AMERICAN PSYCHOLOGICAL ASSOCIATION

Common Ground Education & Travel Company
People to People Exchanges
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APA 2018 trip to Cuba, November 18th to November 28th

Program prepared in collaboration with Common Ground Education & Travel Services, a licensed travel service provider, and Amistur, S.A. Havana.

Sunday	**November 18th**
5:00 pm	Meet in Miami Airport Hotel for orientation and group dinner (included)
Monday	**November 19th**
6:35 am	Check in for flight to Cuba, assisted by Common Ground staff person
9:35 am	Depart on flight TBD for Havana.
10:45 am	On arrival, meet guide and bus for drive through the highlights of Havana, including the Plaza of the Revolution and Martí Memorial, Colón Cemetery, the Malecón and the Prado
1:00 pm	Lunch included at a local restaurant
3:00 pm	Visit to the Fine Arts Museum
6:00 pm	Check in to hotel
Evening	Group Dinner in a local paladar (informal - included)
Tuesday	**November 20th**
7-8:00 am	Breakfast at the hotel
All day	Conference sessions
6:00 pm	Group Check-in (Discussion circle)
Evening	Dinner included at TBD
Wednesday	**November 21st**
7-8:00 am	Breakfast at the hotel
All day	Conference sessions
6:00 pm	Group Check-in (Discussion circle
Evening	Dinner on own
Thursday	**November 22nd**
7-8:00 am	Breakfast at the hotel
All day	Conference sessions
Late Afternoon	Closing ceremonies
Evening	Closing Dinner (Conference Event)
Friday	**November 23rd**
7-8:00 am	Breakfast at the hotel and check out
9:00 am	Visit the Center for Psychological and Sociological Research (CIPS)
11:00 am	Visit to the Neuroscience institute
1:00 pm	Lunch in local restaurant (included)
3:00 pm	Visit to the medical university, psychology department
5:00 pm	Transfer to Hotel in Old Havana (Park or similar)
6:00 pm	Group Check-in (Discussion circle
Evening	Group dinner in a paladar (included)

Saturday	**November 24th**
7-8:00 am	Breakfast at the hotel
9:00 am	Walking tour of Old Havana
11:00 am	Visit to a local museum
1:00 pm	Lunch in a restaurant in Old Havana
6:00 pm	Group Check-in (Discussion circle, mandatory)
Evening	Group dinner in a paladar (included) Enjoy local night clubs and Cuban Music

Sunday	**November 25th**
7-8:00 am	Breakfast at the hotel
9:00 am	Visit Project Olimpo 5 in Jaimanitas, a project in the arts.
11:00 am	Visit to the Friendship institute
Afternoon	Lunch not included
Evening	TBD

Monday	**November 26th**
7-8:00 am	Breakfast at the hotel
9:00 am	Visit to a Neighborhood Clinic
11:00 am	Visit to a Mental Health Clinic
1:00 pm	Lunch in local restaurant (included)
3:00 pm	Visit to a hospital with more interaction with medical personnel
6:00 pm	Group Check-in (Discussion circle)
Evening	Dinner on your own

Tuesday **November 27th**
**Additional professional visits

Wednesday	**November 28th**
TBD	Depart for Miami

Travel services provided by Common Ground Education & Travel Company
info@commongroundtravel.com , telephone **413-203-1125**

Daily schedule and visits are subject to change