AMERICAN PSYCHOLOGICAL ASSOCIATION

Psychology's Integrative Themes

Psychological science relies on empirical evidence and adapts as new data develop.

Psychology explains general principles that govern behavior while recognizing individual differences.

Psychological, biological, social, and cultural factors influence behavior and mental processes.

Psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society.

Our perceptions and biases filter our experience of the world through an imperfect personal lens.

Applying psychological principles can change our lives, organizations, and communities in positive ways.

Ethical principles guide psychology research and practice.

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