiliency, says psychology professor.” In the article, Dr. Hetzel-Riggin describes the way she turned a course she was teaching at the start of the pandemic into a real-time case study. To read the article, go to <https://news.psu.edu/story/627587/2020/08/04/academics/pandemic-provides-case-study-resiliency-says-psychology-professor>

Dr. Karen Ingersoll and her colleague, Dr. Rebecca Dillingham were featured in a *UVA Today* article by Jane Kelly on February 13, 2020, titled, “UVA’S 2020 Innovators of the Year Create Groundbreaking HIV Treatment App.” The article was about the app developed by Drs. Ingersoll and Dillingham, PositiveLinks. The PositiveLinks app helps HIV and AIDS patients track their medical care as well as their mood and stress levels. To read about this innovative new app, go to <https://news.virginia.edu/content/uvas-2020-innovators-year-create-ground-breaking-hiv-treatment-app>

Dr. Charmain Jackman was quoted in a *Bustle* article by Emma McGowan and Jay Polish on March 24, 2020, titled, “A Step-By-Step

Guide To Doing Therapy From Home.” In the article, Dr. Jackman offers advice for choosing a therapist and engaging in telehealth. To read the article visit <https://www.bustle.com/wellness/how-to-do-therapy-from-home>

Dr. Yo Jackson was quoted in a *New York Times* article by Stacey Steinberg on May 7, 2020, titled, “How to Keep Children’s Stress From Turning Into Trauma.” In the article, Dr. Jackson stresses the importance of nuance when gauging the suffering of children living in homes with high risk factors. To read the article visit <https://www.nytimes.com/2020/05/07/well/family/coronavirus-children-stress-parents.html>

Dr. Jodi Polaha Jones was profiled in a *Johnson City Press* article by Robert Houk on Feb 8, 2020, titled, “Jodi Polaha Jones wears many hats in life.” The article highlighted Dr. Jones’ first term on the Washington County Commission and her story feature in the original play, *Life Lines*. The play, which ran from February 28, 2020, to March 8, 2020, at the McKinney Center in Jonesborough, TN, features stories of real people in Tennessee. Dr. Jones’ story included not only her work as a psychologist, researcher, and assistant professor at East Tennessee State University and her service as a Washington County Commissioner, but also detailed her experiences as a long distance swimmer who crossed the 12.5-mile length of Lake Watauga in eight and a half hours. To read more, visit https://www.johnsoncitypress.com/living/jodi-polaha-jones-wears-many-hats-in-life/article_3d262ced-6242-5fb3-9f01-6c4b41585ab5.html

Dr. Debra Kawahara was quoted in a *Fast Company* article by Stephanie Vozza on September 11, 2020, titled, “These 5 myths about resilience might be hurting your ability to cope.” In the article, Dr. Kawahara reminds readers that the nation is dealing with more than just a COVID pandemic. The United States is also struggling with a racism pandemic and disparities in health and socioeconomics. To read more, go to <https://www.fastcompany.com/90547087/these-5-myths-about-resilience-might-be-hurting-your-ability-to-cope>

Dr. Brigitte Khoury was quoted in a *United Nations Population Fund News* article (author unknown) on August 13, 2020, titled, “Amid wreckage in Beirut, health and psychosocial needs are paramount.” In the article, Dr. Khoury discusses the critical mental health needs of Beirut citizens after the city was rocked by a massive ammonium nitrate explosion on August 4, 2020, that left hundreds dead and wounded and damaged or destroyed dozens of health and medical facilities. To read the article, visit <https://www.unfpa.org/news/amid-wreckage-beirut-health-and-psychosocial-needs-are-paramount>

Dr. Julie Koch was quoted in an *MDLinx* article by John Murphy on November 5, 2020, titled, “10 popular self-help books every doctor should read.” In the article, Dr. Koch praises a book written by her colleagues Thomas M. Skovholt and Michelle Trotter-Mathison. To read the article, visit <https://www.mdlinx.com/article/10-popular-self-help-books-every-doctor-should-read/6ZC1T1EjhCZw9JiyEKuY7n>

Dr. Keely Kolmes was quoted in a *Los Angeles Blade* article by Kathi Wolfe on November 22, 2020, titled, “Bah, humbug! Pandemic exacerbates holiday blues.” In the article, Dr. Kolmes discusses the challenges often faced by members of the queer community when they return home for visits during the holidays. To read the article, visit <https://www.losangelesblade.com/2020/11/22/bah-humbug-pandemic-exacerbates-holiday-blues/>

Dr. Erika Lawrence’s work was referenced in a *Psychology Today* article by Jason Whiting on October 30, 2020, titled, “The Secret to Energizing Your Long-Term Relationship.” The article drew heavily from Dr. Lawrence’s 2013, study “Is Skills Training Necessary for The Primary Prevention of Marital Distress and Dissolution? A 3-Year Experimental Study of Three Interventions.” To read the article, visit <https://www.psychologytoday.com/us/blog/love-lies-and-conflict/202010/the-secret-energizing-your-long-term-relationship>

Dr. Noelle Lefforge was featured on ABC affiliate KTNV Las Vegas in a segment by Jackie Kostek titled, “After recovering from COVID-19, UNLV professor shares experience,” which aired on March 30, 2020. In the segment, Dr. Lefforge speaks personally about her experience in contracting COVID-19 while attending work conferences in New York and Washington, DC in February and March, and what it was like to receive treatment, be in quarantine, and recover from the virus. To watch the segment, visit <https://www.ktnv.com/news/coronavirus/after-recovering-from-covid-19-unlv-professor-shares-experience>

Dr. Ya-Shu Liang published an op-ed in the *Fresno Bee* on September 07, 2020, titled, “Sisters, put your name first on 2020 Census in honor of women’s suffrage.” In the piece, Dr. Liang alerted readers to the fact that the information collection on the United States census questionnaire is centered around whoever’s name is entered first for households completing the form. As a result, individuals listed second on the survey will not be asked specifically about the nature of their relationships to the other members of the household. Dr. Liang urges women and partners with last names different from their children to consider themselves first in the survey. To read the piece, visit <https://www.fresnobee.com/opinion/readers-opinion/article245496775.html>

Dr. Charlotte Markey was quoted in an *Inverse* article by Emma Betuel on November 10, 2020, titled, “How to Bounce Back From Election Stress Eating, Psychology Experts Explain.” In the article, Dr. Markey, founder of the Food Sciences Center at Rutgers University, speaks about recovery from stress eating and developing healthy eating habits. To read the article, visit <https://www.inverse.com/mind-body/election-stress-eating>

Dr. Michelle Nario-Redmond was quoted in a *Yahoo! News* article by Kristen Parisi on July 28, 2020, titled, “How to teach children about disability, at every age.” In the article Dr. Nario-Redmond, author of the textbook *Ableism: The Causes and Consequences of Disability Prejudice*, speaks about the importance of learning how to appropriately address the topic of disability with children. To read the

article, visit <https://news.yahoo.com/teach-children-disability-every-age-211500730.html>

Dr. Julie Penley was featured in an NBC affiliate KTSM.com digital report on May 4, 2020, by the KTSM Report Team, titled, “EPCC Administrator selected for top fellowship for community college leaders.” The report highlighted Dr. Penley’s recent naming by The Aspen Institute College Excellence Program as one of 40 leaders selected for the 2020-21 class of the Aspen Rising Presidents Fellowship. To read more about Dr. Penley’s award, visit <https://www.ktsm.com/news/education/epcc-administrator-selected-for-top-fellowship-for-community-college-leaders/>

Dr. Karen Postal was featured in an article in Slovakian journal *Interez* by Henrieta Balázsová on May 23, 2020, titled, “Nakopne vaše sebavedomie i kreativitu. Toto je 10 prekvapivých účinkov behu na náš mozog” [It will boost your confidence and creativity. Here are 10 surprising effects that running has on our brains]. In the article, Dr. Postal speaks about the way that new neurons form in the brain during running. To read the article, visit <https://www.interez.sk/blog/nakopne-vase-sebavedomie-i-kreativitu-toto-je-10-prekvapivych-ucinkov-behu-na-nas-mozog/>

Dr. Kate Richmond was featured in a *The Morning Call* article by Andrew Scott on December 15, 2020, titled, “Lehigh Valley Justice Institute founded to create a fairer criminal justice system.” The article details the formation of the new Lehigh Valley Justice Institute, which aims to drastically improve the criminal justice system in the area by addressing issues of socioeconomic and racial equity. Dr. Richmond will lead a three-year research plan in which she and her team will interview attorneys, judges, police officers, current and former inmates and others to gather data on the experiences of low-income and indigent people in the community. To read more about the Institute visit <https://www.mcall.com/news/local/mc-nws-lehigh-valley-justice-institute-20201216-vmorh46bfbfntcnuvuf3tfr5my-story.html>

Dr. Monica Rivera Mindt was interviewed in episode 40 the podcast *Navigating Neuropsychology* by John Bellone and Ryan Van Patten on March 15, 2020. In the interview, Dr. Rivera Mindt discussed the historical context of the opioid epidemic, the cognitive effects of opioid use, and the benefits of a harm-reduction approach to opioid addiction treatment. To listen to the episode or to read the show notes, visit <https://www.navneuro.com/40-the-effect-of-opioid-use-and-treatment-on-cognition-with-dr-monica-rivera-mindt/>

Dr. Tomi-Ann Roberts was quoted in a *Forbes* article by Alice Broster on May 28, 2020, titled, “Menstrual Hygiene Day Highlights The Links Between Period Poverty & Mental Health.” In the article, Dr. Roberts discusses the links between poverty and shame over menstruation and menstrual products. To read the article, visit <https://www.forbes.com/sites/alicebroster/2020/05/28/menstrual-hygiene-day-highlights-the-links-between-period-poverty--mental-health/?sh=160d4c3c2c39>

Dr. Laura Saunders was featured on a CBS affiliate WFSB Eyewitness News segment that aired on November 18, 2020, titled, “Addressing Domestic Violence During the Pandemic.” In the segment, Dr. Saunders spoke about the increase of domestic violence during the pandemic. To watch the segment, visit https://www.wfsb.com/better/addressing-domestic-violence-during-the-pandemic/video_2c-d156e7-a381-5690-accf-99bad7da75f1.html

Dr. Jane Simoni was quoted in a *Self* article by Colleen Stinchcombe on September 11, 2020, titled, “So, You Broke Social Distancing Guidelines. Here’s How to Deal with Your Guilt.” In the article, Dr. Simoni speaks to the extreme level of stress caused by the pandemic. To read the article, visit <https://www.self.com/story/coronavirus-guilt-social-distancing>

Dr. Mia Smith-Bynum was quoted in a *Washington Post* article by Chandra White-Cummings on May 22, 2020, titled, “We need more white parents to talk to their kids about race. Especially now.” In the article, Dr. Smith-Bynum speaks about the ways that African-American parents culturally affirm their children against pervasive, damaging racial stereotypes. To read the article, go to <https://www.washingtonpost.com/lifestyle/2020/05/22/we-need-more-white-parents-talk-their-kids-about-race-especially-now/>

Dr. Bernadette Hassan Solorzano was featured in a *San Antonio Current* article by Steve Hargis on May 7, 2020, titled, “Planned OLLU Facility Will Offer Counseling, Clinical Services to San Antonio’s West Side.” The article is about the new collaboration between the Our Lady of the Lake University’s Community Counseling Service (of which Dr. Solorzano is the Clinical Director) and the Jersig Center to offer services to individuals and families in Western San Antonio who are dealing with speech and hearing impairments. To read about the new Center for Children and Family on West Commerce Street in San Antonio, visit <https://www.sacurrent.com/the-daily/archives/2020/05/07/planned-ollu-facility-will-offer-counseling-clinical-services-to-san-antonios-west-side>

Dr. Shevaun Stocker was featured in a *Brainerd Dispatch* article by Melinda Lavine on June 15, 2020, titled, “Why Zoom fatigue is a thing.” In the article, Dr. Stocker spoke about her personal experiences with the surge in video calls in the workplace and described the science behind the phenomenon termed “Zoom Fatigue.” To read the article, visit <https://www.brainerddispatch.com/newsmd/wellness/6534296-Why-Zoom-fatigue-is-a-thing>

Dr. Randi Streisand’s speech at the 2020 annual meeting of the ADA was featured in a *Healthline* article by Type 2 Diabetes advocate Mila Clarke Buckley on June 21, 2020, titled, “Race and Diabetes: Are Minorities Getting the Care They Deserve?” In her talk, Dr. Streisand highlighted racial disparities in diabetes care. To read the article, visit <https://www.healthline.com/diabetesmine/race-and-diabetes-whats-the-connection#How-well-is-our-health-system-handling-the-needs-of-these-diverse-groups?>

Dr. Audrey Thurm was quoted in a *Spectrum* article by Emily Sohn on April 15, 2020 titled “The blurred line between autism and intellectual disability.” The article discusses the conflation of autism and intellectual disability and the conditions intersect and the ways in which they diverge. To read the article visit <https://www.spectrumnews.org/features/deep-dive/the-blurred-line-between-autism-and-intellectual-disability/>

Dr. Marina Tolou-Shams was quoted in a *Daily Beast* article by Judith Matloff on June 28, 2020, titled, “The Worst of Corona Trauma is Still Ahead of Us.” In the article, Dr. Tolou-Shams shares her concerns about the impact of the racism and COVID-19 syndemic on the mental health of young black children and teens. To read the article, visit <https://www.thedailybeast.com/the-worst-of-corona-trauma-is-still-ahead-of-us>

LIWP 2021 Year in Review

DEGREES EARNED

Theresa M. Shultz, PhD earned her MBA in the summer of 2020 from Dominican University’s Brennan School of Business.

PROMOTIONS AND CHANGES IN EMPLOYMENT

Carolyn B. Allard, PhD, ABPP has been promoted to professor.

Kathleen Ashton, PhD has been named rector of Behavioral Health, Breast Center.

Heather Austin, PhD increased her FTE from .5FTE to .8FTE in the Department of Pediatrics by adding a clinical service for pediatric IBD patients.

Patricia L. Bach, PsyD, RN is now a resilience consultant with the Placer Nevada County Medical Society, which has provided the opportunity for collaborative support for physicians in the northern California foothills.

Karen Brakke, PhD has been promoted to professor.

Connie M. Brooks, PhD has been promoted to the interim Executive Leadership Team.

Cheryl Brosig, PhD has been promoted to interim chief of child development.

Annmarie Caño, PhD left her previous position to become dean of the College of Arts and Sciences at Gonzaga University.

Gayle Chesley, PhD has been promoted from associate director to director of pediatric psychology at The Children’s Hospital of Philadelphia.

Leslie D. Cramblet Alvarez, PhD began work as director of the Office of Teaching and Learning in January 2020.

Julie K. Cremeans-Smith, PhD has been promoted to professor and departmental coordinator.

Angela M. Crossman, PhD has completed her 6-year role as department chair and accepted an appointment as associate to the provost for faculty position.

Suzanne C. Danhauer, PhD has been promoted to professor.

Karol Dean, PhD began a new position as dean of Arts and Sciences at Aurora University.

Allison G. Dempsey, PhD has been appointed to position of director of informatics for the Department of Psychiatry.

Jessica Michele Dennis, PhD has accepted a 3-year term as chair of her department.

Anne C. Dobmeyer, PhD, ABPP has been promoted to a higher rank within the Commissioned Corps of the U.S. Public Health Service.

Sara L. Dolan, PhD has been appointed associate dean for research in the Graduate School.

Natalie Dong, PhD, ABPP (RP) plans to retire on January 1, 2021.

Vanessa L. Downing, PhD has been promoted to director of WorkLife Wellbeing.

Lisa M. Edwards, PhD has been appointed department chair.

Tami J. Eggleston, PhD has been promoted from associate provost to provost.

Carolyn Y. Fang, PhD has been appointed to associate director for population science at the Fox Chase Cancer Center.

Abbie Goldberg, PhD has been awarded endowed professor for 3 years.

Pilar P. Hernandez-Wolfe, PhD has been promoted to professor.

Jeanne M. Hoffman, PhD, ABPP (Rp) has become the head of the Division of Rehabilitation Psychology and Neuropsychology in the Department of Rehabilitation Medicine at University of Washington School of Medicine.

Arpana G. Inman, PhD moved from Lehigh University to The Ohio State University for an associate dean for academic affairs position in the College of Education and Human Ecology.

Gayle Y. Iwamasa, PhD has been appointed national director of Inpatient Mental Health Services, Office of Mental health and Suicide Prevention, VHA Central Office, Department of Veterans Affairs.

Kelli F. Johnson, PhD has been appointed dean of the College of Psychology and Behavioral Sciences at National Louis University in Chicago.

Jodi P. Jones, PhD has accepted a position leading an Institute of Integrated Behavioral Health.

Brigitte Khoury, PhD has been appointed director of career advancement for Psychologists at the Psychiatry Department.

Ellen I. Koch, PhD has been promoted from interim department head to department head.

Donna J. LaVoie, PhD has been promoted from associate dean to interim dean.

Ya-Shu Liang, PhD has been promoted to associate professor.

Shannon M. Lynch, PhD has been promoted to program director.

Marie C. McGrath, PhD took a new position at Stevenson University as Graduate Program Director and Professor of Psychology.

Robin McLeod, PhD, LP has accepted a position as president and chief business development officer of a newly merged, large behavioral health group practice where she also serves as the director of training.

Lauren Mednick, PhD proposed and won a new position in the Department of Surgery aimed at enhancing psychological support for surgical patients.

Jennifer Michels, PhD, ABPP has been named chairperson of the Resident Well-being Committee at her institution.

Gael Orsmond, PhD has been promoted to professor.

Elyse R. Park, PhD, MPH has been promoted to full professor, investigator track, at Harvard Medical School.

Fayth M. Parks, PhD has been promoted to professor.

Erin Patel, PsyD, ABPP has been promoted to director of the Office of Academic Affiliations, Associated Health Education, at the VA Central Office.

Jennifer Shroff Pendley, PhD has been promoted to the associate vice chair of faculty in the Department of Pediatrics.

Carmen Poulin, PhD has been renewed in her position of associate dean.

Kate A. Richmond, PhD has been promoted to professor.

Theresa M. Schultz, PhD has been promoted to Senior Adjunct Faculty and a member of the LodeStone Leadership Team.

Gemima St. Louis, PhD has been promoted to Aassociate vice president for Workforce Development at William James College.

Shevaun L. Stocker, PhD has been promoted to Associate Dean of Academic Affairs.

Laura R. Stroud, PhD has been appointed Director of the Center for Behavioral and Preventive Medicine at The Miriam Hospital, Brown Medical School.

Maggie Syme, PhD has left academia and become a project director at a major dementia care collaborative.

Ranak Trivedi, PhD has been reappointed assistant professor at Stanford.

Yuying Tsong, PhD has been promoted to professor and named associate director of University Honors Program.

Wendy L. Ward, PhD has been appointed associate provost for faculty and continues as director of interprofessional faculty development.

Wendy Rose Williams, PhD became psychology department chair in May 2020.

Wendi S. Williams, PhD took a new role as a dean of a school.

Linda Zyzniewski, PhD has been promoted to professor.

GRANTS AWARDED

Heather Austin, PhD has been awarded the following grant:

2020 Community Health Scholars pilot grant program from University of Alabama at Birmingham

Lamia P. Barakat, PhD has been awarded the following grant:

PAT Implementation Grant from American Cancer Society

“Clinical Trials Decision Aid for Adolescents and Young Adults with Cancer” from B+ Foundation

“Pilot Evaluation of Training in Problem-solving for Caregivers of Young Adults Survivors of Childhood Brain Tumors”

Lisa L. Barnes, PhD has been awarded the following grants:

“Racial Differences in Late-Life Cognitive Decline and Risk of Alzheimer’s Disease” from NIA

“MRI Markers of Brain Aging and Risk Factors for Cognitive Decline in Older African Americans” from NIA

“MIND Diet Intervention to Prevent Alzheimer’s Disease” from NIA

Leanne Boucher, PhD has been awarded the following grant:

“Eating Right”

Eve M. Brank, PhD has been awarded the following grant:

Grant from Department of Health and Human Services

Cheryl Brosig, PhD has been awarded the following grant:

“School Intervention Tools to Prepare Preschool Children with Heart Disease for Academic Success” from Advancing a Healthier Wisconsin

Joan M. Cook, PhD has been awarded the following grants:

“Peer Online Motivational Interviewing for Sexual and Gender Minority Male Survivors” from PCORI

Colleen C. Cordes, PhD has been awarded the following grants:

“Mind the Gap” from Department of Health and Human Services, Substance Abuse and Mental Health Services

Administration (SAMHSA), Expansion of Practitioner Education, FG-20-001 (2020-2022)

Ann M. Davis, PhD, MPH, ABPP has been awarded the following grants:

iAmHealthy Grant from NIH

iKanEat Grant from NIH

SPeCTRE Grant from Kansas ISCPTN

Allison G. Dempsey, PhD has been awarded the following grants:

“Initial Validity and Feasibility of a Virtual Assessment Approach for Describing Neurodevelopmental Outcomes Among Children Born With Medical Complications” from University of Colorado School of Medicine

“UCH Postpartum Mental Health Initiative” from Zoma Foundation

“Improving Access to Bedside Support for Families With Infants in the Neonatal Intensive Care Unit During COVID-19” from CHCO Clinical and Operational Effectiveness and Patient Safety Small Grants Program

“Understanding Needs and Evaluating Outcomes of a New Model of Clinical Care to Increase Access to Psychotherapeutic Intervention During Medical Hospitalizations for Adolescents After a Suicidal Event” from CHCO Clinical and Operational Effectiveness and Patient Safety Small Grants Program

“Connections Program for High-Risk Infants and Families” from Colorado Department of Health Care Policy & Financing Upper Payer Limit Program

Lyne Desormeaux, PsyD has been awarded the following grant:

“Leadership Diversity Summit” from APA Interdivisional Grant Program - CODAPAAR

Vanessa L. Downing, PhD has been awarded the following grant:

2020 “Shark Tank” Research Competition Grant from Delaware Health Sciences Alliance

Christina L. Duncan, PhD has been awarded the following grants:

“Tele-Coaching to Promote Adherence in Patients With Cystic Fibrosis” from Cystic Fibrosis Foundation

“Promoting Adherence in Cystic Fibrosis in Rural Appalachia: Success With Therapies Research Consortium” from Cystic Fibrosis Foundation

“Developing an Adapted Parent-Youth Teamwork Intervention to Improve Medication Adherence Among Adolescents With Asthma: A Feasibility Study”

Asia A. Eaton, PhD has been awarded the following grants:

“RAPID: SaTC: COVID-19 and Sexual Cyberviolence: Impact on General Users and Vulnerable Populations” from NSF

“Mentoring Underrepresented and Racial/Ethnic Minority (UREM) Students and Their Peers Beyond ‘Crisis’” from SPSSI

“Examining the Role of Sociocultural Factors in the Relationship Between Sudden Involuntary Unemployment and Psychological Health Among LatinX Emerging Adults”

Carolyn Y. Fang, PhD has been awarded the following grant:

“Evidence-Based Approach to Empower Asian American Women in Cervical Cancer Screening” from National Cancer Institute

Katherine L. Fiori, PhD has been awarded the following grants:

“Yours, Mind, and Ours: Couples’ Social Networks and Well-Being” from Adelphi University (internal grant)

Lisa Y. Flores, PhD has been awarded the following grants:

“Research Initiation: Improving Engineering-Related Social Cognitions through Teaching Practices” from National Science Foundation

“Should I Stay or Should I Go? Understanding the Retention of Latinx in Engineering Jobs” from National Science Foundation

Leticia Flores, PhD has been awarded the following grant:

“Developing a Psychoeducational & Support Group Curriculum for the Knox Count Grandparents as Parents Program” from University of Tennessee Community Engagement and Outreach

Jennifer S. Ford, PhD has been awarded the following grant:

Grant from NIH

Abbie Goldberg, PhD has been awarded the following grant:

Small Grant from Spencer Foundation

Kristina Gordon, PhD has been awarded the following grants:

“Learning and Improving Alzheimer’s Patient-Caregiver Relationships via Smart Healthcare Technology” from NSF Smart Health

“Knoxville Marriage Initiative: Developing a Church-University-Community Partnership to Strengthen Marriages and Families” from Templeton Foundation

“Implementing Relationship Education in High-School Advisory Period” from UT Office of Diversity and Engagement

“Implementing Relationship Education via Community Schools Program” from UT Office of Diversity and Engagement

Jacqueline S. Gray, PhD has been awarded the following grants:

“American Indian Adult Tobacco Survey Dakota Initiative” from DaCCoTA CTR, National Cancer Institute

“Indigenous Elder Abuse Factsheets” from National Center on Elder Abuse, University of Southern California, Administration for Community Living

“Indigenous Elder Abuse Services Survey”

Nancy A. Haug, PhD has been awarded the following grants:

- “Practitioner-Education (Prac-ED; H79FG000114); Addiction Training and Expansion at Palo Alto University” from SAMHSA, US DHHS

Melanie D. Hetzel-Riggin, PhD has been awarded the following grants:

“Strengthening Research-Practice Partnerships to Improve Service Delivery and Utilization by Women and New Mothers Affected by Opioid Use Disorders in Northwest PA” fellowship from Consortium to Combat Substance Abuse (CCSA), Penn State

“Examining Creativity-Based De-Radicalization Interventions,” from Humanities and Social Science Endowment, Penn State Erie (with A. Yagnik)

Jeanne M. Hoffman, PhD, ABPP (Rp) has been awarded the following grants:

“Brief Telehealth Cognitive Rehabilitation Following Mild Traumatic Brain Injury: A Pilot Study” from Garvey Institute for Brain Health Solutions

“Opioid Use Following Traumatic Brain Injury” from Garvey Institute for Brain Health Solutions

Karen S. Ingersoll, PhD has been awarded the following grants:

“Efficacy Trial of mHealth in DC Cohort” from NIH; NIMH

“Data to Care” (subaward) from NIH

“PL4Y” (subaward) from NIAID

“mHealth support for PrEP and STIs in NOLA” from NIAID

Yo Jackson, PhD has been awarded the following grant:

“Creating the Next Generation of Child Maltreatment Scholars” from NIH

Shelia M. Kennison, PhD has been awarded the following grant:

“Collaborative: Personalized Cybersecurity Education and Training” from NSF

Brigitte Khoury, PhD has been awarded the following grants:

“Training NGO health workers in PFA and PSS After the Beirut Blast” from UN FPA

“Fragile Systems Within a Fragile Geopolitical Context: Exploring School Performance and Health in Lebanon” from Research Foundation for Health

Tricia Z. King, PhD has been awarded the following grant:

“Optimizing Outcomes in Pediatric Low Grade Gliomas” from Pediatric Brain Tumor Foundation

Julie Koch, PhD has been awarded the following grants:

Grant from SAMHSA

Erika E. Lawrence, PhD has been awarded the following grants:

“Testing the Effectiveness of a Domestic Violence Intervention at Reducing Recidivism” from DOJ OVW

“BREAK for Interpersonal Skill Building Services” from Pima County Juvenile Court Center

Ya-Shu Liang, PhD has been awarded the following grants:

Round V IHHEEL Learning and Advocacy Grants from a Joaquin Valley Health Fund at the Sierra Foundation

Cole’s Fund from California Wellness Foundation

Maureen Ellen Lyon, PhD, ABPP has been awarded the following grants:

“Palliative Care Needs of Children with Rare Diseases and Their Families” from NINR/NIH

“Health Equity: Advance Care Planning for Spanish Speaking Teens With Cancer” from American Cancer Society

“Research on the Health of Women of Understudied, Underrepresented and Underreported (U3) Populations” from NIH/ NINR

“Building Evidence for Effective Palliative/End of Life Care for Teens With Cancer” from NIH/ NINR

Carlota Ocampo, PhD has been awarded the following grants:

Grant from U.S. Department of Education

Grant from Mellon Foundation

Grant from APA

Grant from APA Office of Ethnic Minority Affairs

Elyse R. Park, PhD, MPH has been awarded the following grant:

Grant from NIH

Jennifer M. Peltzer-Jones, PsyD, RN has been awarded the following grants:

“The Impact of Health Literacy on Help Seeking Behaviors in an Urban, Minority Population During the COVID19 Pandemic” from Henry Ford Emergency Department Senior Staff Endowment Fund

Grants to Implement Zero Suicide in Health Systems (not primary PI) from SAMHSA

Jennifer Shroff Pendley, PhD has been awarded the following grant:

Grant from Kohls

Carmen Poulin, PhD has been awarded the following grants:

“Métis Identity Experiences” from Employment and Social Development Canada (ESDC).

“Historical Métis Project” from Laurentian University

“Psycho-Social Ethnography of the Common Place” from Laurentian University

“Ethnohistory of Métis” from Laurentian University

“Stigmatised Identity: Giving Voice to Easterly Canadian Métis” from Social Sciences and Humanities Research Council of Canada

Kate A. Richmond, PhD has been awarded the

following grants:	(CEMRRAT)	Patients. <i>JSM Sexual Medicine</i> , 4(6), 1052–1057.	(2020). Limbic-predominant age-related TDP-43 encephalopathy in black and white decedents. <i>Neurology</i> . Advance online publication. doi:10.1212/WNL.0000000000010602	cognitive decline and Alzheimer’s disease risk: Do we know enough? <i>Frontiers in Human Neuroscience</i> , 14, 359. doi:10.3389/fnhum.2020.00359	Kapasi, A., Leurgans, S.E., Arvanitakis, Z., Barnes, L.L., Bennett, D.A., & Schneider, J.A. (In press). β -amyloid and tau tangle pathology modifies the association between small vessel disease and cortical microinfarcts. <i>Stroke</i> .
“Mellon Community Engagement” from Mellon	Rebecca Weston, PhD has been awarded the following grant:	Brink, E., Korte, P., McCleod R., & Ashton, K. (2020, September). The enhanced EPPP (EPPP: Step 2). <i>Focus on 31</i> . https://www.apadivisions.org/division-31/publications/newsletters/focus/2020/09/eppp-debate.	Kapasi, A., Yu, L., Boyle, P. A., Barnes, L. L., Bennett, D. A., & Schneider, J. A. (2020). Limbic-predominant age-related TDP-43 encephalopathy (LATE), ADNC pathology, and cognitive decline in aging. <i>Neurology</i> . Advance online publication. doi: 10.1212/WNL.0000000000010454	Lim, A.S.P., Gaiteri, C., Yu, L., Sohail, S., Swardfager, W., Tasaki, S., Schneider, J.A., Paquet, C., Stuss, D.T., Masellis, M., Black, S.E., Hugon, J., Buchman, A.S., Barnes, L.L., Bennett, D.A., & De Jager, P.L. (2018). Seasonal plasticity of cognition and related biological measures in adults with and without Alzheimer disease: Analysis of multiple cohorts. <i>PLOS Medicine</i> , 15(9), e1002647. doi:10.1371/journal.pmed.1002647	Lamar, M., Boots, E.A., Arfanakism, K., Barnes, L.L., & Schneider, J.A. (2020). Common brain structural alterations associated with cardiovascular disease risk factors and Alzheimer’s dementia: Future directions and implications. <i>Neuropsychology Review</i> . Advance online publication.
“Study of Aging Latinas/os for Understanding Dementia in HIV (S.A.L.U.D.)” from NIH/NIA #R01AG065110 - 01A1	Wendy Rose Williams, PhD has been awarded the following grants:	Periclean Voter Engagement Fellow Award from Project Pericleas	Javierre-Petit, C., Schneider, J. A., Kapasi, A., Makkinejad, N., Tamhane, A. A., Leurgans, S. E., Mehta, R. I., Barnes, L. L., Bennett, D. A., & Arfanakis, K. (2020). <i>Neuropathologic and cognitive correlates of enlarged perivascular spaces in a community-based cohort of older adults</i> . <i>Stroke</i> . Advance online publication. doi:10.1161/STROKEAHA.120.029388	Lamar, M., Barnes, L.L., Leurgans, S., Fleischman, D.A., Bennett, D., & Marquez, D.X. (In press). Acculturation in context: The relationship between acculturation and socioenvironmental factors with level of and change in cognition in older Latinos. <i>Journal of Gerontology: Psychological Sciences</i> .	Deters, K.D., Mormino, E.C., Yu, L., Lutz, M.W., Bennett, D.A., & Barnes, L.L. (In press). TOMM40-APOE haplotypes are associated with cognitive decline in non-demented Blacks. <i>Alzheimer’s & Dementia</i> .
“Positive Aspects of Being a Transgender Kentuckian” from Just Fund Kentucky	Jennifer P. Wisdom, PhD, MPH has been awarded the following grant:	Service-Learning Support Grant	Rajan, K. B., Weuve, J., Wilson, R.S., Barnes, L. L., McAninch, E. A., & Evans, D. A. (2020). Temporal changes in the likelihood of dementia and MCI over 18 years in a population sample. <i>Neurology</i> , 94, e292–e298.	Denny, A., Streitz, M., Stock, K., Balls-Berry, J.E., Barnes, L.L., Byrd, G.S., Croff, R., Gao, S., Glover, C.M., Hendrie, H.C., Hu, W.T., Manly, J.J., Moulder, K.L., Stark, S., Thomas, S.B., Whitmer, R., Wong, R., Morris, J.C., & Lingler, J.H. (2020). Perspective on the “African American in Alzheimer Disease Research: Effective Strategies” workshop, 2018. <i>Alzheimer’s & Dementia</i> , 16, 1734–44.	Dhana, K., Aggarwal, N.T., Rajan, K.B., Barnes, L.L., Evans, D.A., & Morris, M.C. (In press). Impact of the apolipoprotein E4 allele on the relationship between healthy lifestyle and cognitive decline: A population-based study. <i>American Journal of Epidemiology</i> .
“Teen Educational Enrichment Network (T.E.E.N.) Support Project” from Office of the Assistant Secretary for Health (OASH), Office of Population Affairs (OPA), Teen Pregnancy Prevention (TPP) Tier 1 grant	UCLA-DMH Public Mental Health Partnership Leadership Training from UCLA	PUBLICATIONS	Rajan, K. B., Aggarwal, N. T., McAninch, E. A., Weuve, J., Barnes, L. L., Wilson, R. S., DeCarli, C. F., & Evans, D. A. (In press.) Remote blood biomarkers of longitudinal cognitive outcomes in a population study. <i>Annals of Neurology</i> .	Agarwal, P., Dhana, K., Barnes, L.L., Holland, T., Zhang, Y., Evans, D.A., & Morris, M.C. (In press). Unhealthy foods may attenuate the beneficial relation of a Mediterranean diet to cognitive decline. <i>Alzheimer’s & Dementia</i> .	
“Teen Educational Enrichment Network (T.E.E.N.) Support Project” from Dammann Foundation	Muninder Kaur Ahluwalia, PhD	Toporek, R. L., & Ahluwalia, M. K. (2020). <i>Taking action: Creating social change through strength, solidarity, strategy and sustainability. Cognella</i> .	Han, S.D., Barnes, L.L., Leurgans, S., Yu, L., Bennett, D.A., & Boyle, P.A. (2020). Literacy mediates racial differences in financial and healthcare decision making in older adults. <i>Journal of the American Geriatric Society. Advance online publication</i> .	Beattie, Z., Miller, L.M., Almirola, C., Au-Yeung, W.T.M., Bernard, H., Cosgrove, K.E., Dodge, H.H., Gamboa, C.J., Golonka, O., Gothard, S., Harbison, S., Irish, S., Kornfeld, J., Lee, J., Marcoe, J., Mattek, N.C., Quinn, C., Reynolds, C., ... Kaye, J. (2020) The collaborative aging research using technology initiative: An open, sharable, technology-agnostic platform for the research community. <i>Digital Biomarkers</i> , 4, 100–118. doi: 10.1159/000512208	
Gemima St. Louis, PhD has been awarded the following grants:	Carolyn B. Allard, PhD, ABPP	Capone, C., Norman, S. B., Haller, M., Davis, D., Shea, T. M., Browne, K., Lang, A.J., Schnurr, P.P., Golshan, S., Afari, N., Pittman, J., Allard, C.B., & Westendorf, L. (in press). Trauma informed guilt reduction (TrIGR) therapy for guilt, shame, and moral injury resulting from trauma: Rationale, design, and methodology of a two-site randomized controlled trial. <i>Contemporary Clinical Trials</i> . Advance online publication. doi: 10.1016/j.cct.2020.106251	Cothran, F. A., Paun, O., Strayhorn, S., & Barnes, L. L. (2020). “Walk a mile in my shoes”: African American caregiver perceptions of caregiving and self-care. <i>Ethnicity & Health</i> . Advance online publication.	Hill, N., Mogle, J., Bhargava, S., Bratlee-Whitaker, E., Wion, R., Sweeder, L., Sliwinski, M., & Barnes, L. (In press). Within-person associations among self-perceptions of memory, depressive symptoms, and activity participation in older adults. <i>The Gerontologist</i> .	
HRSA Scholarships for Disadvantaged Students (SDS) from Health Resources & Services Administration (HRSA)	Haller, H., Norman, S. B., Davis, B. C., Capone, C., Browne, K., & Allard, C. B. (2020). A model for treating Covid-19 related guilt, shame, and moral injury. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 12(S1), S174–S176. doi: 10.1037/tra0000742.	Sachs, B. C., Steenland, K., Zhao, L., Hughes, T. M., Weintraub, S., Dodge, H. H., Barnes, L. L., Craft, S., Parker, M. L., & Goldstein, F.C. (2020). Expanded demographic norms for version 3 of the Alzheimer Disease Centers’ neuropsychological test battery in the uniform data set. <i>Alzheimer Disease and Associated Disorders</i> . Advance online publication.	Glover, C. M., Shah, R. C., Bennett, D. A., Wilson, R. S., & Barnes, L. L. (2020). The health equity through aging research and discussion (HEARD) study: A proposed two-phase sequential mixed-methods research design to understand barriers and facilitators of brain donation among diverse older adults. <i>Experimental Aging Research</i> , 46(4), 311–322.		
Randi M. Streisand, PhD has been awarded the following grants:	Allard, C. B. (2020, Fall). Presidential voice. <i>Trauma Psychology Newsletter</i> , 15(3), 1-2. http://traumapsychnews.com/wp-content/uploads/2020/11/TPN-Fall-2020.pdf				
“Use of LCSB in Children With T1D” from NIH	Allard, C. B. (2020, Summer). Presidential voice. <i>Trauma Psychology Newsletter</i> , 15(2), 1-2. http://traumapsychnews.com/wp-content/uploads/2020/08/TPN-Summer-2020.pdf				
Laura R. Stroud, PhD has been awarded the following grants:	Allard, C. B. (2020, Spring). Presidential Voice. <i>Trauma Psychology Newsletter</i> , 15(1), 1-2. http://traumapsychnews.com/wp-content/uploads/2020/08/TPN-Spring-2020.pdf				
“Research Training in Childhood Stress, Trauma, and Resilience” from NICHD	Kathleen Ashton, PhD				
Natasha Tokowicz, PhD has been awarded the following grant:	Sinnha, A., Alleyne, B., Chang, O., Shaffer, K., Al-Hilli, M., Valente, M., Wood, H., Ashton, K., Ferrando, C., & Djohan, R. (2020). Comprehensive approach in multi-disciplinary preventive Care for Transgender				
“Why Does Musical Ability Help You Learn a Second Language? Testing the Mediating Role of Working Memory” from National Science Foundation					
Marina Tolou-Shams, PhD has been awarded the following grants:					
“Foster Care Family Mental Health Navigator” from NIMH					
“Project ECHO Juvenile Justice Behavioral Health” from Anonymous Foundation					
Erin B. Tone, PhD has been awarded the following grants:					
“Neural Markers of Avoidant Decision-Making in Anxiety Disorders” from NIMH					
“Cuenta Conmigo/Count on Me: A Pilot Program to Improve Psychological Services for Latinx/Hispanic and Spanish-Speaking Clients” from American Psychological Association					

Burton, J. (2020, October 16). Reproductive mental health: A chat with reproductive psychologist Dr. Julie Bindeman. *Healthy Home Pediatrics*. <https://www.healthyhomediatrics.com/blog/reproductive-mental-health-a-chat-with-reproductive-psychologist-dr-julie-bindeman>

Burry, M. (2020, June 29). How to manage coronavirus anxiety during pregnancy. *What to Expect*. <https://www.whattoexpect.com/news/pregnancy/coronavirus-anxiety-pregnancy/>

Lugris, M. (2020, March 18). Experts offer tips on dealing with coronavirus anxiety while pregnant. *Babygaga*. <https://www.babygaga.com/tips-dealing-with-anxiety-while-pregnant/>

Karen Brakke, PhD

Mueller, J.F., Taylor, H.K., Brakke, K., Drysdale, M., Kelly, K., Levine, G., & Ronquillo-Adachi, J. (2020). Assessment of scientific inquiry and critical thinking: Measuring APA goal 2 student learning outcomes. *Teaching of Psychology*, 47(4), 274–284.

Brakke, K., Owens, T.C., Watson-Singleton, N.N., & Patterson, S.S. (2020). The value of e-portfolios in the psychology curriculum. In Schwartz, A. & Miller, R. L. (Eds.), *High impact educational practices: A review of best practices with illustrative examples* (pp. 693–707). Society for the Teaching of Psychology. <http://teachpsych.org/ebooks/highimpacted>

Brakke, K., Patterson, S.S. Owens, T.C., & Watson-Singleton, N.N. (2020). Using a capstone e-portfolio to support life authorship: The case of Spelman College. In Schwartz, A. & Miller, R.L. (Eds.), *High impact educational practices: A review of best practices with illustrative examples* (pp. 708–715). Society for the Teaching of Psychology. <http://teachpsych.org/ebooks/highimpacted>

Eve M. Brank, PhD

Hazen, K. P., & Brank, E. M. (in press). Do you hear what I hear?: A comparison of police officer and civilian procedural justice judgments.

Marshall, E. W., Groscup, J. L., Brank, E. M., Perez, A., & Hoetger, L. A. (2020). *Police surveillance of cell phone location data: Supreme Court versus public opinion. Behavioral Sciences and the Law*, 37,751–775.

Hazen, K. P., Carlson, M.W., Hatten-Bower, H., Fessinger, M.B., Cole-Mossman, J., Bahm, J., Hauptman, K., Brank, E.M., & Gilkerson, L. (2020). Evaluating the impact of facilitated attuned interactions: Vicarious trauma, professional burnout, and the quality of reflective practice among child welfare professionals. *Children and Youth Services Review*, 112, 1–35.

Brank, E.M., Carlson, M.W., & Hackenburg, L. (2020). National quality improvement center for adoption and guardianship support and preservation: Insights into post-adoption service programs for private and intercountry adoptions. Spaulding for Children and the Children’s Bureau. Lincoln, NE.

Annmari​e Ca​ño, PhD

Tankha, H., Caño, A., & Dillaway, H. (in press). “Now I have hope”: Rebuilding relationships affected by chronic pain. *Families, Systems, and Health*. <https://doi.org/10.1037/fsh0000472>

Pester, B. D., Caño, A., Kostecki, A., & Wurm, L. H. (in press). How do I help my partner in pain? Partners’ helping behaviors are linked to lower pain and greater perceived validation during an experimental pain task. *Annals of Behavioral Medicine*. <https://doi.org/10.1093/abm/kaz047>

Tankha, H., Caño, A., Corley, A.M., Dillaway, H., Lumley, M., & Clark, S.M. (in press). A novel couple-based intervention for chronic pain and relationship distress: A pilot study. *Couple and Family Psychology: Research and Practice*. <https://doi.org/10.1037/cfp0000131>

Caño, A. (2020, July 30). Introduction to the series on access and gatekeeping in the academy. *National Center for Institutional Diversity*. <https://medium.com/national-center-for-institutional-diversity/access-and-gatekeeping-in-the-academy-37a05632654b>.

Joan M. Cook, PhD

Cook, J.M., Thompson, R., Simiola, V., Stirman, S.W., & Schnurr, P.P. (2020). Provider general attitudes versus specific perception of evidence-based psychotherapies for PTSD. *Psychological Services*, 17, 46–53.

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Cook, J.M., Simiola, V., Thompson, R., Mackintosh, M., Rosen, C., Sayer, N., & Schnurr, P.P. (2020). VA residential PTSD program implementation patterns of two evidence-based psychotherapies: A five-point longitudinal national investigation. *Journal of Traumatic Stress*.

Barron, D.S., Budde, K. S., Gold, J. A., Yonkers, K., & Cook, J. M. (2020). Engaging the popular media. In M.C. Vance, K.G. Kennedy, I.R. Wiechers, & S. Levin (Eds.), *A psychiatrist’s guide to advocacy* (pp. 191-210). American Psychiatric Association.

Cook, J.M., & Simiola, V. (2020). Trauma in older adults. In M. J. Friedman, T.M. Keane, & P.P Schnurr (Eds.), *PTSD science & practice: A comprehensive handbook* (3rd ed.). Guilford

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Cook, J.M., & Simiola, V. (2020). Traumatic stress disorders in older adults. In D. Sloan & J. G. Beck (Eds.), *The handbook of traumatic stress disorders* (2nd ed.). Oxford University Press.

McCarthy, E., Cook, J.M., & Thorp, S.R. (2020). PTSD at late life: Context and treatment. In J. G. Beck and D.M. Sloan (Eds.), *Oxford handbook of traumatic stress disorders* (2nd ed.). Oxford University Press.

Cook, J.M., & Gold, J. (2020, January 9). ‘Friendly’ emails are not evidence Harvey Weinstein did nothing wrong. *Newsweek*. <https://www.newsweek.com/friendly-emails-are-not-evidence-harvey-weinstein-did-nothing-wrong-opinion-1481316>

Cook, J.M. (2020, January 12). How to cope with war anxiety over Iran. *CNN Opinions*. <https://www.cnn.com/2020/01/12/opinions/iran-escalation-anxiety-stress-cook/index.html>

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DePrince, A.P.& Cook, J.M. (2020, January 30). Harvey Weinstein’s ‘false memory’ defense is not backed by science. *The Conversation*. <https://theconversation.com/harvey-weinsteins-false-memory-defense-is-not-backed-by-science-130856>

Cook, J.M., & DePrince, A. P. (2020, February 20). Dear Donna Rotunno: Sexual assault is a public health crisis. Your reckless words hurt all of us. *Newsweek*. <https://www.newsweek.com/dear-donna-rotunno-sexual-assault-public-health-crisis-your-reckless-words-hurt-all-us-1488239>

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DePrince, A.P., & Cook, J.M. (2020, March 25). There’s a name for Trump playing down the threat and failing to take action against the virus: Institutional betrayal. *The Conversation*. <https://theconversation.com/theres-a-name-for-trump-playing-down-the-threat-and-failing-to-take-action-against-the-virus-institutional-betrayal-133909>

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Cook, J.M. (2020, April 25). Suggestions for telemental health resources for coping with COVID-19. *The Hill*. <https://thehill.com/opinion/technology/494614-suggestions-for>

telemental-health-resources-for-coping-with-covid-19.

DePrince, A. P., & Cook, J. M. (2020, May 19). Downturn in the economy, uptick in exploitation. *The Hill*. <https://thehill.com/opinion/finance/498588-downturn-in-the-economy-uptick-in-exploitation?rnd=1589918954>

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