

A supplement to the APA
Monitor on Psychology



INDEPENDENT STUDY PROGRAMS 2026



AMERICAN
PSYCHOLOGICAL
ASSOCIATION



CONTINUING
EDUCATION
IN PSYCHOLOGY



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All Continuing Education (CE) programs in this document have been reviewed and approved by the APA Office of Continuing Education in Psychology (CEP) to offer CE credits for psychologists. The APA CEP Office maintains responsibility for the content of the programs.

WWW.APA.ORG/ED/CE

cpe@apa.org

800-374-2721 x5991, option 3

Dear Colleague,

Every day, psychologists like you are doing amazing work that benefits society, advances the profession, and makes a measurable impact on people's lives. That's why the APA Office of Continuing Education in Psychology is dedicated to providing the resources you need to advance your professional knowledge and skills.

APA's Continuing Education (CE) Independent Study Programs are designed to provide you with the most relevant, credible, and applicable information so you can continue to do impactful work as the landscape of the profession shifts and changes.

With **more than 575** APA CE programs spanning from a range of formats and topics, it's easy to tailor your professional development to your interests, schedule, and budget.

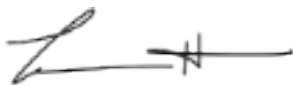
This year's offerings include **more than 75** brand new programs covering key issues like artificial intelligence and technology, child/adolescent development, digital health/digital matters, ethics, telepsychology, older adults, and more. Be sure to visit us online at www.apa.org/ed/ce to stay updated on our latest programs.

No matter which programs you choose to explore, you can be confident that you're getting the highest quality continuing education to meet your professional goals.

Additionally, the American Psychological Association is recognized by the New York State Education Department's (NYSED) State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0100. There are hundreds of hours of CE to choose from our Online Course/Video On-Demand programs which meets NYSED requirements unless otherwise specified.

As always, we welcome your suggestions and invite you to contact us by email (cpe@apa.org).

Sincerely,

A handwritten signature in black ink, appearing to read 'Bernadette Han', with a stylized flourish at the end.

Bernadette Han, PhD

Head of Learning & Development Operations and the Office of Continuing Education in Psychology

STATE REQUIREMENTS

STATE	CREDITS	YEAR	DEADLINE
Alabama	20	1	October 15
Alaska	40	2	June 30, odd-numbered years
Arizona	40	2	Year based on license number and birth month
Arkansas	20	1	July 1
California	36	2	Renewal
Colorado	40	2	August 31, odd
Connecticut	10	1	Birth month
Delaware	40	2	July 31, odd
District of Columbia	30	2	December 31, odd
Florida	40	2	May 31, even
Georgia	40	2	December 31, even
Hawaii	18	2	June 30, even
Idaho	30	2	Renewal
Illinois	24	2	September 30, even
Indiana	40	2	August 31, even
Iowa	40	2	June 30, even
Kansas	50	2	June 30, even
Kentucky	39	3	Renewal
Louisiana	40	2	June 30, year based on license number
Maine	40	2	April 30
Maryland	40	2	March 31, year based on license number
Massachusetts	20	2	June 30, even
Michigan	30	2	August 31
Minnesota	40	2	Renewal
Mississippi	20	2	June 30, odd
Missouri	40	2	November 30, odd renewal
Montana	40	2	December 31, year based on license number
Nebraska	24	2	January 1, odd
Nevada	30	2	December 31, even
New Hampshire	40	2	Renewal
New Jersey	40	2	June 30, odd
New Mexico	40	2	July 1
New York	36	3	Renewal
North Carolina	24	2	October 1, even
North Dakota	40	2	October 1
Ohio	23	2	September 30, even
Oklahoma	20	1	December 31
Oregon	40	2	Year based on license number and birth month
Pennsylvania	30	2	November 30, odd
Puerto Rico	45	3	Renewal
Rhode Island	24	2	June 30
South Carolina	24	2	Renewal
South Dakota	15	1	June 30
Tennessee	40	2	December 31
Texas	40	2	End of birth month
Utah	48	2	September 30, even
Vermont	60	2	Renewal
Virginia	14	1	June 30
Washington	60	3	Birth date
West Virginia	20	2	Renewal
Wisconsin	40	2	September 30, odd
Wyoming	30	2	June 30

CE credit requirements vary state by state. Please check with your state licensing board to determine if independent study programs may be used to meet mandatory CE requirements. Note: State licensing boards can change rules and regulations at any time throughout the year. Please contact your state licensing board for the most recent information. APA does not govern state licensing requirements.

NEW RELEASES

VIDEO ON-DEMAND (VOD) PROGRAMS

Book Nook

7

Decolonizing Trauma Healing: A New Paradigm
Mixing Methods: Exploring the Compatibility of Interviews With Experimental Designs
Therapeutic Relationship-Focused Cognitive Behavioral Therapy
Transform Your Guilt and Shame: An Evidence-Based Self-Guided Resource for Healing From Trauma and Adversity
A Universal Approach to Crises: Using the Process of Change

Clinician's Corner

9

Alzheimer's Disease: Navigating New Research and Clinical Practice Developments
Hypnosis for Pain Control: A Comprehensive Psychotherapy
Initial Autism Diagnosis in Adulthood: Differential Diagnosis
An Overview of Psychological First Aid: A Mental Health Response in the Aftermath of Disasters/Mass Violence
Providing Behavioral Health Services in Rural America: Issues, Challenges, and Celebrations
Work and Mental Health: What Every Clinical/Counseling Psychologist Needs to Know

Compact Clinical

16

Assessing and Treating Emotionally Inexpressive Men
Complementary or Competitive? The Role of Technology in Psychological Practice
Therapeutic and Clinical Implications of Hypnosis for the Treatment of Depression
Treatment of Posttraumatic Stress Disorder in Serious Mental Illness
Using Kink to Heal Past Trauma

Professional Development

11

APA Guidelines for Psychological Practice With Older Adults: A Practitioner's Guide Series
APA Guidelines for Psychological Practice With Older Adults: 2024 Key Updates
APA Guidelines for Psychological Practice With Older Adults: Focusing on Assessment
APA Guidelines for Psychological Practice With Older Adults: Intervention and Consultation
Avoidant Restrictive Food Intake Disorder: Past and Current Trends in Assessment and Intervention
Digital Matters and Specialized Services for Private Practice
Cybersecurity: A Critical Priority for Digital Mental Health
Finding Your Niche in Private Practice: A Practical, Step-by-Step Guide
How Technology is Shaping Electronic Health Records for Mental Health
Ethical and Effective Telepsychology: Applying the Updated APA Guidelines in Practice Series
From Principles to Practice: Competence, Ethics, Legal, and Administrative Essentials-Part 1
From Practice to Progress: Clinical Care, Training, and Technology-Part 2
Introduction to Functional Medicine for Mental Health
Getting Involved With Climate Change: Using Psychology to Make a Difference

Jewish Identity and Antisemitism: Jewish History, Tradition, and the Rise of Antisemitism
Lifestyle/Functional Medicine to Modulate the Cell Danger Response for Better Mental Health
Mental Health and Nutrition: Biochemistry and Beyond
Mental Health and Targeted Violence 101: Preventing School Shootings and Other Mass Casualty Events
Nutrition and Mental Health
Overcoming Job Insecurity, Job Loss and Work Burnout in the Age of Employment Uncertainty
Navigating the Long COVID Landscape From a Psychological Lens: Perceptions to Evidence Series
A Patient's Perspective and Multidisciplinary Discussion Panel
Assessment and Evidence-Based Interventions for Long COVID
The Psychology of Long COVID
Population-Health Training Series: Grief-Informed Care Series
Part I: Phenomenology and Contemporary Perspectives on Grief
Part II: Bereavement-Related Mental Health Challenges and Assessment
Part III: Evidence-Based and Evidence-Informed Grief Intervention Approaches
Unlocking the Future of Mental Health Treatment: The Power of Genetic Analysis Series
Improve Treatment Outcomes and Add a New Revenue Line to Your Practice
Integrating Genetic Science Into Practice
Zero to Sixty: A Practical AI Bootcamp for Educators

Special Events

18

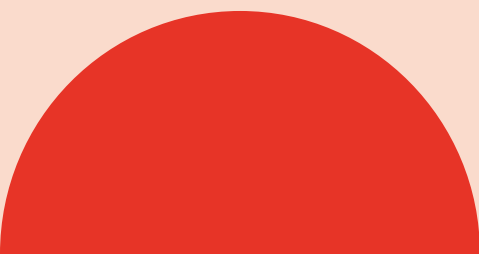
Professional Development Training Institute on Artificial Intelligence and Technology II
Professional Development Training Institute on Child and Adolescent Development

BOOK-BASED PROGRAMS

Behavioral Interventions in Cognitive Behavior Therapy: Practical Guidance for Putting Theory Into Action, Third Edition 23
Handbook of Spiritually Integrated Psychotherapies 23
Practical Ethics for Psychologists A Positive Approach, Fourth Edition 25
Principles of Self-Talk in Sport Settings: Theory, Research, and Practice 25
A Psychological Approach to Diagnosis: Using the ICD-11 as a Framework 23
Psychological Assessment of Bipolar Spectrum Disorders 23
Psychological Assessment of Emotional Dysregulation in Children and Adolescents: The Bipolar Spectrum and Beyond 22
Relational-Cultural Therapy: Third Edition 27
Speaking the Unspoken: Breaking the Silence, Myths, and Taboos That Hurt Therapists and Patients 28
Structural Analysis of Social Behavior (SASB): A Primer for Clinical Use 23
Therapists' Sexual Feelings and Fantasies: Research, Practice, Ethics, and Forensics 25
Written Exposure Therapy for PTSD: A Brief Treatment Approach for Mental Health Professionals, Second Edition 23



VIDEO ON-DEMAND PROGRAMS





Expand your expertise on key psychological topics through our extensive collection of on-demand video programs, tailored to fit your interests, timeline, and financial needs.

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[APA.ORG/EDUCATION-CAREER/CE](https://www.apa.org/education-career/ce)**



American Psychological Association is recognized by the New York State Education Department's (NYSED) State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0100. Programs in our video on-demand catalog meet NYSED requirements unless otherwise specified.

NEW RELEASES

Book Nook

In partnership with APA Publishing, these on-demand videos feature active researchers and practitioners discussing their recent APA publications. Each program is adapted from our live Book Nook webinar series and covers timely topics across various psychological specialties.



Book Nook VOD programs can be viewed online at any time and are tablet/iPad ready.

ALL PROGRAMS INCLUDE CE CREDITS

APA MEMBER **\$45** | NONMEMBER **\$60**

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[ON.APA.ORG/CE-BOOK-NOOK-SERIES](https://on.apa.org/ce-book-nook-series)**

NEW RELEASES

DECOLONIZING TRAUMA HEALING

A New Paradigm (2025)

Presenter: Laura S. Brown

Discusses the presenter's model of decolonial trauma healing for all. Emphasis is on steps towards developing a Decolonial, Humble, Culturally Responsive practice. 

CE CREDITS **1.5** | EXAM ITEMS **9**

MIXING METHODS

Exploring the Compatibility of Interviews With Experimental Designs (2025)

Presenter: Jen Katz-Buonincontro

Provides flexible options for purposefully using interviews with experiments. 

CE CREDITS **1.5** | EXAM ITEMS **9**

THERAPEUTIC RELATIONSHIP-FOCUSED COGNITIVE BEHAVIORAL THERAPY (2025)

Presenter: Amy Wenzel

Core elements of the therapeutic relationship are discussed, including the therapeutic alliance and elements that are considered to a lesser extent in CBT research and practice, including transference, countertransference, and the real relationship. 

CE CREDITS **1.5** | EXAM ITEMS **9**

TRANSFORM YOUR GUILT AND SHAME

An Evidence-Based Self-Guided Resource for Healing From Trauma and Adversity (2025)

Presenter: Carolyn B. Allard

Introduced to the evidence-based strategies in this self-help guide that can be offered to their clients as an adjunct to the therapy they are providing and to individuals who do not want or cannot access therapy at this time. 

CE CREDITS **1.5** | EXAM ITEMS **9**

A UNIVERSAL APPROACH TO CRISES

Using the Process of Change (2025)

Presenter: J. Scott Fraser

Follows the unifying golden thread of a process model of intervention with applications to evidence supported approaches to suicide, PTSD, grief and mourning, intimate partner violence, and other crises, often treated separately as unrelated approaches. 

CE CREDITS **1.5** | EXAM ITEMS **9**

NEW RELEASES

Clinician's Corner

Enhance your clinical skills and broaden your knowledge of key practice topics with these on-demand videos from APA's Clinician's Corner Webinar series, led by prominent practitioners and professional practice experts.



Clinician's Corner video on-demand programs can be viewed online at any time and are tablet/iPad ready.

ALL PROGRAMS INCLUDE CE CREDITS

APA MEMBER **\$75** | NONMEMBER **\$95**

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[ON.APA.ORG/CE-CLINICIANS-CORNER-SERIES](https://on.apa.org/ce-clinicians-corner-series)**

NEW RELEASES

ALZHEIMER'S DISEASE

Navigating New Research and Clinical Practice Developments (2025)

Presenter: Benjamin Mast

Provides a research and practice update on Alzheimer's disease, with a focus on (1) new treatments, (2) diagnostic guidelines that rely heavily upon biomarkers and enable asymptomatic detection and diagnosis, and (3) growing prevention science. 

CE CREDITS **3** | EXAM ITEMS **18**

HYPNOSIS FOR PAIN CONTROL

A Comprehensive Psychotherapy (2025)

Presenter: David R. Patterson

How hypnosis can be used to control acute pain and manage chronic pain. 

CE CREDITS **3** | EXAM ITEMS **18**

INITIAL AUTISM DIAGNOSIS IN ADULTHOOD

Differential Diagnosis (2025)

Presenters: Dug Y. Lee Lebel and Rachel L. Loftin

Highlights gaps in research about autism in women, BIPOC, and LGBTQ+ communities, and assessing differences between autism and ADHD, social anxiety, and personality features. 

CE CREDITS **3** | EXAM ITEMS **18**

AN OVERVIEW OF PSYCHOLOGICAL FIRST AID

A Mental Health Response in the Aftermath of Disasters/Mass Violence (2025)

Presenter: Robin H. Gurwitsch

Provides an overview of Body-Focused Repetitive Behaviors (BFRBs) and discusses the recent trend toward more integrative behavioral therapy for BFRBs, promoting enhanced insight, self-acceptance, and motivation. 

CE CREDITS **3** | EXAM ITEMS **18**

PROVIDING BEHAVIORAL HEALTH SERVICES IN RURAL AMERICA

Issues, Challenges, and Celebrations (2025)

Presenter: Catherine Jones-Hazledine

Discusses important aspects of providing clinical services in rural and underserved areas. 

CE CREDITS **3** | EXAM ITEMS **18**

WORK AND MENTAL HEALTH

What Every Clinical/Counseling Psychologist Needs to Know (2025)

Presenters: Stewart Cooper and Rodney L. Lowman

Provides an overview of (a) what clinicians need to know about the relationship of work and mental health, (b) how clinical skills can ethically be applied to work concerns in psychotherapy, and (c) how selected coaching skills can be applied at the intersection of clinical and work concerns. 

CE CREDITS **3** | EXAM ITEMS **18**

NEW RELEASES

Professional Development

Elevate your professional practice and personal development through this curated series of specialized trainings presented by leading authorities in their respective areas.



Professional Development Programs can be viewed online at any time and are tablet/iPad ready.

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[ON.APA.ORG/CE-PROFESSIONAL-DEVELOPMENT-SERIES](https://on.apa.org/ce-professional-development-series)**

NEW RELEASES

AVOIDANT RESTRICTIVE FOOD INTAKE DISORDER

Past and Current Trends in Assessment and Intervention (2025)

Presenter: Kimberly Brown-Lupia

Compare feeding and eating disorder diagnoses and different characteristics associated with each and describe the role of psychoeducation in ARFID treatment. 

CE CREDITS 2.0 | EXAM ITEMS 12

GETTING INVOLVED WITH CLIMATE CHANGE

Using Psychology to Make a Difference (2025)

Presenters: Susan Clayton, Laura Carter Robinson, Leslie Davenport, Scott Barstow, Gale M. Sinatra

Provide a basic grounding in climate change concepts to facilitate engagement with this challenging public health issue, and to prepare mental health professionals for working with patients on climate-related concerns.

CE CREDITS 1.5 | EXAM ITEMS 9

INTRODUCTION TO FUNCTIONAL MEDICINE FOR MENTAL HEALTH

 (2025)

Presenter: Josh H. Friedman

Functional Medicine looks for root physical causes of a patient's symptoms, such as vitamin deficiency, food sensitivity, or blood sugar imbalance. 

CE CREDITS 1.5 | EXAM ITEMS 9

JEWISH IDENTITY AND ANTISEMITISM

Jewish History, Tradition, and the Rise of Antisemitism (2025)

Presenters: Beth N. Rom-Rymer and Lenore E. A. Walker

Provides an overview of Jewish history and identity in an effort to promote understanding and mitigate antisemitism. 

CE CREDITS 2.0 | EXAM ITEMS 12

LIFESTYLE/FUNCTIONAL MEDICINE TO MODULATE THE CELL DANGER RESPONSE FOR BETTER MENTAL HEALTH

 (2025)

Presenter: Josh H. Friedman

Explores how lifestyle medicine can be used by psychologists to downregulate the cell danger response. 

CE CREDITS 1.5 | EXAM ITEMS 6

MENTAL HEALTH AND NUTRITION

Biochemistry and Beyond (2025)

Presenter: Christina Veselak

Focuses on the wide array of nutritional and lifestyle factors that can help to bring the struggling brain back into balance and health. 

CE CREDITS 2.0 | EXAM ITEMS 14

MENTAL HEALTH AND TARGETED VIOLENCE 101

Preventing School Shootings and Other Mass Casualty Events (2025)

Presenters: B. Heidi Ellis, Emma L. Cardeli and Sara Winegar Budge

Increase awareness and understanding of targeted violence in North America. Content includes definitions, trends, and case examples to enhance the capacity of professionals to understand risk and protective factors, recognize behavioral warning signs, and identify available resources. 

CE CREDITS 2.0 | EXAM ITEMS 12

NUTRITION AND MENTAL HEALTH (2025)

Presenter: Christina Veselak

Describes the relationship between nutrition and emotional well-being, the food-mood relationship, and specific nutrients required for optimal brain function. 

CE CREDITS **2.0** | EXAM ITEMS **14**

OVERCOMING JOB INSECURITY, JOB LOSS AND WORK BURNOUT IN THE AGE OF EMPLOYMENT UNCERTAINTY (2025)

Presenter: Karen Cassiday

Provides empowering effective strategies to navigate anxiety, reclaim your confidence, and rebuild your future and how to redirect fear into action, shift self-talk toward strength, stick to routines, nourish your body and mind, connect with others, and stay resilient through setbacks.

CE CREDITS **2.0** | EXAM ITEMS **12**

ZERO TO SIXTY

A Practical AI Bootcamp for Educators (2025)

Presenter: Joseph J. Slade

Empowers educators to confidently integrate AI tools like ChatGPT, Gemini, and Claude into their academic workflows. 

CE CREDITS **2.0** | EXAM ITEMS **12**

NAVIGATING THE LONG COVID LANDSCAPE FROM A PSYCHOLOGICAL LENS

Perceptions to Evidence Series

CE CREDITS **1.5** | EXAM ITEMS **10**

ASSESSMENT AND EVIDENCE-BASED INTERVENTIONS FOR LONG COVID (2025)

Presenters: Tracy Vannorsdall and Eric Watson

Identify key cognitive and mental health challenges linked to long COVID brain fog and learn about emerging research on neuropsychological and rehabilitation strategies. 

A PATIENT'S PERSPECTIVE AND MULTIDISCIPLINARY DISCUSSION PANEL (2025)

Presenters: Laura Malone, Alba Azola, Fernando Carnavali and Jacqueline Becker

Discuss patient/family perspective on managing long COVID and navigating the health care system. 

THE PSYCHOLOGY OF LONG COVID (2025)

Presenters: Jacqueline Becker, Christine Koterba and Kristen Hoskinson

Summarize the clinical, research, and policy landscape of long COVID as it pertains to psychologists, including how long COVID neuropsychiatric symptoms manifest across diverse populations. 

Full description and to purchase online, visit: apa.org/education-career/ce/long-covid-landscape-series

POPULATION-HEALTH TRAINING SERIES

Grief-Informed Care Series

CE CREDITS **3.0** | EXAM ITEMS **18**

PART I: PHENOMENOLOGY AND CONTEMPORARY PERSPECTIVES ON GRIEF (2025)

Presenters: Robert A. Neimeyer, Wendy G. Lichtenthal, Evgenia "Jane" Milman and Kailey Roberts

Define and differentiate grief-related terminology, theories, and models of grief. 

PART II: BEREAVEMENT-RELATED MENTAL HEALTH CHALLENGES AND ASSESSMENT (2025)

Presenters: Wendy Lichtenthal, Evgenia "Jane" Milman and Kailey Roberts

Provides a review of clinical presentations in the context of bereavement and strategies for assessment through two modules. 

PART III: EVIDENCE-BASED AND EVIDENCE-INFORMED GRIEF INTERVENTION APPROACHES (2025)

Presenter: Suzy Bird Gulliver

Provides an exploration of evidence-based and evidence-informed strategies for supporting grieving individuals. 

Full description and to purchase online, visit: apa.org/education-career/ce/grief-informed-care-series

UNLOCKING THE FUTURE OF MENTAL HEALTH TREATMENT

The Power of Genetic Analysis Series

CE CREDITS **1.5** | EXAM ITEMS **10**

IMPROVE TREATMENT OUTCOMES AND ADD A NEW REVENUE LINE TO YOUR PRACTICE (2025)

Presenter: Penny Kendall-Reed

Integrate genetic single nucleotide polymorphisms analysis into your diagnosis and treatment of mental health disorders. 

INTEGRATING GENETIC SCIENCE INTO PRACTICE (2025)

Presenter: Penny Kendall-Reed

Provides an introduction to understanding basic genetics and the use of single nucleotide polymorphisms to analyze patient risk factors and treatment response. 

Full description and to purchase online, visit: apa.org/education-career/ce/genetic-analysis-series

ETHICAL AND EFFECTIVE TELEPSYCHOLOGY

Applying the Updated APA Guidelines in Practice Series

CE CREDITS **1.5** | EXAM ITEMS **10**

FROM PRINCIPLES TO PRACTICE

COMPETENCE, ETHICS, LEGAL, AND ADMINISTRATIVE ESSENTIALS-PART 1 (2025)

Presenters: Sara Smucker Barnwell and Jonathan G. Perle

Introduces the 2024 APA Guidelines for the Practice of Telepsychology, focusing on their historical evolution and foundational updates. 

FROM PRACTICE TO PROGRESS

CLINICAL CARE, TRAINING, AND TECHNOLOGY-PART 2 (2025)

Presenters: William S. Frye and Shawna D. Wright

Describe updated clinical best practices from the 2024 APA Guidelines to telepsychology service delivery. 

Full description and to purchase online, visit: apa.org/education-career/ce/telepsychology-updated-guidelines-series

APA GUIDELINES FOR PSYCHOLOGICAL PRACTICE WITH OLDER ADULTS

A Practitioner's Guide Series

CE CREDITS **1.0** | EXAM ITEMS **6**

APA GUIDELINES FOR PSYCHOLOGICAL PRACTICE WITH OLDER ADULTS

2024 KEY UPDATES (2025)

Presenter: Mark Brennan-Ing

Apply the 2024 version of the Guidelines for Psychological Practice With Older Adults in their work with this population. 

APA GUIDELINES FOR PSYCHOLOGICAL PRACTICE WITH OLDER ADULTS

FOCUSING ON ASSESSMENT (2025)

Presenter: Bonnie C. Sachs

Describe three different types of assessments conducted with older adults. 

APA GUIDELINES FOR PSYCHOLOGICAL PRACTICE WITH OLDER ADULTS INTERVENTION AND CONSULTATION (2025)

Presenter: Kimberly Hiroto

Reviews interventions for older adults and consultation with interdisciplinary teams. 

Full description and purchase online, visit: apa.org/education-career/ce/series

DIGITAL MATTERS AND SPECIALIZED SERVICES FOR PRIVATE PRACTICE

CE CREDITS **1.5** | EXAM ITEMS **11**

FINDING YOUR NICHE IN PRIVATE PRACTICE

A Practical, Step-by-Step Guide (2025)

Presenter: Marie Fang

Gives step-by-step, practical tools on how to develop your niche in private practice, as well as guidance on how to conceptualize the populations you work with so it's easier to tailor your marketing materials to your ideal therapy clients. 

CYBERSECURITY

A Critical Priority for Digital Mental Health (2025)

Presenter: Becky Inkster

Describe the potentially devastating and life altering consequences of data breaches to vulnerable people, those close to them, and many other stakeholders. 

HOW TECHNOLOGY IS SHAPING ELECTRONIC HEALTH RECORDS FOR MENTAL HEALTH (2025)

Presenter: Damian Salas

Examines how emerging technologies are enhancing mental health care by improving the functionality and impact of Electronic Health Records. 

Full description and to purchase online, visit: apa.org/education-career/ce/practice-digital-matters-series

NEW RELEASES

Compact Clinical

The Compact Clinical series offers skill development opportunities through condensed 90-minute webinar sessions delivered by distinguished practitioners and scholars specializing in core areas of professional practice.



Compact Clinical video on-demand programs can be viewed online at any time and are tablet/iPad ready.

ALL PROGRAMS INCLUDE CE CREDITS

APA MEMBER **\$45** | NONMEMBER **\$60**

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[ON.APA.ORG/COMPACT-CLINICAL-SERIES](https://on.apa.org/compact-clinical-series)**

NEW RELEASES

ASSESSING AND TREATING EMOTIONALLY INEXPRESSIVE MEN (2025)

Presenter: Ronald F. Levant

Explains why some men are emotionally inexpressive, discusses scales for assessing alexithymia and treatment manuals for helping these men become more emotionally self-aware. 

CE CREDITS **1.5** | EXAM ITEMS **9**

COMPLEMENTARY OR COMPETITIVE?

The Role of Technology in Psychological Practice (2025)

Presenter: JF Leader

Three types of complementarity are considered—working alliance, incorporation and entrainment—in the context of a range of technological supports including AI, experiential technology, and telehealth. 

CE CREDITS **1.5** | EXAM ITEMS **9**

THERAPEUTIC AND CLINICAL IMPLICATIONS OF HYPNOSIS FOR THE TREATMENT OF DEPRESSION (2025)

Presenter: Sayyed Mohsen Fatemi

Acquire in-depth knowledge of hypnosis and its implications, and describe the role of hypnotherapy in treating depression. 

CE CREDITS **1.5** | EXAM ITEMS **9**

TREATMENT OF POSTTRAUMATIC STRESS DISORDER IN SERIOUS MENTAL ILLNESS (2025)

Presenter: Kim T. Mueser

Co-occurring PTSD in SMI increases symptom severity and distress, precipitates hospitalizations, worsens psychosocial functioning, and contributes to needless suffering. 

CE CREDITS **1.5** | EXAM ITEMS **9**

USING KINK TO HEAL PAST TRAUMA (2025)

Presenter: Shveta Mittal

Discuss ways BDSM/kink can facilitate personal growth and healing from trauma. 

CE CREDITS **1.5** | EXAM ITEMS **9**

NEW RELEASES

Special Events

Build expertise in critical and current psychology topics with these video on-demand programs, drawn from our select Special Events series and delivered by distinguished practitioners in the field.



These programs can be viewed online at any time and are tablet/iPad ready.

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT **[ON.APA.ORG/CE-TRAINING-INSTITUTE-SERIES](https://on.apa.org/ce-training-institute-series)**

NEW RELEASES

PROFESSIONAL DEVELOPMENT TRAINING INSTITUTE ON ARTIFICIAL INTELLIGENCE AND TECHNOLOGY II (2025)

This Institute focuses on the application of artificial intelligence and technology in psychology.

BUNDLE PACKAGE

APA MEMBER **\$150** | NONMEMBER **\$220**

PER PROGRAM

APA MEMBER **\$50** | NONMEMBER **\$65** | CE CREDIT **2.0** | EXAM ITEMS **15**

BEYOND THE SESSION

Mental Health Technology and AI for Measurement-Based Care

Keynote Speaker

Presenter: Marie Onakomaiya

Review the use of technology to track patient progress between sessions, and learn how AI can streamline this process, improve outcomes, and address operational challenges. [CC](#)

LEVERAGING AI AND TECH FOR ENHANCED MENTAL HEALTH SUPPORT

Presenter: Valamere Mikler

Address issues of bias in AI algorithms, cultural sensitivity in digital interventions, and strategies for ensuring equitable access to digital mental health resources across diverse populations. [CC](#)

THE FUTURE OF CARE

Integrating Neuropsychology With Digital Health Technologies

Presenters: Sara Weisenbach and Shifali Sing

Focus on gaps in education, research, clinical practice, and policy that would enable broader implementation of digital health tools in neuropsychological practice. [CC](#)

VIDEO GAMES IN PSYCHODYNAMIC PSYCHOTHERAPY

Opening a Window to Play in Treatment

Presenter: Mike Langlois

Apply psychodynamic theory to video game-related content as projection, ego-function, transitional phenomenon, lusus attitude, play and dream states. [CC](#)

PROFESSIONAL DEVELOPMENT TRAINING INSTITUTE ON CHILD AND ADOLESCENT DEVELOPMENT (2025)

Programs that are part of this Institute focus on child and adolescent mental health and development.

BUNDLE PACKAGE

APA MEMBER **\$220** | NONMEMBER **\$280**

PER PROGRAM

APA MEMBER **\$65** | NONMEMBER **\$80** | CE CREDIT **2.0** | EXAM ITEMS **15**

BUILDING RESILIENCE, SOCIAL COMPETENCE, AND SELF-REGULATION IN CHILDREN AND ADOLESCENTS

Keynote Speaker

Presenter: Mary Alvord

Explore specific strategies to promote the set of skills that enhance resilience, social competence and self-regulation in children and teens—across multiple settings and difficulties. [CC](#)

USING QUALITY IMPROVEMENT TO BRING EVIDENCE-BASED APPROACHES TO THE PEDIATRIC HEALTH CARE SETTING

Presenter: Jennifer Verrill Schurman

Provides a practical grounding in quality improvement methods, from development of a QI charter with SMART performance goals articulated, through handoff to a process owner for sustainability monitoring. [CC](#)

SUPPORTING CHILDREN AND ADOLESCENTS' USE OF SPECIFIC STRATEGIES TO MANAGE EMOTIONS

Presenter: Zi Jia Ng

Discuss how emotion regulation strategy use is influenced by breadth of strategy repertoire, depth of knowledge about strategies, and extent of experience using strategies. [CC](#)

ADOLESCENTS IN THE DIGITAL AGE

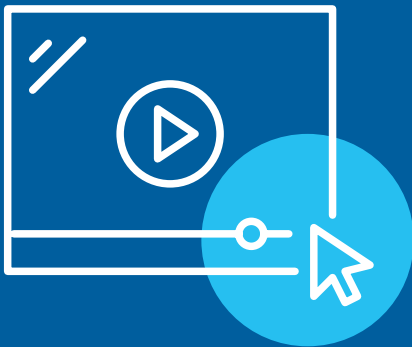
Understanding Technology's Impact on Mental Health and Development

Presenter: Anne J. Maheux

Explore the complex effects of digital media on adolescent development and adjustment. [CC](#)

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CHILDREN AND ADOLESCENTS



NEW
CE CREDITS 7
PSYCHOLOGICAL ASSESSMENT OF EMOTIONAL DYSREGULATION IN CHILDREN AND ADOLESCENTS
The Bipolar Spectrum and Beyond (2024)
Anthony D. Bram

This book explains the process by which assessment psychologists can evaluate and report the nature and severity of emotional dysregulation in their young patients.

		APA MEMBER	NONMEMBER
EXAM	112 items	\$105	\$140
BOOK	283 pages	\$44.99	\$59.99



CE CREDITS 5
MENTALIZATION-BASED TREATMENT FOR CHILDREN
A Time-Limited Approach (2023)
Karin Lindqvist, Nicole Muller, Karin Ensink, and Nick Midgley

This book is the first comprehensive clinical introduction to using mentalization-based treatment with children, 5-12 years old, who experience emotional and behavioral problems including anxiety, depression, and relational difficulties.

		APA MEMBER	NONMEMBER
EXAM	26 items	\$75	\$100
BOOK	268 pages	\$57.74	\$76.99



BEST SELLER
CE CREDITS 10
WORKING WITH PARENTS OF AGGRESSIVE CHILDREN
A Practitioner's Guide, Second Edition (2023)
Timothy A. Cavell and Lauren B. Quetsch

This second edition features new scholarship in children's emotional socialization and childhood aggression and offers parenting interventions developed through the lens of equity, diversity, and inclusion.

		APA MEMBER	NONMEMBER
EXAM	34 items	\$150	\$200
BOOK	333 pages	\$32.99	\$43.99



CE CREDITS 9
STRENGTHENING THE PARENT-CHILD RELATIONSHIP IN THERAPY
Laying the Foundation for Healthy Development (2022)
Larissa N. Niec

This book integrates the basic and applied literature with the concrete, evidence-based strategies and empirically-supported interventions mental health providers need to help build and strengthen the parent-child relationship.

		APA MEMBER	NONMEMBER
EXAM	31 items	\$135	\$180
BOOK	285 pages	\$44.99	\$59.99



CE CREDITS 9
PERFECTIONISM IN CHILDHOOD AND ADOLESCENCE
A Developmental Approach (2022)
Gordon L. Flett and Paul L. Hewitt

This book describes perfectionism's mental health costs and effects on achievement, explaining the myriad and often surprising ways children and adolescents exhibit perfectionism in their family, school, and social environments.

		APA MEMBER	NONMEMBER
EXAM	42 items	\$135	\$180
BOOK	385 pages	\$57.74	\$76.99

CHILDREN AND ADOLESCENTS; CLINICAL PSYCHOLOGY



BEST SELLER
CE CREDITS 7
PSYCHOLOGICAL APPROACHES TO THE TREATMENT OF PEDIATRIC OBESITY (2024)
Crystal S. Lim and E. Thomaseo Burton

This book offers a comprehensive review of current research and theoretical approaches to pediatric obesity.

		APA MEMBER	NONMEMBER
EXAM	42 items	\$105	\$140
BOOK	276 pages	\$44.99	\$59.99

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CLINICAL PSYCHOLOGY

NEW CE CREDITS 12
BEHAVIORAL INTERVENTIONS IN COGNITIVE BEHAVIOR THERAPY
Practical Guidance for Putting Theory Into Action, Third Edition (2025)
Richard F. Farmer and Alexander L. Chapman

This book clearly and methodically introduces the behavioral perspective to readers new to cognitive-behavioral therapy, while also applying a fresh lens for connecting theory, research, and practice for more experienced practitioners.

		APA MEMBER	NONMEMBER
EXAM	102 items	\$180	\$240
BOOK	645 pages	\$52.49	\$69.99

NEW CE CREDITS 9
HANDBOOK OF SPIRITUALLY INTEGRATED PSYCHOTHERAPIES (2023)
Edited by P. Scott Richards, G. E. Kawika Allen, and Daniel K Judd

This volume brings together top scholars who show how therapists can ethically and competently integrate spiritual perspectives and interventions into their practices and thereby more effectively treat clients from diverse religious, spiritual, racial, and cultural backgrounds.

		APA MEMBER	NONMEMBER
EXAM	66 items	\$135	\$180
BOOK	473 pages	\$53.99	\$71.99

NEW CE CREDITS 10
A PSYCHOLOGICAL APPROACH TO DIAGNOSIS
Using the ICD-11 as a Framework (2024)
Edited by Geoffrey M. Reed, Pierre L.-J. Ritchie, and Andreas Maercker
Associate Editor: Tahilia Rebello

This groundbreaking volume, published by the American Psychological Association in partnership with the International Union of Psychological Science, provides a detailed guide to clinical diagnosis by psychologists and other health professionals based on the eleventh revision of the World Health Organization's International Classification of Diseases (ICD-11).

		APA MEMBER	NONMEMBER
EXAM	118 items	\$150	\$200
BOOK	431 pages	\$37.49	\$49.99

NEW CE CREDITS 7
PSYCHOLOGICAL ASSESSMENT OF BIPOLAR SPECTRUM DISORDERS (2023)
Edited by James H. Kleiger and Irving B. Weiner

This comprehensive text describes a multimethod approach to assessing psychological and behavioral features of bipolar spectrum disorders alongside important contextual considerations.

		APA MEMBER	NONMEMBER
EXAM	112 items	\$105	\$140
BOOK	350 pages	\$52.49	\$69.99

NEW CE CREDITS 5
WRITTEN EXPOSURE THERAPY FOR PTSD
A Brief Treatment Approach for Mental Health Professionals, Second Edition (2025)
Denise M. Sloan and Brian P. Marx

This second edition provides readers with valuable tools and strategies to use in their clinical practice with trauma survivors with PTSD.

		APA MEMBER	NONMEMBER
EXAM	24 items	\$75	\$100
BOOK	156 pages	\$33.75	\$45.00

NEW CE CREDITS 7
STRUCTURAL ANALYSIS OF SOCIAL BEHAVIOR (SASB)
A Primer for Clinical Use (2025)
Kenneth L. Critchfield and Lorna Smith Benjamin

Structural Analysis of Social Behavior (SASB) helps clinicians and researchers make objective assessments of relationship patterns, and enables clients to improve their social interactions.

		APA MEMBER	NONMEMBER
EXAM	61 items	\$105	\$140
BOOK	289 pages	\$44.99	\$59.99

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SELLER**

CE CREDITS 6.5

**DELIBERATE PRACTICE IN PSYCHEDELIC-
ASSISTED THERAPY** (2024)

*Shannon Dames, Andrew Penn,
Monnica Williams, Joseph Zamaria,
Tony Rousmaniere, and Alexandre Vaz*

This book presents deliberate practice exercises that help trainees achieve competence in essential psychedelic-assisted psychotherapy skills and apply them in a range of clinical situations while honing their own personal style and language.

		APA MEMBER	NONMEMBER
EXAM	52 items 	\$97.50	\$130
BOOK	245 pages 	\$32.99	\$43.99



CE CREDITS 8

**GOING GLOBAL
How Psychologists Can Meet
a World of Need** (2022)

*Edited by Craig N. Shealy, Merry Bullock,
and Shagufa Kapadia*

This is the authoritative guide for psychologists who want to become involved in international efforts to meet pressing global needs. The book focuses specifically on nine key areas of expertise through which psychologists can make a difference.

		APA MEMBER	NONMEMBER
EXAM	30 items 	\$120	\$160
BOOK	242 pages 	\$49.49	\$65.99



CE CREDITS 6

**THE ETHICAL LIVES OF CLIENTS
Transcending Self-Interest in Psychotherapy**

(2021)
William J. Doherty

This book shows therapists how to serve as ethical consultants who help clients balance their personal needs with their sense of responsibility to others.

		APA MEMBER	NONMEMBER
EXAM	25 items 	\$90	\$120
BOOK	139 pages 	\$34.49	\$45.99

**BEST
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CE CREDITS 4

**EYE MOVEMENT DESENSITIZATION AND
REPROCESSING (EMDR) THERAPY** (2021)

Mark Russell and Francine Shapiro

In this book, Dr. Shapiro, the originator of this approach, and Dr. Russell, her longtime colleague and collaborator, describe their work and the significant controversy that attended its rise due to EMDR's challenging of traditional cognitive behavioral approaches to psychotherapy and mechanisms of change.

		APA MEMBER	NONMEMBER
EXAM	23 items 	\$60	\$80
BOOK	157 pages 	\$29.99	\$39.99



CE CREDITS 14

**CLINICAL SUPERVISION
A Competency-Based Approach,
Second Edition** (2021)

*Carol A. Falender and
Edward P. Shafranske*

The highly anticipated second edition of Clinical Supervision is groundbreaking and science-informed, the comprehensive resource for the training and supervision of mental health professionals.

		APA MEMBER	NONMEMBER
EXAM	42 items 	\$210	\$280
BOOK	497 pages 	\$57.74	\$76.99

DEATH, GRIEF, AND SUICIDOLOGY

**BEST
SELLER**

CE CREDITS 8

**GRIEF ISN'T SOMETHING TO GET OVER
Finding a Home for Memories and Emotions
After Losing a Loved One** (2022)

Mary C. Lamia

This book explains the science behind bereavement, from emotion to the persistence of memory, and shows readers how to understand and adapt to death as a part of life.

		APA MEMBER	NONMEMBER
EXAM	24 items	\$120	\$160
BOOK	214 pages	\$13.49	\$17.99

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DEVELOPMENTAL PSYCHOLOGY

NEW



CE CREDITS 7

PRINCIPLES OF SELF-TALK IN SPORT SETTINGS
Theory, Research, and Practice (2025)
Edited by Jordan Thibodeaux, Judy L. Van Raalte, and Yani Dickens

This book examines the theory and practice of self-talk in sports performance, with a special emphasis on approaches that move beyond linear, cognitively-focused understandings of self-talk.

		APA MEMBER	NONMEMBER
EXAM	33 items	\$135	\$180
BOOK	236 pages	\$37.49	\$49.99



CE CREDITS 12

MINDFUL SPORT PERFORMANCE ENHANCEMENT
Mental Training for Athletes and Coaches (2018)
Keith A. Kaufman, Carol R. Glass, and Timothy R. Pineau

This comprehensive resource on the history, theory, and practice of mindfulness in sport offers a fresh, exciting approach to performance enhancement for athletes and coaches at all levels, from amateur to professional.

		APA MEMBER	NONMEMBER
EXAM	49 items	\$180	\$240
BOOK	304 pages	\$37.49	\$49.99

ETHICS IN PSYCHOLOGY

NEW



CE CREDITS 9

PRACTICAL ETHICS FOR PSYCHOLOGISTS A POSITIVE APPROACH, FOURTH EDITION (2023)
Samuel J. Knapp and Randy Fingerhut

The fourth edition of this seminal book, guided by the APA Ethics Code and a social justice perspective, shows psychologists how to achieve higher standards of ethical practice in their everyday work.

		APA MEMBER	NONMEMBER
EXAM	92 items	\$135	\$180
BOOK	342 pages	\$56.24	\$74.99

NEW



CE CREDITS 5

THERAPISTS' SEXUAL FEELINGS AND FANTASIES
Research, Practice, Ethics, and Forensics (2025)
Kenneth S. Pope, Nayeli Y. Chavez-Dueñas, and Hector Y. Adames

This book offers a concise, practical guide to ethical and legal concerns related to therapists' sexual feelings and fantasies.

		APA MEMBER	NONMEMBER
EXAM	30 items	\$75	\$100
BOOK	203 pages	\$33.75	\$44.99

EVALUATION AND ASSESSMENT



CE CREDITS 11

PREDICTION STATISTICS FOR PSYCHOLOGICAL ASSESSMENT (2021)
R. Karl Hanson

Written in a clear and accessible manner, this user-friendly book helps readers understand how to evaluate and interpret different kinds of prediction tools, appreciate the numeric information used in risk communication, and utilize prediction tools to inform evidence-based decision-making.

		APA MEMBER	NONMEMBER
EXAM	58 items	\$165	\$220
BOOK	440 pages	\$57.74	\$76.99

FAMILIES AND COUPLES

BEST SELLER



CE CREDITS 5

ATTACHMENT-BASED FAMILY THERAPY FOR SEXUAL AND GENDER MINORITY YOUNG ADULTS AND THEIR NON-ACCEPTING PARENTS (2023)
Gary M. Diamond and Rotem Boruchovitz-Zamir

This book helps reduce parental rejection, facilitate parental acceptance, and ultimately promote safer, closer, and more mutually respectful relationships between LGBTQ+ young adults and their parents. It combines step-by-step guidance, real-life examples, and an empirically based approach to help therapists conduct transformative attachment experiences to keep these families connected.

		APA MEMBER	NONMEMBER
EXAM	24 items	\$75	\$100
BOOK	193 pages	\$41.24	\$54.99

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CE CREDITS 7

HELPING COUPLES ON THE BRINK OF DIVORCE**Discernment Counseling for Troubled Relationships** (2023)*William J. Doherty and Steven M. Harris*

This book presents a five-session protocol for distressed couples to learn about what has happened to their relationship and each person's contributions to the problems, with the goal of clarifying a direction for their marriage.

		APA MEMBER	NONMEMBER
EXAM	44 items	\$105	\$140
BOOK	229 pages	\$57.74	\$76.99



CE CREDITS 4

REPRODUCTIVE TRAUMA**Psychotherapy With Clients Experiencing Infertility and Pregnancy Loss, Second Edition** (2024)*Janet Jaffe*

This second edition gives mental health professionals the tools they need to treat patients who suffer from infertility or pregnancy loss, as well as new guidance for processing their own reproductive traumas.

		APA MEMBER	NONMEMBER
EXAM	37 items	\$60	\$80
BOOK	249 pages	\$37.49	\$49.99

GENDER AND SEXUALITY

CE CREDITS 8

DISMANTLING EVERYDAY DISCRIMINATION**Microaggressions Toward LGBTQ People, Second Edition** (2023)*Kevin Leo Yabut Nadal*

This book examines the microaggressions that LGBTQ people face on a daily basis, highlights their impact on mental health, and discusses ways mental health providers can help clients process and address microaggressions.

		APA MEMBER	NONMEMBER
EXAM	29 items	\$120	\$160
BOOK	329 pages	\$37.49	\$49.99



CE CREDITS 8

AFFIRMING LGBTQ+ STUDENTS IN HIGHER EDUCATION (2022)*Edited by David P. Rivera and Roberto L. Abreu*

This book will guide institutions of higher learning in making practical and effective changes at many levels to better support LGBTQ+ students and, ultimately, improving the campus climate for all.

		APA MEMBER	NONMEMBER
EXAM	51 items	\$120	\$160
BOOK	234 pages	\$41.24	\$54.99

HEALTH PSYCHOLOGY

CE CREDITS 8

DESIGNING INTERVENTIONS TO PROMOTE COMMUNITY HEALTH**A Multilevel, Stepwise Approach** (2022)*Leslie A. Lytle*

This book articulates a clear four-phase framework for planning, creating, implementing, and evaluating multilevel community health promotion interventions that target individual, physical, and social environments.

		APA MEMBER	NONMEMBER
EXAM	21 items	\$120	\$160
BOOK	241 pages	\$57.74	\$76.99

INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

CE CREDITS 5

COACHING PSYCHOLOGY**Catalyzing Excellence in Organizational Leadership** (2023)*Vicki V. Vandaveer and Michael H. Frisch*

This book brings evidence-based methods and models to the practice of leadership coaching for professional and personal growth. The authors apply these tools with the aim of developing and improving the skills clients need to assume and/or be more effective in leadership positions in organizations.

		APA MEMBER	NONMEMBER
EXAM	24 items	\$75	\$100
BOOK	202 pages	\$35.99	\$47.99

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LAW AND PSYCHOLOGY



CE CREDITS 7 FORENSIC ORGANIZATIONAL CONSULTING

The Role of Psychologists in Litigation Support (2022)

Jay M. Finkelman With Linda Gomberg

This book provides a vignette-filled, insider's look at the rewards and challenges of forensic consulting including nuanced discussion of the ethical challenges that consultants must navigate as part of their work.

		APA MEMBER	NONMEMBER
EXAM	18 items	\$105	\$140
BOOK	176 pages	\$35.99	\$47.99



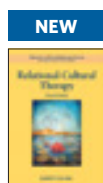
CE CREDITS 6 TESTIFYING IN COURT Guidelines and Maxims for the Expert Witness, Third Edition (2022)

Stanley L. Brodsky

The third edition of this classic resource provides mental health professionals with simple, practical advice for testifying in court.

		APA MEMBER	NONMEMBER
EXAM	40 items	\$90	\$120
BOOK	299 pages	\$33.74	\$44.99

PERSONALITY AND SOCIAL PSYCHOLOGY



CE CREDITS 5 RELATIONAL-CULTURAL THERAPY Third Edition (2024)

Judith V. Jordan

In this third edition, Judith Jordan explores the history, theory, and practice of relationship-centered, culturally oriented psychotherapy as a tool for building meaningful connections in a world of increasing isolation.

		APA MEMBER	NONMEMBER
EXAM	26 items	\$75	\$100
BOOK	209 pages	\$29.99	\$39.99



CE CREDITS 4 PATHOLOGICAL LYING Theory, Research, and Practice (2022)

Drew A. Curtis and Christian L Hart

This book analyzes the science behind pathological lying, and offers important lessons for research and clinical practice.

		APA MEMBER	NONMEMBER
EXAM	28 items	\$60	\$80
BOOK	260 pages	\$41.24	\$54.99

PROFESSIONAL RESOURCES FOR PRACTICE



CE CREDITS 9 THE IMPOSTOR PHENOMENON Psychological Research, Theory, and Interventions (2024)

Edited by Kevin Cokley

This book offers a scientific investigation into the impostor phenomenon, a concept that has long been misunderstood in popular culture.

		APA MEMBER	NONMEMBER
EXAM	71 items	\$135	\$180
BOOK	385 pages	\$52.49	\$69.99

PSYCHOTHERAPY



CE CREDITS 8 CHALLENGING THE FANTASY BOND A Search for Personal Identity and Freedom (2022)

Robert W. Firestone

In this thought-provoking book, clinical psychologist and theorist Robert Firestone explains how the fantasy bond, an illusion of connection, develops early in childhood to cope with the pain and frustration resulting from parental misattunement, neglect, or mistreatment.

		APA MEMBER	NONMEMBER
EXAM	45 items	\$120	\$160
BOOK	287 pages	\$31.49	\$41.99

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BEST SELLER
CE CREDITS 6
SHAME AND ANGER IN PSYCHOTHERAPY (2024)
Leslie S. Greenberg

This book examines shame and anger, their relationship with one another, and how mental health providers can work with each of them to produce therapeutic change.

		APA MEMBER	NONMEMBER
EXAM	37 items	\$90	\$120
BOOK	318 pages	\$37.49	\$49.99

RACE, CULTURE AND IDENTITY; ADDICTION



NEW
CE CREDITS 4
SPEAKING THE UNSPOKEN
Breaking the Silence, Myths, and Taboos That Hurt Therapists and Patients (2023)
Edited by Christina A. Downey and Edward C. Chang

This book uses strategies and in-depth case descriptions to serve as a guide for therapists and clinical professionals to effectively integrate spirituality and religion into clinical practice.

		APA MEMBER	NONMEMBER
EXAM	61 items	\$60	\$80
BOOK	190 pages	\$59.99	\$79.99

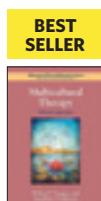
RACE, CULTURE, IDENTITY, AND DIVERSITY



CE CREDITS 10
ADDRESSING CULTURAL COMPLEXITIES IN COUNSELING AND CLINICAL PRACTICE
An Intersectional Approach, Fourth Edition (2022)
Pamela A. Hays

This fourth edition features new chapters featuring culturally adapted cognitive behavioral tools and techniques, and trauma due to racism and other systemic forms of oppression. It remains richly illustrated with case material, with many new vignettes and examples demonstrating the ADDRESSING framework in both counseling and clinical practice.

		APA MEMBER	NONMEMBER
EXAM	44 items	\$150	\$200
BOOK	371 pages	\$67.49	\$89.99



BEST SELLER
CE CREDITS 7
MULTICULTURAL THERAPY
A Practice Imperative (2022)
Melba J. T. Vasquez and Josephine D. Johnson

In this book, distinguished psychologists Melba J. T. Vasquez and Josephine D. Johnson offer a carefully constructed overview of the history, theory, and practice of multicultural therapy, with case examples and ties to current events that bring the text to life.

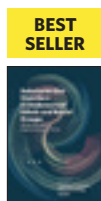
		APA MEMBER	NONMEMBER
EXAM	28 items	\$105	\$140
BOOK	227 pages	\$39.99	\$29.99



CE CREDITS 7
THE PSYCHOLOGY OF PREJUDICE
From Attitudes to Social Action, Second Edition (2021)
Lynne M. Jackson

Drawing from literature in social, developmental, evolutionary, and personality psychology, Jackson explores the environmental and biological roots of prejudice, explaining how societal factors and human predispositions shape how people understand and respond to diversity.

		APA MEMBER	NONMEMBER
EXAM	31 items	\$105	\$140
BOOK	265 pages	\$60.74	\$80.99



BEST SELLER
CE CREDITS 8
SUBSTANCE USE DISORDERS IN UNDERSERVED ETHNIC AND RACIAL GROUPS
Using Diversity to Help Individuals Thrive (2024)
Edited by Christina A. Downey and Edward C. Chang

This book uses strategies and in-depth case descriptions to serve as a guide for therapists and clinical professionals to effectively integrate spirituality and religion into clinical practice.

		APA MEMBER	NONMEMBER
EXAM	56 items	\$120	\$160
BOOK	348 pages	\$59.99	\$79.99

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RESEARCH METHODOLOGY



CE CREDITS 10
THE PSYCHOLOGY OF TECHNOLOGY
Social Science Research in the Age of Big Data (2022)
Edited by Sandra Matz

This book examines research from different subdisciplines across psychology to address the ways in which technology and Big Data provide a unique window into human cognition and behavior.

		APA MEMBER	NONMEMBER
EXAM	35 items	\$150	\$200
BOOK	320 pages	\$65.99	\$87.99

SPIRITUALITY, MINDFULNESS, AND RELIGION



CE CREDITS 14
SPIRITUAL DIVERSITY IN PSYCHOTHERAPY
Engaging the Sacred in Clinical Practice (2022)
Edited by Steven J. Sandage and Brad D. Strawn

This book uses strategies and in-depth case descriptions to serve as a guide for therapists and clinical professionals to effectively integrate spirituality and religion into clinical practice.

		APA MEMBER	NONMEMBER
EXAM	41 items	\$210	\$280
BOOK	370 pages	\$56.24	\$74.99

TELEHEALTH



CE CREDITS 8
TELECONSULTATION IN SCHOOLS
A Guide to Collaborative Practice (2024)
Aaron J. Fischer and Bradley S. Bloomfield

This practical guide to teleconsulting for school psychology professionals demonstrates how rapid advances in the field can help them expand support for educators, administrators, students, and their families by providing online access to consulting services.

		APA MEMBER	NONMEMBER
EXAM	37 items	\$120	\$160
BOOK	181 pages	\$29.24	\$38.99



CE CREDITS 5.5
A PRACTITIONER'S GUIDE TO TELEMENTAL HEALTH
How to Conduct Legal, Ethical, and Evidence-Based Telepractice, Second Edition (2023)
David D. Luxton, Eve-Lynn Nelson, and Marlene M. Maheu

Now in its second edition, A Practitioner's Guide to Telemental Health is significantly updated with coverage of current best practices, evidence-based recommendations, and attention to nuanced refinements of telemental health in the face of recent accelerated growth in the field, due in part to the COVID-19 pandemic.

		APA MEMBER	NONMEMBER
EXAM	33 items	\$82.50	\$110
BOOK	176 pages	\$32.99	\$43.99

TRAUMA



CE CREDITS 6
TALKING ABOUT SEXUAL ASSAULT
Society's Response to Survivors, Second Edition (2023)
Sarah E. Ullman

This second edition provides a comprehensive, social ecological review of women's rape and sexual assault disclosures and how support providers can better respond to them and challenge rape culture.

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EXAM	27 items	\$90	\$120
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NEW RELEASES

RECENT PROGRESS IN TREATING PANIC DISORDER

November/December *Monitor* issue

Explores the evolving understanding and treatment of panic disorder, characterized by recurrent, unexpected panic attacks, and persistent fear or behavioral changes.

ARTICLE 9 pages **EXAM** 10 items

NEW GUIDELINES FOR PSYCHOLOGY'S ROLE IN PEDIATRIC-TO-ADULT HEALTH CARE TRANSITIONS

October *Monitor* issue

Kristen Weir

Explore the challenges young adult patients face during health care transitions, outline key elements of effective transition plans—including the risks associated with inadequate planning—and highlight the role psychologists can play in supporting this process.

ARTICLE 9 pages **EXAM** 10 items

MANAGING COUNTERTRANSFERENCE WITH PATIENTS

September *Monitor* issue

Tori Deangelis

Identifies specific mental health needs of the children who are adopted and their families while discussing the role of evidence-based interventions in improving outcomes for adopted children and their adoptive parents.

ARTICLE 10 pages **EXAM** 10 items

THREE NEW APA GUIDELINES BROADEN THE VIEW ON TREATING PTSD AND TRAUMA

July/August *Monitor* issue

Stephanie Pappas

Focuses on the content of these guidelines, including which interventions for PTSD and trauma have a strong evidence base, the special considerations that psychologists should weigh when providing trauma-informed care, and ways in which psychologists may need to pivot in their approaches to treating complex trauma.

ARTICLE 9 pages **EXAM** 10 items

NEW GUIDELINE FOR NONPHARMACOLOGICAL TREATMENT OF CHRONIC MUSCULOSKELETAL PAIN

June *Monitor* issue

Stephanie Pappas

Outlines why psychological treatments are an important component of addressing chronic musculoskeletal pain and lists the treatments viewed as having a strong evidence base while simultaneously examining the reasons that the research is limited in this area.

ARTICLE 9 pages **EXAM** 10 items

TREATING PATIENTS WITH BORDERLINE PERSONALITY DISORDER

April/May *Monitor* issue

Alyson Powell Key

Focuses on the reasons for BPD misdiagnosis and how clinicians can avoid misdiagnosing patients, concluding with a discussion on treatment approaches for children and adolescents who are exhibiting symptoms.

ARTICLE 9 pages **EXAM** 10 items

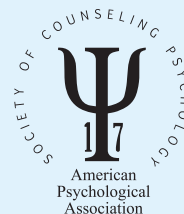
TREATING SUBSTANCE MISUSE IN OLDER ADULTS

January/February *Monitor* issue

Zara Abrams

Aims to describe the patterns, risk factors and motivations for substance use in older adults.

ARTICLE 9 pages **EXAM** 10 items



The Counseling Psychologist

The Society of Counseling Psychology (Division 17) and the APA Office of Continuing Education in Psychology continue to partner to offer this benefit for readers of *The Counseling Psychologist*, the official publication of Division 17. Each issue provides thematic coverage of critical developments concerning the theory, research, and practice of counseling psychology.

CE CREDITS **2** | APA MEMBER **\$30** | NONMEMBER **\$40**

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THE COUNSELING PSYCHOLOGIST VOLUME 53 (2025)

NO. 4: SOCIAL MEDIA AND SOCIAL CONNECTION IN SEXUAL AND GENDER MINORITY YOUNG ADULTS

Amaranta Ramirez, David B. Rivera, and Alison Cerezo

Explore the links between social media, social connectedness, and community as they relate to the mental health of LGBTQ+ and young adults through a mixed-methods approach.

ARTICLE 29 pages **EXAM** 10 items

NO. 3: GROUP MENTORING FOR INTERNATIONAL COUNSELING PSYCHOLOGY STUDENTS: A CASE EXAMPLE

Jeeseon Park-Saltzman, Jiyeon Lee, Mijin Kim, Young Hwa Kim, Ayoung Phang, and Han Na Suh

Describes an example of a mentoring group for a subgroup of international students in counseling psychology; introducing various dimensions of a culturally sensitive, relationship-based, and strength-based approach to mentoring.

ARTICLE 30 pages **EXAM** 10 items

NO. 2: WOMEN'S MICROAGGRESSIONS SCALE (WoMenS): A COMPREHENSIVE SEXISM SCALE

Elisa Miyake, Lydia HaRim Ahn, Alisia G.T.T. Tran and Annabelle L. Atkin

Describe the WoMenS scale for assessing sexism and microaggressions and its components and summarizes two studies: exploratory factor analysis study and confirmatory factor analysis.

ARTICLE 36 pages **EXAM** 10 items

NO. 1: SOCIAL MOBILITY AMONG UNITED STATES IMMIGRANTS: A PSYCHOLOGY OF WORKING PERSPECTIVE

Yeonwoo Choi, Ryan D. Duffy, Taewon Kim, Brittany Bridges, Gianella Perez, Haram J. Kim, Junsang Park, and Matthew Steranka

Examines the study focused on immigrants' experiences of social mobility and how their experiences are related to their work experiences.

ARTICLE 30 pages **EXAM** 10 items

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