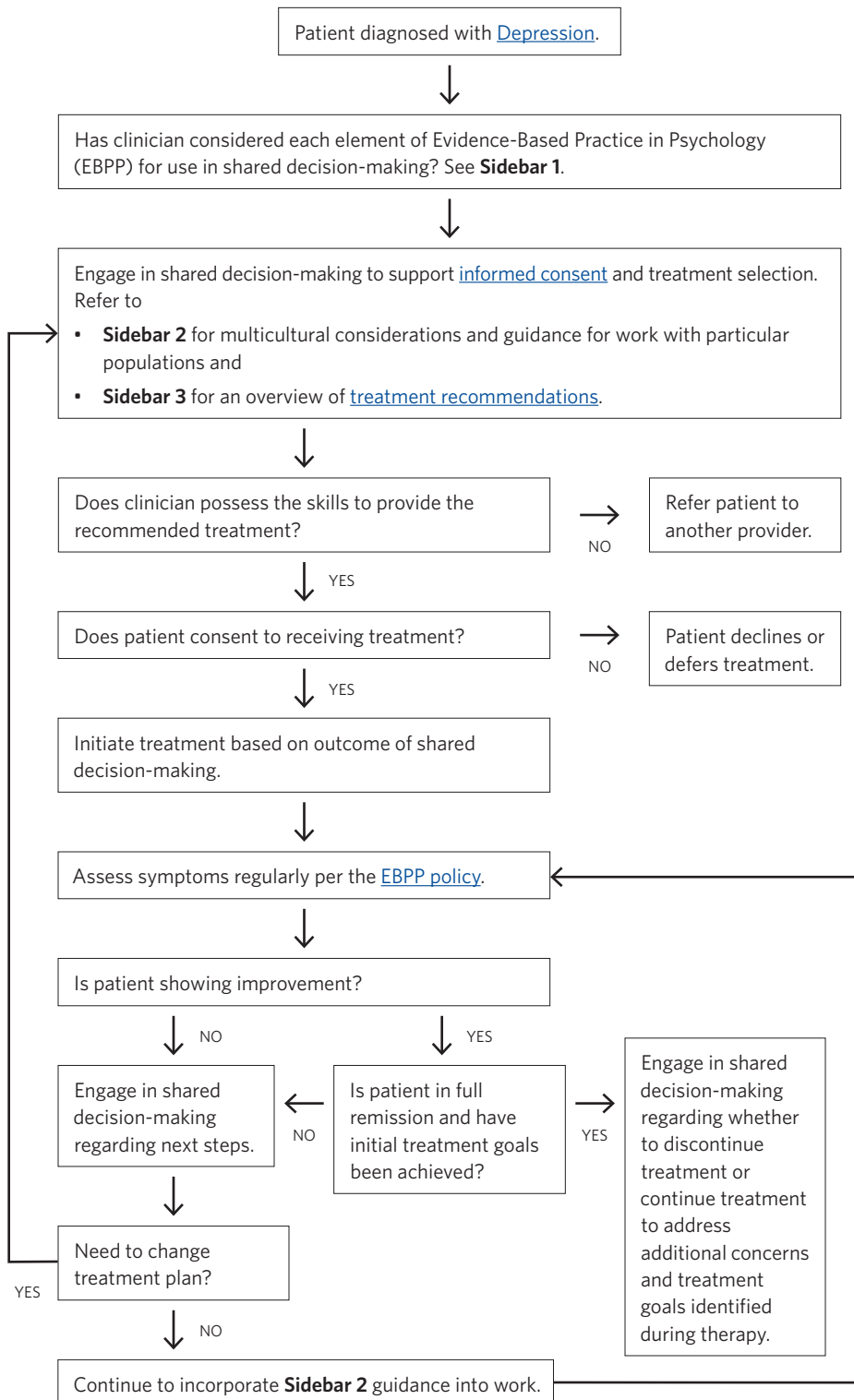


Decision-Making Within Evidence-Based Practice in Psychology

Using the APA Clinical Practice Guideline for the Treatment of Depression in Children and Adolescents



SIDEBAR 1

EVIDENCE-BASED PRACTICE IN PSYCHOLOGY (EBPP) ELEMENTS

1. Best available research
(See [Recommendations section](#) as starting point).
2. Clinical expertise.
3. Patients' characteristics, values, and context.

SIDEBAR 2

ADDITIONAL GUIDANCE FROM APA'S GUIDELINES FOR PARTICULAR POPULATIONS

- [EBPP Policy](#)
- [Multicultural guidelines](#)
- [Race and Ethnicity](#)
- [Boys and men](#)
- [Girls and women](#)
- [Sexual Minority Persons](#)
- [Transgender and gender nonconforming](#)
- [Persons with disabilities](#)
- [Persons with low-income and economic marginalization](#)
- [Additional guidance](#)

SIDEBAR 3

EMPIRICALLY SUPPORTED TREATMENT RECOMMENDATIONS

- **Insufficient evidence** to recommend one treatment over another for children with depression.
- **Recommend** cognitive-behavioral therapy or interpersonal psychotherapy for adolescents with depression.
- If considering pharmacotherapy for adolescents with MDD, **recommend** fluoxetine as a first-line medication.

To view the full set of recommendations, including conditional recommendations and recommendations against treatments, please refer to [Tables 1](#) and [2](#) of the full guideline document.